DO <u>NOT</u> STAPLE

2019 EMPIRE STATE SENIOR GAMES ENTRY FORM Personal Information

Page 1 of 4

Registration Deadline: Paper Entry forms (all 4 pages) MUST be postmarked BY May 11, 2019. NO EXCEPTIONS. USE ONE FORM PER PERSON. TEAM Entries MUST include a ROSTER or will not be accepted. Complete the entire entry form - all 4 pages - and be sure to print your name on all pages. You will receive a confirmation by email after your form has been entered. If you require a confirmation by regular mail, they will be sent as soon as time allows...For quickest confirmation, please provide an email address. See page 4 for mailing info.

Athlete Name						
Last Name						
First Name						
First Name						MI
Street / PO Box / Apt. #						
City or Town				State	Zip Code	
Phone No. (best # at which to reach you)				State	Zip Code	
		OOLINEW				
Area code		COUNTY or Bor	ough			
Email:				Birth Date		
Note: ESSG does not sell or otherwise distribut	e participant email addre	sses.				
Your Age as of			L	Month	Day	Year
12-31-19						
*Note: Your age as of December 31,	2019 will be the	Circle	your Gend	er: MALE	FE	MALE
age group in which you will compete.						
Phone # to reach them during the	e Games:					
T-Shirt Size (Unixex Sizes) Small	Medium Lar	geXL	XXL	XXXL	XXXXL	
All applicants MUST read the waiver and sig	Waiver & n below.	Medical Relea	ase			
I hereby attest that the information I have providency of this information be proven false, the adm I, the undersigned, hereby release and forever dimy person or property arising out of the performation, and Historic Preservation, the owner of the ters, agents, representatives, successors and/or as mature, legal or equitable occasioned by or arising tenges of the event(s) in which I have chosen to sufficiently physically fit to participate safely the allow my picture, likeness or name to appear on erage of the Empire State Games in any manner authorize any first aid, medication, medical treat to execute on my behalf any permission forms and lerstand that I am responsible for any charges in By providing my signature below I agree that I have the safe and the safe	scharge any and all right lance or failure of perfor site(s) of competition, the signees of the parties na- ing out of my participation participate, and I assume crein, and that I have not the Games website and incidental to my participate ment, or surgery deemed and other appropriate medical	is and claims for domance of the State one CRSC or the Comed above, from an in the competition all risks of person the person of	a the right to re amages, include of New York, ordand CVB I any and all clai on known as the nal injury or de- erwise by a qua- umentary, spor- re State Games of emergency on my behalf if	move me from ling any claims the New York may be compe ms, demands a e Empire State eath in connect alified medical asor advertisen and without co. I also authori.	participation. s, for loss, damage State Office of stition in, or the and liability of ev Games. I recog ion therewith. I a person. I hereby nent or exclusive compensation to re-	ges or injury to Parks, Recrea- respective offic- very kind and nize the chal- attest that I am consent to television cov- me. I hereby
Signature of Applicant)ate

DO <u>NOT</u> STAPLE

2019 SENIOR GAMES ENTRY FORM - Sport Selection Please check each box for all sports & events in which you plan to compete.

Page 2 of 4

PLEASE PRINT YOUR NAME:

	III for roots . f
NDIVIDUAL SPORTS - Pages 2 & 3 (TEAM SPORTS are on Entry Form page 3—Please ca OTE: If you are entering an event that requires a partner you MUST print the full name, city and age of in the area provided.	your partner
AR06 Re	curve
AR08 Barebow Compound AR10 Barebow Recurve	
adminton BD02 Singles	
BD04 Doubles - Partner & City	Age
BD06 Mixed Doubles - Partner & City	Age _
wling Wednesday Singles: BW02-B- 11:30am BW02-C- 2pm	
Thursday Singles: BW02-D- 9am BW02-E- 11:30am BW02-	-F- 2pm
Friday Doubles (you MUST print full name and city of your partner)	
BW04-A- 9am Partner & City	Age
BW04-B- 11:30am Partner & City	Age
BW04-C- 2pm Partner & City	Age
Saturday Mixed Doubles (you MUST print full name and city of your partner) BW06-A- 9am Partner & City	
BW06 B 11:20 5	Age
PIMOCO	Age
The DVVID-Let 20m Dodgos 9 City	
BW06-C- 2pm Partner & City	Age
cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Ro	oad Race
cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Ro	
cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Ro	pad Race
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd Golf DG02 Singles DG04 Doubles - Partner & City GO04 Short Course (Par 54) Monday at West Hill Golf Course cose only ONE GO02 Long Course Tuesday GO03 Long Course West	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd Golf DG02 Singles DG04 Doubles - Partner & City GO04 Short Course (Par 54) Monday at West Hill Golf Course Gose only ONE Gourse Day) GO02 Long Course Tuesday GO03 Long Course West Gods Shand Spade Pinochle King N Corner Bid-Whist Ace N Co	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd Golf DG02 Singles DG04 Doubles - Partner & City GO04 Short Course (Par 54) Monday at West Hill Golf Course cose only ONE GO02 Long Course Tuesday GO03 Long Course West GO05 Thank Spade Pinochle King N Corner Bid-Whist Ace N Communication	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd Golf DG02 Singles DG04 Doubles - Partner & City GO04 Short Course (Par 54) Monday at West Hill Golf Course Cose only ONE GO02 Long Course Tuesday GO03 Long Course West GO05 Thank Spade Pinochle King N Corner Bid- Whist Ace N Co	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd CGOIf DG02 Singles DG04 Doubles - Partner & City F GO04 Short Course (Par 54) Monday at West Hill Golf Course COOSE Only ONE GO02 Long Course Tuesday GO03 Long Course West COURSE Day) F Hand Spade Pinochle King N Corner Bid-Whist Ace N Course Manipulation	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd CGOIf DG02 Singles DG04 Doubles - Partner & City GG04 Short Course (Par 54) Monday at West Hill Golf Course Cose only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG02 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Course West Crosse only ONE GG03 Long Course Tuesday GG03 Long Cou	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd GOIf DG02 Singles DG04 Doubles - Partner & City GO04 Short Course (Par 54) Monday at West Hill Golf Course lose only ONE GO02 Long Course Tuesday GO03 Long Course West GO05 Tuesday GO06 Long Course West Manipulation OR02 Competition Course GO06 Tuesday GO07 Long Course West TA02 Singles I need a partner for Doubles	pad Race Age dnesday
Cling CY02 5K Time Trial CY04 10K Time Trial CY06 20K Rd C Golf DG02 Singles DG04 Doubles - Partner & City F G004 Short Course (Par 54) Monday at West Hill Golf Course Cose only ONE G002 Long Course Tuesday G003 Long Course West C GOLF DG02 Singles C GOLF DG02 Singles C GOLF DG04 Short Course (Par 54) Monday at West Hill Golf Course C G06 DG04 Short Course (Par 54) Monday at West Hill Golf Course C G06 DG04 Short Course (Par 54) Monday at West Hill Golf Course C G07 DG04 Short Course (Par 54) Monday at West Hill Golf Course C G07 DG04 Short Course (Par 54) Monday at West Hill Golf Course C G004 Short Course (Par 54) Monday at West Hill Golf Course C G005 DG04 Short Course (Par 54) Monday at West Hill Golf Course C G006 DG06 DG06 DG06 DG06 DG06 DG06 DG06	pad Race Age dnesday

PLEASE PRINT YOUR NAME:	
Race Walk RW01 5K Technical (See Track & Field for 1500m Walk)	
Racquetball RQ02 Women RQ03 Men	
Road Races RR02 5K RR04 10K	
Shuffleboard SH02 Singles SH04 Doubles - Partner & City	Age
Swimming select a <i>maximum</i> of 6 events. Please see the sport specific description for swimming's order of events - page 14	
SW02 500Y Freestyle SW12 50Y Freestyle SW22 SW04 100Y Indiv. Medley SW14 100Y Backstroke SW24 SW06 50Y Backstroke SW16 200Y Indiv. Medley SW26 SW08 200Y Breaststroke SW18 100Y Breaststroke SW28	200Y Backstroke 100Y Freestyle 50Y Breaststroke 200Y Freestyle 200Y Butterfly
Tennis TE02 Singles TE04 Doubles - Partner & City TE06 Mixed Doubles - Partner & City	
Track & Field TF02 100M Run TF04 200M Run TF06 400M Rum TF10 1500M Run TF12 1500M Walk TF14 Long Jump TF18 Shot Put TF20 High Jump TF22 Javelin TF 32 Triple Jump TF 30 4x100 Relay TF 28 50M Dash Triathlon TR02 Tentative Date: 9-14-19 Site: Dwyer Park—Please check back	TF08 800M Run TF16 Discus TF24 Pole Vault TF26 Hammer after July 1st for details
Horseshoes House House House House Men Site: Yellow Lantern Campgro	
TEAM SPORTS Remember - Captains must also complete a Team Roster—available at ww calling 800-859-2227. Each player must submit a registration form with a signed waiver!	
Basketball BB01 Men's TeamCaptain	
□	
Volleyball VO01 Men's Team Captain	
VO02 Women's TeamCaptain	

Page 4 of 4

Please fill in the dollar amounts for each section as necessary and place your Grand Total below.

Mail your completed entry form (all 4 pages - <u>DO NOT STAPLE</u>) and payment (check or money order, NO cash) to:

Empire State Senior Games, c/o CRSC 100 Grange Place, Suite 209 Cortland, NY 13045

Once our office enters your registration with receipt of payment you will receive a confirmation by email. PLEASE PRINT YOUR NAME: Section I - REGISTRATION FEE --NYS Residents \$40.00 Registration Fee: \$ Out of State Participants \$50.00 Note: All participants are required to pay the registration fee, even if only signing up for Social Events or campus housing! Section II - ADDITIONAL SPORT FEES: Please write in the amount for each sport and indicate the total on the line provided. Bowling - Singles - \$7.00 Golf Foursome: Bowling - Doubles - \$7.00 Bowling - Mixed Doubles - \$7.00 Golf - Long Course \$25.00 Triathlon - \$20.00 Additional Sport Fees Total: \$ Section III - EVENING SOCIAL EVENTS Please write in the amount for each social and indicate the total on the line provided. Fees for Social events are NON-REFUNDABLE. It is mandatory that you PRE-REGISTER for these events – there will be no walk-up registration for Social Events. Thursday social - \$16.00 Friday social - \$21.00 Saturday social - \$21.00 Socials total: \$ Section IV - MEALS Please write the amount on the lines for each day & meal you wish to purchase (tax is included) and indicate the total on the line provided. These fees are NON-REFUNDABLE. Wednesday Breakfast - \$10.00 Friday Breakfast - \$10.00 \$ Saturday Breakfast - \$10.00 \$____ Thursday Breakfast - \$10.00 Sunday Breakfast - \$10.00 Sandwich or Salad, Water, Chips, Cookie & Fruit included in boxed lunches Boxed Lunches can be picked up at the Corey Union Information Table—Circle Choice Below: Wednesday Boxed Lunch-\$10.00 \$_____ Ham/Turkey/Hummus/Salad Meals total: \$ Thursday Boxed Lunch-\$10.00 \$_____ Ham/Turkey/Hummus/Salad Friday Boxed Lunch-\$10.00 \$_____ Ham/Turkey/Hummus/Salad Grand Total enclosed (add amounts from each Section - I, II, III, IV, Section V - HOUSING at SUNY Cortland Residence Halls -Check the box for each night you want housing. Totals: Single—\$42/night; Doubles—\$36/night Section I - Registration Fee: \$ Section II - Sport Fees: All participants residing in SUNY Cortland residence halls agree Section III - Social Events: \$ to abide by local, state and federal laws as well as college policies. Section IV - Meals: Violators may be required to vacate SUNY Cortland residence halls. Section V - Housing: Make a donation: Wednesday Tuesday Saturday Thursday Friday TOTAL ENCLOSED = **DOUBLES:** # nights checked _____ @ \$36.00 = \$_____ Please enclose only ONE check or

REFUND POLICY: Please see page 1 of the entry booklet or visit the website for the Senior Games Refund Policy.

money order payable to: CRSC SENIOR GAMES

DO NOT send cash!

Roommate:

SINGLES: # nights checked _____ @ \$42.00 = \$