

**HOSTED BY: Binghamton University Masters Swim Club**

Meet Directors: Steven Kristek, Dave Werner, and Matt Losinger Volunteers: The Binghamton University Varsity Swimming and Diving Team BU Head Coach: Brad Smith

**Session 1 (4/13) Schedule:** Warm up is from 4:00 pm to 4:50 pm, meet starts promptly at 5:00 pm.

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| **Event #** |  | **Event Name** | |
| 1 |  | Mixed 1650 Free | |
|  | ***15 Minute Break*** | | |
| 2 |  | Mixed 400 IM | |

**Session 2 (4/14) and Session 3 (4/15):** Warm up is from 8:00 am to 8:50 am, meet starts promptly at 9:00 am

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| **Session 2 (April 14th)** | |  | **Session 3 (April 15th)** | | | | | |
| **Event #** | **Event Name** |  | **Event #** | **Event Name** | | | | |
| 3 | Women’s 100 Fr |  | 23 | Women’s 400 Medley Relay | | | | |
| 4 | Men’s 100 Fr |  | 24 | Men’s 400 Medley Relay | | | | |
| 5 | Women’s 200 Fly |  | 25 | Women’s 200 Fr | | | | |
| 6 | Men’s 200 Fly |  | 26 | Men’s 200 Fr | | | | |
| 7 | Mixed 400 Fr Relay |  | 27 | Women’s 100 IM | | | | |
| 8 | Mixed 200 Medley Relay |  | 28 | Men’s 100 IM | | | | |
| ***15 Minute Break*** | |  | 29 | Mixed 400 Medley Relay | | | | |
| 9 | Women’s 50 Br |  | ***15 Minute Break*** | | | | | |
| 10 | Men’s 50 Br |  | 30 | Mixed 200 Fr Relay | | | | |
| 11 | Women’s 200 IM |  | 31 | Women’s 50 Ba | | | | |
| 12 | Men’s 200 IM |  | 32 | Men’s 50 Ba | | | | |
| 13 | Women’s 500 Fr |  | 33 | Women’s 100 Br | | | | |
| 14 | Men’s 500 Fr |  | 34 | Men’s 100 Br | | | | |
| ***15 Minute Break*** | |  | 35 | Women’s 50 Fr | | | | |
| 15 | Women’s 100 Ba |  | 36 | Men’s 50 Fr | | | | |
| 16 | Men’s 100 Ba |  | ***15 Minute Break*** | | | | | |
| 17 | Women’s 200 Br |  | 37 | Women’s 200 Ba | | | | |
| 18 | Men’s 200 Br |  | 38 | Men’s 200 Ba | | | | |
| 19 | Women’s 50 Fly |  | 39 | Women’s 100 Fly | | | | |
| 20 | Men’s 50 Fly |  | 40 | Men’s 100 Fly | | | | |
| 21 | Women’s 200 Fr Relay |  | 41 | Women’s 400 Fr Relay | | | | |
| 22 | Men’s 200 Fr Relay |  | 42 | Men’s 400 Fr Relay | | | | |
|  |  |  | 43 | Women’s 200 Medley Relay | | | | |
|  |  |  | 44 | Men’s 200 Medley Relay | | | | |

**A Note on the 1650 Free:**

Positive check in for the 1650 Fr before 4:30 pm is required. If there are a significant number of scratches in this event then we will re-seed the heats prior to the start of the meet. Please pay attention for this announcement.

**Relay Entries:**

* Entries for events 7 & 8 are due by 9 am
* Entries for events 21 and 22 are due by 12:00
* Entries for **ALL** Sunday relays are due by **END OF DAY Saturday**















