2019 TENNESSEE SENIOR OLYMPICS



Presented by:



June 21-27, 2019 June 17-18, 2019 GOLF August 16-18, 2019 PICKLEBALL **DOUBLES AND MIXED DOUBLES** 

**MUST BE POSTMARKED BY: EARLY BIRD DEADLINE FINAL ENTRY DEADLINE** 

**April 12, 2019** May 3, 2019

The 39th Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

#### WHO IS ELIGIBLE?

- Athletes who have participated in a 2018 or winter 2019 Tennessee Senior Olympics district event. Please note: Tennessee is a CLOSED state. The Tennessee Senior Olympics is open to Tennessee residents only. However, Tennessee border state competitors (no more than 30 miles from Tennessee) may compete in the Tennessee Senior Olympics. You must meet all other requirements.
- Athletes may only enter those exact sports or events that were played at the district. Exception: Doubles sports may enter all three (singles, doubles, and mixed) if one of these events was played at district.
- **OPEN SPORTS exceptions:** The following sports do not require district participation in order to register for the state finals. Basketball 3 on 3, cornhole, disc golf, archery, Cycling (5K/20K), Power Walk, Racquetball, Road Races (5K/10K), Pole Vault Triple Jump and Trap Shooting.

Any sport not offered at your district. Golf: 2018 District Golfers will be given first chance to register and then golf will be opened on April 15 to all golfers.

#### **HOW DO I REGISTER?**

- ONLINE-To register online, go to www.tnseniorolympicsonline.com
- MAIL-Fill out the enclosed application. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Make check payable to 'TN Senior Olympics' and mail to: TN Senior Olympics PO Box 681 Mt. Juliet TN 37121

## **WILL I RECEIVE A REGISTRATION CONFIRMATION?**

Yes You will be EMAILED a confirmation letter and detailed newsletter which will include additional information about the event. There will be a \$5 discount for providing an

e-mail address. If you do not provide an e-mail address, your confirmation letter will be mailed. The mailed confirmations will be sent once all entries are received, entered and doubles/roster problems are worked out. Expect this packet of information by mid-May. We will start depositing checks as soon as possible.

ADDITIONAL information can be found at www.tnseniorolympics.com.

### WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

#### **HOW CAN I FIND A PARTNER OR TEAM?**

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

#### **HOTEL INFORMATION**

**National Travel Systems** is the official travel partner for the 2018 Tennessee Senior Olympics and the 2019 National Senior Games. Please check our website at www. tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information". Follow the link provided to book your accommodations at guaranteed lower rates! If you have any questions you may contact NTS at events@nationaltravelsystems.com. Book Here: http://tnseniorolympics.com/hotel-information or call 1-888-794-9267.

#### NATIONAL INFORMATION

The National Senior Games-the Senior Olympics is scheduled for June 14-25, 2019 in Albuquerque, New Mexico. Qualification for this event occurred at the 2018 Tennessee Senior Olympics State Finals. The next qualifying opportunity for Nationals will be at the 2020 state finals. Please visit www.nsga.com for further information.

Presenting Sponsor:







Also Sponsored By:

Battle Ground Academy.



















### **IMPORTANT NOTICE – EMAIL ADDRESS**

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information to you. \$5 discount provided for email address. We will be communicating via email ONLY. Please be sure and check your Spam and /or Junk folder if you do not receive an email from us after submitting your registration online.

Confirmations will be **E-MAILED**. Please write clearly.

You must pre-register to participate. Check the Schedule of Events for general starting times. Please make sure that your partner's name and age are correct. Doubles partners must be recorded or team will be scratched. Your registration fee includes the first ten (10) events that have been entered. An event includes any activity (i.e.the 100M, 200M and 400M Runs are considered three events). For every event over ten (10), there is a \$3 fee. Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc. FEES ARE NON-REFUNDABLE.

ENTRY FORM	
_	T-Shirt Size (fill in appropriate box)
General Information (please print) Last Name First Na	
Street Address (Include Apartment Number)	L XL
	XXL XXXL
City	State Zip Code
County	Date of Birth
Primary Phone Number	month day year Age Male Female
Secondary Phone Number	as of
	12/31/2019
	Media Release
Emergency Contact's Name	Tennessee Senior Olympics has my permission to
	release my contact information, including name, address, phone number and email address to the media.
Emergency Contact's Phone Number	Liability Waiver
	I, the undersigned, understand and expressly assume the dangers
<u>Did</u> you part <u>icipate</u> in your home district?	of the Tennessee Senior Olympics competition(s) I have entered.
Yes or No	I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Williamson
	County Parks & Recreation Department, Chattanooga Sports
If no, in which district did you compete?	Committee, Chattanooga Convention Center, Chattanooga
DistrictEvent	Recreation Division, Williamson County Convention and Visitors
District Event	Bureau, Williamson County Government, City of Franklin, City of Brentwood, Battle Ground Academy, Franklin City Parks,
If you did not compete in a district, then why?	Williamson County Medical Center, Maryland Farms YMCA,
Waiver	Heatherhurst Golf Course and any other sponsoring agencies or
First Time Participant	their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my
Sport not offered at district	participation in the Tennessee Senior Olympics and planned special
Sport is open at state	events. To the best of my knowledge, I have no physical restrictions
Other	which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical
	personnel attend to me during my participation in the Senior
Volunteer	Olympics if it is deemed necessary.
Are you interested in volunteering for an event?	I, the undersigned, grant Senior Olympics and its sponsors the right
Yes	to use any still or motion pictures taken of me during the 2019 Tennessee Senior Olympics without remuneration.
Yes (list events here)	
No L	Signature Date

#### **TEAM CAPTAINS – IMPORTANT NOTICE**

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at www.tnseniorolympics.com.

# **EVENT SELECTION**

L	VEIVI SELEU	HUIN		Swimming (Maximum of 6 events) nited States Masters Swim Number
	Archery (only one archery event may be	entered)		member)
	□Compound finger □ Barebow com	pound		Please place Average Time by each event
	□Compound release □ Barebow recu	rve		Backstroke 50Y Time
П	Recurve  Radminton (Singles)  District place			□ 100Y Time □ 200Y Time
H	Badminton (Doubles) District place			
_	Partner's Name			Breaststroke
	Badminton (Singles) Badminton (Doubles) Partner's Name Date of Birth  District place District place	Age		Breaststroke
	Badminton (Mixed Doubles) District pla	ce		□ 200Y Time
	Badminton (Mixed Doubles) District plane Partner's Name Date of Birth	Age		Rutterfly
	Basketball Free Throw			Butterfly ☐ 50Y Time ☐ 100Y Time ☐ 200Y T
	Basketball 3-Point			□ 200Y Time —
	Basketball Hot Shot			
	3-on-3 Basketball District place			Freestyle
	Team Name Team Captain Name			□ 100 Y 11me
	Dowling (Singles)			□ 200Y Time
	Bowling (Doubles)			
	Partner's Name	A		Indiv. Medley 100Y Time
	Bowling (Singles) Bowling (Doubles) Partner's Name Date of Birth  Bowling (Mixed Doubles)	Age		□ 200 Y 11me
ш	Bowling (Mixed Doubles) Partner's Name Date of Birth		П	Table Tennis (Singles) District place
	Date of Birth	Age	ŏ	Table Tennis (Doubles) District place
	Cornhole Singles			Table Tennis (Singles) Table Tennis (Doubles) Partner's Name Date of Birth District place Age
	Cornhole Doubles			Date of Birth Age
	Partner's Name Date of Birth	Aga	ш	Table Tennis (Mixed Dbls) District place Partner's Name Date of Birth Age
П	Cycling	Age		Date of Birth Age
H	Disc Golf Avg. Time for cycling			Tennis (only two tennis events may be entered)
	Golf (36 holes)			Skill level (3.0, 3.5 etc)
	Average Golf Score			□Tennis (Singles) □Tennis (Doubles) Partner's Name Date of Birth □ District place □ District place □ Age
	Horseshoes District place			Partner's Name
ш	Pickleball Skill level (3.0, 3.5 etc)			Date of BirthAge
	Pickleball (Singles) District place			Tennis (Mixed Doubles) District place Partner's Name Date of Birth Age
	Pickleball (Doubles) District place Partner's Name			Partner's Name  Date of Birth
			П	Track (please list Average Time)
	Pickleball (Mixed Dhls) District place	Age		□50M Run Time
_	Partner's Name  Date of Birth			□100M Run Time
	Date of Birth	Age		LIZUUM Run Time
	Racquetball (Singles)			□400M Run Time □800M Run Time
ш	Racquetball (Doubles)			□800M Run Time □1500M Run Time
	Partner's Name Date of Birth	Age		□1500M Racewalk Time
11	Racquethall (Mixed Doubles)			□Powerwalk Time
	Partner's Name			□5K Racewalk □5K Run □10K Run
	Date of Birth	Age	ш	Field Events  □Long Jump □Javelin □Discus □Shot Put
	Shuffleboard (Singles) District place Shuffleboard (Doubles) District place			□ Triple Jump □ High Jump □ Pole Vault
_	Partner's Name			Trap Shooting
	Partner's Name	Age		Volleyball District Place Team Name
	Softball Throw			Team Captain Name



#### Online Registration & Payment Available - visit www.tnseniorolympicsonline.com

or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

fee also allows athletes to register for June 21-27 state finals sports if eligible. Registration fee will be waived below for other sports but not other fees such as the party, team fees etc). Do NOT pay the registration fee of \$60 seen right below.  \$150.00 \$
medals, equipment, etc.; FEE IS NON-REFUNDABLE.  EARLY BIRD FEE (postmarked by April 12, 2019) \$60.00 \$  FINAL DEADLINE FEE (postmarked between April 13-May 3) \$70.00 \$  E-MAIL ADDRESS DISCOUNT — I provided an e-mail address on the previous page -\$5.00 \$  TEAM ATHLETE FEE — All team athletes (basketball, volleyball) are \$5.00 \$
FINAL DEADLINE FEE (postmarked between April 13-May 3) \$70.00 \$  E-MAIL ADDRESS DISCOUNT — I provided an e-mail address on the previous page -\$5.00 \$  TEAM ATHLETE FEE — All team athletes (basketball, volleyball) are \$5.00 \$
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TEAM ATHLETE FEE – All team athletes (basketball, volleyball) are \$5.00 \$
required to pay a fee to help with referee/umpire expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport.
TRACK/FIELD, CYCLING, 5K/10K ROAD RACES FEE — Athletes are required to pay a fee to help with officials/timing costs. This is a one-time \$5 fee even if the athlete does more than one of these listed sports.
EXTRA EVENT FEE – First ten (10) events are included in Entry Fee. A \$3 fee X \$3.00 \$
is added for each event that is entered over the initial 10.
STATE FINALS PARTY – Monday, June 24, 2019 (Athlete) \$10.00 \$
Includes meal, a limited number of Guest Tickets will be available (Guest Ticket) \$15.00 \$
at the door.
FACILITY & TOURNAMENT FEES
Bowling (singles, includes shoes and ball) \$7.00 \$
Bowling (doubles, includes shoes and ball) \$7.00 \$
Bowling (mixed doubles, includes shoes and ball) \$7.00 \$
Trap Shooting \$25.00 \$
FIT FOR LIFE PROGRAM – Donation to help with State costs
□ Level 1 – Recognition in program and on website \$25.00 \$
□ Level 2 – Level 1 plus extra T-shirt and drawing for entry fee \$50.00 \$
□ Level 3 – Level 2 plus TSO Memorabilia Item and recognition on website \$100.00+
☐ Donation Only – I do not want to receive the above items.
FINAL CHECKLIST TOTAL AMOUNT ENCLOSED \$
☐ I completed the information on the Tennessee
Senior Dlympics Official Entry Form and Event
Registration Form.  □ Signed the Liability Waiver.  Contact us at

☐ I completed the Fee and Ticket Order Form and included a check or money order for the total

☐ I am including the above pages (3) to be mailed

back.

amount payable to: Tennessee Senior Olympics.

TENNESSEE Senior Olympics Contact us at info@tnseniorolympics.com or (615) 200-8760

Mail <u>all</u> forms to this address
Tennessee Senior Olympics, Inc.
PO Box 681
Mt. Juliet TN 37121

# STATE FINALS EVENT SCHEDULE

Subject to Change

#### June 17 & 18, 2019

Golf 8:00 a.m. Heatherhurst Golf Club

/Fairfield Glade

#### **Friday, June 21, 2019**

Athlete Check-in 1:30-6:00 p.m. Battle Ground Academy

**Field Event Rotation** 3-8:00 p.m. Battle Ground Academy (High jump, Long jump, Triple jump, Pole vault)

#### Saturday, June 22, 2019

**Cycling 5K Time Trial** 6:30 a.m. Christ Church Arrington

Cornhole Doubles 9:00 a.m. Academy Park

Athlete Check-in 7:15 a.m. Battle Ground Academy

5:00 p.m.

Track and Field 8:00 a.m. Battle Ground Academy

(1500M Run, followed by 400M Run)

**Field Event Rotation** 11am–6pm Battle Ground Academy (Shot put, Discus, Javelin) Women report at 11am/ Men at 1pm

**Softball Throw** 12-3:00 p.m. Battle Ground Academy **Archery Practice** 3:00-6:00 pm. Williamson County Soccer

Complex

**Track and Field** 5:00 p.m. Battle Ground Academy (100M Run, Followed by 4x100M Relay\*\*
Power Walk, followed by Fitness Walk.)

#### **Sunday, June 23, 2019**

Cycling, 20K Road Race 6:30 a.m. College Grove Rec Center

Cornhole Singles 9:00 a.m. Academy Park

**Athlete Check-in** 7:15 am–5 pm Battle Ground Academy

**Track and Field** 8:00 a.m. Battle Ground Academy (50M Run followed by 800M Run, followed by 1500M Racewalk, followed by 200M Run)

iollowed by 200W Null)

**Archery** 9:00 a.m. Williamson County Soccer

Complex

**Volleyball** 9:00 a.m. Battle Ground Academy

**Bowling Practice** 11 a.m.-6 p.m. Franklin Entertainment Center

**Tennis** 12:00 p.m. Indoor Sports Complex

**Badminton (singles)** 2:00 p.m. Franklin Recreation Center

#### Monday, June 24, 2019

**Athlete Check-in** 7:15 a.m.–5 p.m. Battle Ground Academy

**Tennis** 8:00 a.m. Indoor Sports Complex

**Bowling** 9:00 a.m. Franklin Entertainment Center

(doubles 50-64)

**Badminton** 8:00 a.m. Franklin Recreation Complex

(doubles, mixed doubles)

**Shuffleboard** 8:00 a.m. Academy Park

(doubles, all ages)

Racquetball Singles 9:00 a.m. Longview

Volleyball 9:00 a.m. Battle Ground Academy

**Disc Golf** 9:00 a.m. Crockett Park

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

**Bowling** 12:00 p.m. Franklin Entertainment Center

(singles 50-64)

**Bowling** 3:00 p.m. Franklin Entertainment Center

(mixed 50-64)

**Party** 6:30 p.m. The Factory

#### **Tuesday, June 25, 2019**

**Athlete Check-in** 7:15 a.m.-4p.m. Battle Ground Academy

**5K Run/Racewalk** 6:30 a.m. River Park

**Tennis** 8:00 a.m. Indoor Sports Complex

**Basketball 3-on-3** 8:00 a.m. Battle Ground Academy

(women)

**Shuffleboard** 8:00 a.m. Academy Park

(singles, women)

Horseshoes 8:00 a.m. Franklin Recreation Center

(singles, men)

**Swimming** 8:30 a.m. Indoor Sports Complex

(warm-ups)

**Basketball Free** 9-10:30 a.m. Battle Ground Academy

Throw (women)

<sup>\*</sup>Times listed are general start times. Please check website for more specific information per sport.

# STATE FINALS EVENT SCHEDULE

#### continued

Tuesday,	<b>June 25</b> ,	, 2019 (	(Continued)
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**Swimming** 9:00 a.m. Indoor Sports Complex

(200Y freestyle)

**Bowling** 9:00 a.m. Franklin Entertainment Center

(singles, 65-74)

**Racquetball** 9:00 a.m. Longview Rec Center

(singles if needed, doubles)

**Table Tennis** 9:00 a.m. Academy Park

(singles, doubles, mixed doubles)

**Swimming** 9:30 a.m. Indoor Sports Complex

(100Y butterfly)

**Swimming** 10:00 a.m. Indoor Sports Complex

(50Y breaststroke)

Basketball Free 10:30 a.m. Battle Ground Academy

Throw (women's finals)

**Swimming** 10:30 a.m. Indoor Sports Complex

(200Y individual medley)

**Bowling** 12:00 p.m. Franklin Entertainment Center

(singles 75+)

**Swimming** 12:00 p.m. Indoor Sports Complex

(100Y backstroke)

**Swimming** 12:30 p.m. Indoor Sports Complex

(50Y freestyle)

**Swimming** 1:00 p.m. Indoor Sports Complex

(200Y breaststroke)

**Swimming** 1:30 p.m. Indoor Sports Complex

(200Y butterfly followed by 100Y free relay)

**Bowling** 3:00 p.m. Franklin Entertainment Center

(doubles 65-74)

Basketball 5 p.m. (women) Battle Ground Academy

(3 point & Hot 6 p.m. (men)

**Shot Contests)** 

Wednesday, June 26, 2019

Athlete Check-in 7:15 am-4 pm Battle Ground Academy

**Tennis** 8:00 a.m. Indoor Sports Complex

Basketball 3-on-3 8:00 a.m. Battle Ground Academy

(women's finals and men 70-80+)

**Shuffleboard** 8:00 a.m. Academy Park

(singles, men)

Horseshoes 8:00 a.m. Franklin Recreation Center

(singles, women)

**Swimming** 8:30 a.m. Indoor Sports Complex

(warm up)

**Basketball** 9-10:30 a.m. Battle Ground Academy

Free Throw (men)

**Swimming** 9:00 a.m. Indoor Sports Complex

(200Y backstroke)

**Bowling** 9:00 a.m. Franklin Entertainment Center

(doubles 75+)

**Swimming** 9:30 a.m. Indoor Sports Complex

(100Y freestyle)

**Swimming** 10:00 a.m. Indoor Sports Complex

(50Y butterfly)

**Basketball Free** 10:30 a.m. Battle Ground Academy

Throw (men's finals)

**Swimming** 10:30 a.m. Indoor Sports Complex

(100Y breaststroke)

**Swimming** 12:00 p.m. Indoor Sports Complex

(50Y backstroke)

**Bowling** 12:00 p.m. Franklin Entertainment Center

(mixed doubles 65-74)

**Swimming** 12:30 p.m. Indoor Sports Complex

(100Y individual medley)

Basketball 1:00 p.m. Battle Ground Academy

3-on-3 (men)

**Swimming** 1:00 p.m. Indoor Sports Complex

(500Y freestyle)

**Swimming** 1:30 p.m. Indoor Sports Complex

(400Y individual medley followed by 100Y IM relay)

Pickleball 2:00 p.m. Franklin Rec

(singles)

**Bowling** 3:00 p.m. Franklin Entertainment Center

(mixed doubles 75+)

Thursday, June 27, 2019

Athlete Check-in 7:15-11a.m. Battle Ground Academy

**10K Run** 6:30 a.m. River Park

**Tennis** 8:00 a.m. Indoor Sports Complex

Pickleball 8:00 a.m. Franklin Rec

(singles)

**Basketball** 8:00 a.m. Battle Ground Academy

3-on-3 (men)

August 16-18, 2019

Pickleball Chattanooga Convention

(Doubles and Mixed Doubles) Center

Contor

<sup>\*</sup>Times listed are general start times. Please check website for more specific information per sport.

<sup>\*\*</sup>Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.



PLEASE DO NOT MISS IMPORTANT UPDATES!

JOIN OUR E-MAIL LIST AT WWW.TNSENIOROLYMPICS.COM



MAIL ALL FORMS TO THIS ADDRESS

