



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MASTERS SWIM MEET REGISTRATION – SATURDAY, MARCH 23, 2019

All Participants who PRE-REGISTER by **MARCH 11** are guaranteed a Meet T-shirt.

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

USMS Number: \_\_\_\_\_ (if you have one)

**CHOOSE A DIVISION.** (SWIMMERS CANNOT COMPETE IN BOTH DIVISIONS)

**COMPETITIVE (COMP)**

\$40 – Community  
\$20 – Full Members

**RECREATIONAL (REC)**

\$40—Community  
\$20—Full Members

**CHECK THE EVENTS** YOU WOULD LIKE TO PARTICIPATE IN. (MAXIMUM OF 5 EVENTS PER SWIMMER)

### Events in order

- 1) 500 Free Open (SEED TIME: \_\_\_\_\_)
- 2) 100 IM Open (SEED TIME: \_\_\_\_\_)
- 3) 50 Fly Recreational (SEED TIME: \_\_\_\_\_)
- 4) 50 Fly Competitive (SEED TIME: \_\_\_\_\_)
- 5) 25 Free Recreational (SEED TIME: \_\_\_\_\_)
- 6) 25 Free Competitive (SEED TIME: \_\_\_\_\_)
- 7) 50 Breast Recreational (SEED TIME: \_\_\_\_\_)
- 8) 50 Breast Competitive (SEED TIME: \_\_\_\_\_)
- 9) 25 Back Recreational (SEED TIME: \_\_\_\_\_)
- 10) 25 Back Competitive (SEED TIME: \_\_\_\_\_)
- 11) 200 Free Open (SEED TIME: \_\_\_\_\_)
- 12) 100 Back Open (SEED TIME: \_\_\_\_\_)
- 13) 200 IM Open (SEED TIME: \_\_\_\_\_)

### 15 MINUTE BREAK

- 14) 100 Free Open (SEED TIME: \_\_\_\_\_)
- 15) 25 Fly Recreational (SEED TIME: \_\_\_\_\_)
- 16) 25 Fly Competitive (SEED TIME: \_\_\_\_\_)
- 17) 50 Free Recreational (SEED TIME: \_\_\_\_\_)
- 18) 50 Free Competitive (SEED TIME: \_\_\_\_\_)
- 19) 25 Breast Recreational (SEED TIME: \_\_\_\_\_)
- 20) 25 Breast Competitive (SEED TIME: \_\_\_\_\_)
- 21) 50 Back Recreational (SEED TIME: \_\_\_\_\_)
- 22) 50 Back Competitive (SEED TIME: \_\_\_\_\_)
- 23) 100 Fly Open (SEED TIME: \_\_\_\_\_)
- 24) 100 Breast Open (SEED TIME: \_\_\_\_\_)
- 25) 400 IM Open (SEED TIME: \_\_\_\_\_)

### 10 MINUTE BREAK BEFORE RELAYS (deck seeded)

- 26) 200 Medley Relay
- 27) 200 Freestyle Relay



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**NOTES:**

**Warm-ups: 1:00 p.m. Meet starts at 2:00 p.m. – Saturday, March 23, 2019**

Recreational Races will all be wall-start only, except backstroke can start from blocks  
Competitive/Open Races will allow block start, but wall-start is also permitted  
Recreational/Competitive heats will not be combined

Participation Agreement: I grant the Gateway Region YMCA, its agents and the news media the right to photograph me and/or my family including children and to use the photos for news and publicity purposes. I agree to participate in the YMCA program and to comply with all rules and regulations. I further agree that I will not hold the YMCA, its directors, officials, agents, employees and volunteers responsible in case of accident or injury. I understand that no accident insurance is provided. I also agree to abide by the YMCA of Greater St. Louis standards and guidelines.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Mail, Fax or Email Registration to:  
or register in person**

Masters Swim Meet Registration  
Four Rivers Family YMCA  
400 Grand Ave.  
Washington, MO 63090

**Phone:** 636-239-5704  
**Fax:** 636-239-5759

**Email:** anne.schneider@gwrymca.org SUBJECT: MASTERS SWIM MEET REGISTRATION

**Payment Information:**

- CASH      Amount Paid: \_\_\_\_\_
- CHECK      Check No.: \_\_\_\_\_ Amount Paid: \_\_\_\_\_
- CREDIT      Credit Card #.: \_\_\_\_\_
- Exp. Date: \_\_\_\_\_ Bank: \_\_\_\_\_