

# Welcome to 2019 VSG!

## Welcome to the 41st VSG!

# PLEASE READ ALL INFORMATION BELOW!

#### Age Requirements:

- The minimum age to compete is 50 years old; athletes must turn 50 by December 31, 2019 to participate in the Games.
- Age divisions for all individual competition will be determined by the athlete's age on December 31, 2019.
- Age divisions for all doubles, mixed doubles and team competition will be determined by the age of the youngest team member on December 31, 2019.
- Game officials reserve the right to combine age groups of any event due to insufficient entries.
- Events are divided into separate divisions for men and women.
- Age categories will be in 5-year increments unless otherwise specified.

#### Registration Instructions:

- Select only events you are entering. Refer to the <u>2019 Registration Information Brochure</u> for event dates and times.
- You may enter as many events as you choose; however if there is an overlap in the schedule, you must be at the event starting time or risk being disqualified.
- Due to loss of venue, there will be NO CYCLING events in 2019.
- Due to the number of Virginia Senior Games athletes, and in accordance with National Senior Games, there will be no refunds. There will be no refunds for missed events or events cancelled due to inclement weather; every effort will be made to reschedule events impacted by inclement weather.
- Registrations will not be accepted after April 15, 2019 unless instructed and confirmed with VSG staff.
- No on-site registrations allowed.
- Each athlete must pay an administrative fee.
  - Virginia residents: \$6 through 2/28/2019, \$16 after 2/28/2019.
  - Non-Virginia residents \$20 through 2/28/2019, \$30 after 2/28/2019.
- Note for Doubles/Partners: both athletes must be Virginia residents to be considered an in-state team.
- **Note for TEAMS**: teams must be registered by captains at 2019 VSG TEAM Registration. All players must register individually to be included on team rosters.
- One submission per email address is permitted.



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3. After completing all items, select "NEXT".

- 4. If you do not proceed to the next screen, there are errors on your page. Correct the errors denoted in red and select "NEXT" again.
- 5. After selecting "NEXT", you will be taken to a confirmation page. Please check your entry. If you need to make changes, select the "PREVIOUS" button; there will be no refunds. If your entry is correct, please select the SUBMIT button. If you do not hit SUBMIT, your registration will not be received.
- 6. Once you hit SUBMIT and we receive your registration, you will receive an email confirmation to the email address you provided. If you do not receive your email confirmation, please contact us BY EMAIL at <a href="mailto:vrps@vrps.com">vrps@vrps.com</a>.
- 7. Your payment will appear on your payment card statement as "VRPS WEB" or "VA REC PARK SOC"...

# **REGISTRATION DEADLINE IS APRIL 15, 2019!**

ENTRY FORM					
Name - If you do not have been der *	ave a middle name, enter "NMN  Middle Name	N".*  Last Name			
Date of Birth*					
United States Country	resident - \$20	at of state fee.*	ZIP Code		
Email Address*		Phone*			

The staff and volunteers of the Virginia Senior Games are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult their doctor regarding preparation for and participation in the Senior Games.

#### **VIRGINIA SENIOR GAMES**

### **WAIVER AND RELEASE OF LIABILITY**

## All Registrants must sign this form to participate.

In consideration of the acceptance of my application for registration in the Virginia Senior Games, I hereby waive and release for myself, my heirs, executors, and administrators any and all rights and claims for injuries, damages, and/or losses to include loss of life, (except for personal injury solely and proximately caused by the negligence of The Virginia Recreation and Park Society, any sponsor, and/or their respective officers, employees, or agents, their representatives, and their affiliates) arising out of any and all activities connected with the Virginia Senior Games. I acknowledge and understand the inherent risks involved with participating in the physical activities of the Virginia Senior Games.

By signing this waiver and release, I affirmatively declare and warrant that:

- I am physically healthy and able to participate,
- I have no medical condition that may limit or impair my safe participation in the games,
- I have received my doctor's permission, if necessary, to participate, and
- I voluntarily assume all foreseeable risks associated with physical activity incident to the Virginia Senior Games.

I understand that photographs or videos of me may be taken during the events, that my likeness and/or name may appear in news coverage, publications, and/or publicity regarding the Virginia Senior Games, that no compensation will be made by the sponsors, and I give my consent to these conditions.

Signature - Hold down left mouse button or finger, if using a touch pad device, and drag to draw your signature.\*

[clear]

# **Event Entry**

#### **Archery**

Compound Finger - \$20

Compound Release - \$20

Recurve - \$20

Barebow Recurve - \$20

Barebow Compound Finger - \$20

#### **Badminton**

Badminton Singles - \$20

Badminton Doubles - \$20

Badminton Mixed Doubles - \$20

#### Basketball

Basketball Free Throw - \$18

#### **Basketball Team Name**

# Basketball Team Name - Coed

CAPTAINS (ONLY) MUST REGISTER TEAM BASKETBALL ONLINE AT 2019 VSG TEAM Registration.

#### **Billiards**

Billiards - \$17

#### **Bowling**

Bowling Singles - \$26 Bowling Doubles - \$26 Bowling Mixed - \$26

#### **Golf Tournament**

Golf - \$65

#### **Horseshoes**

Horseshoes - \$18

#### **Pickleball**

Pickleball Singles - \$20 Pickleball Doubles - \$20 Pickleball Mixed Doubles - \$20

#### Racquetball

Racquetball Singles - \$18 Racquetball Doubles - \$18 Racquetball Mixed Doubles - \$18

#### **Road Race**

Road Race 5K - \$20

#### **Shuffleboard**

Shuffleboard Singles - \$18 Shuffleboard Open Doubles - \$18

#### Softball

Hit & Throw - \$17

#### **Swimming**

50yd Backstroke - \$13 50yd Breaststroke - \$13 50yd Butterfly - \$13 50yd Freestyle - \$13 100yd Backstroke - \$13 100yd Breaststroke - \$13 100yd Butterfly - \$13 100yd Freestyle - \$13 100yd IM - \$13

200yd Backstroke - \$13 200yd Breastroke - \$13 200yd Freestyle - \$13 200yd IM - \$13 500yd Freestyle - \$13 200yd Butterfly - \$13 400yd IM - \$13

#### **Table Tennis**

Table Tennis Singles - \$19
Table Tennis Doubles - \$19
Table Tennis Mixed Doubles - \$19

#### **Tennis**

Tennis Singles - \$20 Tennis Doubles - \$20 Tennis Mixed Doubles - \$20

#### Track & Field

50m Run - \$12

100m Run - \$12

200m Run - \$12

400m Run - \$12

800m Run - \$12

1500m Run - \$12

Race Walk 5K - \$12

Race Walk 1500m - \$12

Discus - \$12

High Jump - \$12

Javelin - \$12

Long Jump - \$12

Pole Vault - \$12

Shot Put - \$12

Triple Jump - \$12

## **Volleyball Team Name**

Volleyball Team Name - Coed

CAPTAINS (ONLY) MUST REGISTER TEAM VOLLEYBALL ONLINE AT 2019 VSG TEAM Registration.

Your contributions to the "Friends of VSG" make the Virginia Senior Games not only successful but possible.
Become a Friend of VSG with a tax deductible contribution.
\$
Enter donation amount and then press the Tab key.
Total
\$
Total includes administrative fee of \$6 (VA resident) or \$20 (non-VA resident) through 2/28/2017, \$16 (VA resident) or \$30 (non-VA resident) 3/1/2017 and later.
Virginia Senior Games
6372 Mechanicsville Tnpk., Ste. 109  Mechanicsville, VA 23111
vsg@vrps.com
Pay Now Online Credit Card Payment required to complete registration.
Credit Card Number *
Name on Credit Card *
First Name Last Name
Address for Credit Card*
City State ZIP Code

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	Note: After selecting Next, if you do not proceed to the next screen, please scroll up and correct the red highlighted fields.					