

DATE: Sunday February 17, 2019. Warm up begins at 11 AM. The Meet will begin at 12 PM.

FACILITIES: 25 Yard, eight (8) lane indoor pool with regulation starting blocks, bulkhead separating competition pool from diving well, Daktronics electronic timing system, eight lane scoreboard. Diving well will be reserved for continuous warm up and cool down. Locker room facilities available. Facility seats 800.

POOL LENGTH CERTIFICATION: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

LOCATION: WW Emmons Natatorium, 10404 Tiger Trail, Houston, TX 77043.
Map link to the pool - WW EMMONS NATATORIUM-SPRING BRANCH ISD

PARKING: Parking is available in the Natatorium parking lot and additional parking is available in the High School lot next door.

Here is an aerial view of the facility:


DIRECTIONS: Take I-10 and exit Gessner exit. Facility is near Hammerly and Gessner on the North side of I-10. Heading north on Gessner, turn left onto Tiger Trail off of Gessner before you reach Hammerly. Pool will be on your right past high school.

SANCTION: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Times achieved at the meet will be submitted to USMS.

RULES: Current USMS Short Course Rules will govern the conduct of the meet.
ELIGIBILITY: Open to all currently registered USMS swimmers. Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry.

AGE: Athlete age at the meet is determined by their age on the day of the meet.
ENTRIES: A maximum of 6 individual events may be entered. Enter with short course yard times or convert your meter times to short course yard. Swimmers may enter with NT (no time).

FEES: Meet entry fee is $\$ 40$. Online entry deadline is Saturday February 16, 2019 AT NOON. Online entries will be charged to your credit card by "ClubAssistant.com Events". There will be no paper entries or on deck entries.

SEEDING: All events except the 500 and the 1000 free will be pre-seeded, with women and men seeded together, slowest to fastest. The 500 and 1000 will require positive check in (see deadlines below) and will be deck seeded swimming slowest to fastest.

## IMPORTANT - ALL 1000 FREE DISTANCE SWIMMERS MUST SUPPLY THEIR OWN COUNTERS AND TIMER.

DISTANCE CHECK IN: Check in deadline for the 500 Free will be 11:30 AM. All swimmers not checked in by 11:30 AM will be scratched from the event. Check in deadline for the 1000 Free will be 3 PM. All swimmers not checked in by 3 PM will be scratched from the event.

RESULTS: Results will be posted during the meet on MeetMobile as well as Real Time Results. Hard copies will also be posted at the meet. Final results will be posted on the Gulf Masters Web Site at www.gulfmastersswimming.org_and on www.usms.org

AWARDS: Personal satisfaction for a job well done.

MEET REFEREE: Herb Schwab herb.schwab@gmail.com

HOSPITALITY: Will be provided for timers and officials.
SOCIAL: A Masters meet would not be complete without a get together afterwards! Please check the Gulf Masters website and at the meet for more information about our post meet social which will undoubtedly include food and libations. Please make plans to join us.

QUESTIONS: Meet Director Nicole Christensen at ncr@creativewaters.net 281-352-8434


Order of Events
Sunday February 17, 2019
Warm Ups 11 AM, Meet Starts 12 PM


Swimmers may enter up to 6 events. All times will be assumed to be Short Course Yard times. Please convert Meter times to Yards. Swimmers may enter with no time (NT) or put in a good estimate.

| 1 | Mixed | 500 Free * |
| :---: | :---: | :---: |
| 15 minute break - open pool for $2^{\text {nd }}$ warm up |  |  |
| 2 | Mixed | 100 Fly |
| 3 | Mixed | 50 Breast |
| 4 | Mixed | 200 IM |
| 5 | Mixed | 100 Free |
| 6 | Mixed | 200 Breast |
| 7 | Mixed | 50 Back |
| 8 | Mixed | 100 IM |
| 9 | Mixed | 200 Free |
| 10 | Mixed | 50 Fly |
| 11 | Mixed | 200 Back |
| 12 | Mixed | 100 Breast |
| 13 | Mixed | 50 Free |
| 14 | Mixed | 400 IM |
| 15 | Mixed | 100 Back |
| 16 | Mixed | 200 Fly |
| 17 | Women, Men or Mixed | 200 Free Relay |
| 18 | Women, Men or Mixed | 200 Medley Relay |
| 5 minute break IF NEEDED |  |  |
| 19 | Women, Men or Mixed | 400 Free Relay |
| 20 | Women, Men or Mixed | 400 Medley Relay |
| 21 | Mixed | 1000 Free* |
| 0 | ee Swimmers MUST supp |  |

** Legal mixed relays are a combination of two men and two women who are all on the same team. Unattached is not a team. If you want your time to be included in results, please make sure to have two men/two women. Other relays will be "fun" relays and the times will not count.

Depending on number of relays, medley and freestyle relays of the same distance may be combined into one event. If numbers warrant it, they will be separated out in to two events.

