

Port Angeles Masters Meet

Sunday, March 10, 2019

Warm-up: 11:00 AM Meet Starts: 12:00 Noon Sanctioned by PNA for USMS Inc. #369-5004

LOCATION: William Shore Memorial Pool, 225 E 5th St, Port Angeles, WA 98362

FACILITY: Competition 25 yard, 6 lanes. Temp 82°F. Continuous warmup in the dive tank. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

TIMING SYSTEM: The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

MEET DIRECTORS: Michelle Govertsen (mbgov@aol.com) **MEET REFEREE:** Shellie Hunter (Shellie.hunter@yaboo.com)

CONCESSIONS: Snacks for Sale at the PASC table. **RULES:** Current USMS rules will govern the meet.

ELIGIBILITY: Open to all 2019 USMS or foreign registered swimmers 18 and above as of 03/10/2019. Age groups based on the swimmer's age as of 03/10/2019.

ENTRIES: Swimmers may enter up to 5 individual events. Entries must be postmarked by Thursday, February 28, 2019 or submitted online by 11:59 PM (Pacific) Monday, March 4, 2019. **NO Deck Entries**.

ENTRY FEES: \$16 (includes LMSC surcharges) PLUS \$3 per individual event. PNA Swimmers who need financial assistance for entry fees may request same from the <u>PNA Wiggin Fund</u>. No charge for relays.

ENTRY QUESTIONS: Cari Gavin (triplethejoy@wavecable.com)

SEEDING: All events slow to fast, age groups and sexes mixed. Preseeding except for 500 Free.

CHECK-IN: Positive check-in required for the 500 Free by end of break between Events 8 & 9. Swimmers missing the check-in deadline may be scratched from the event.

SPLIT REQUESTS: Split requests for an initial distance within a longer race must be made, in writing, before the event for backstroke and relay leadoffs OR before the conclusion of the meet for non-backstroke. See the Clerk of Course.

RELAYS: Deck-enter relays at the meet at no charge. Mixed relays require two men and two women.

AWARDS: PNA medals for purchase at the meet \$2.

ORDER OF EVENTS:

1	200 Medley Relay (M)	9	100 Free
2	200 Medley Relay (W)	10	50 Breast
3	200 Free	11	200 lm
4	50 Back	12	200 Free Relay (W)
5	100 IM	13	200 Free Relay (M)
6	100 Fly	14	100 Back
7	200 Medley Relay (Mixed)	15	50 Fly
8	50 Free	16	100 Breast
	BREAK (15 min)	17	200 Free Relay (Mixed)
	CHECK-IN Deadline	18	500 Free
	for 500 Free		

ONLINE ENTRIES: Enter online at:

https://www.clubassistant.com/club/meet_information.cfm?c=1534&s mid=11053

PAPER ENTRIES: Use the <u>PNA Generic Entry Form</u> available on the PNA Website or in The WetSet. Make checks payable to Port Angeles Swim Club. Mail to: PASC/ PO Box 1056, Port Angeles, WA 98362.

DIRECTIONS:

- From Edmonds-Kingston Ferry: WA-104 to US-101 to Port Angeles (60 mi).
- From Bainbridge Ferry: N on WA-305 & WA-3 to WA-104 (at Hood Canal Bridge) to US-101 to Port Angeles (71 miles).
- In Port Angeles, follow US-101 to E 5th St, turn left. The pool is the second building on your left.

LODGING: Red Lion Hotel, 221 N Lincoln St, Port Angeles, (800) 733-5466) http://www.redlion.com/port-angeles

Quality Inn Uptown, 101 E 2nd St, Port Angeles, (360) 457-9434, https://www.choicehotels.com/washington/port-angeles/quality-inn-hotels/wa099



