**Sanctioned by**Kentucky LMSC for United States Masters Swimming, Inc. (“USMS”)
2019 Barbara Stevens Memorial Masters swim meet,
Bowling Green KY, January 13, 2019

Sanctioned by Kentucky LMSC for United States Masters Swimming, Inc. (“USMS”), Sanction number: 419-S001.
Location: Bowling Green High School Pool, 1801 Rockingham Ave, Bowling Green KY 42104. It is near the intersection of Westin Ave. and Rockingham Ave. on the High School’s grounds in the big glass dome. There is plenty of free parking near the pool.

**Pool:** Six lanes, 25 yards, non-turbulent dividers. Lanes 1 through 5 will be used for competition. The primary timing will be Colorado system automatic timing, semiautomatic secondary timing, with manual tertiary timing.  Times may be submitted for USMS records and USMS Top Ten consideration. No smoking is permitted in the pool area.

**Schedule & Seeding:** Event 1, the 500 freestyle, will begin Sunday, January 13, at 9:00 a.m. C.S.T.  Warm-up begins at 8:30 a.m.    Event 2 will begin no earlier than 9:45 a.m.  The meet will probably conclude by 3:00 p.m.  Each event will be seeded, men and women together, in timed finals with the slowest heats first.  Swimmers’ entries with no seed time indicated, or stating “No Time” (or “NT”), will be seeded in slower heats.  The 500 freestyle will be pre-seeded as soon as possible after the on-time entry deadline. All other events will be seeded after the close of deck entries at 8:30 a.m.

**Age:** The age reported on your entry form must reflect your actual age as registered with USMS.  A swimmer’s age on January 13, 2019, determines his/her age for the meet.  NOTE:  Swimmers 18-24 years old competing in U.S.M.S. meets may jeopardize their N.C.A.A. eligibility.

**500 Freestyle:**  Since the 500 freestyle will be seeded in advance, late and deck entries will be accepted only to the extent of open lanes

**Relays:** Relay teams may be Men, Women, or Mixed, but teams of all types will be seeded together in the same heats and then scored separately. Therefore no swimmer may swim on both a mixed- and a same-sex team in the same event.  All relays will be deck entered.  Official relay cards may be obtained at the meet from the Clerk of Course or downloaded in advance of the meet from the Club Assistant meet website..  For seeding, cards for the 200 Medley relay should be turned in to the computer desk by 9:15 A.M.  Cards for the 200 Free relay should be turned in before the conclusion of event #12.

**How to Enter:** Each entrant may swim in a maximum of five (5) individual events and two relays. Individual entries are by on-line registration (see below), by standard mail (next below), or by deck entry. To enter by standard mail, use the entry form attached or available from the Kentucky Masters website, www.kylmsc.org.  Timely entries will cost $25.00.  Late and deck entries are $35.00.  Checks payable to “Western Ky. Green Gators” are preferred.  Deck entries will close at 8:30 a.m., C.S.T.  No e-mail or telephone entries please.

**On-line entries:**  On-line registration is available at clubassistant.com or by following the link at the Kentucky LMSC website, http://www.kylmsc.org.  The cost by credit/debit card is $25.00.  On-line entries will close at 11:59 p.m. on Friday, January 11th.

**Mailed or Deck Entries:** On-line entries are strongly preferred. But if you choose to enter by mail or on deck, YOU MUST ACCOMPANY THE MEET ENTRY FORM WITH A COPY OF YOUR 2019 U.S.M.S. CARD, IF AVAILABLE OR ELSE PRODUCE IT FOR THE CLERK OF COURSE PRIOR TO THE MEET.  You can register and/or obtain a copy of your card instantly on-line at the USMS website, www.usms.org/reg/. If we cannot, prior to the meet, verify your membership, the Clerk of Course will require you to submit a duplicate USMS form and fee. This form and fee will be returned to you after the meet if it proves to be unneeded.  USMS registration forms will be available at the meet.  All participants must be registered with United States Masters Swimming, Inc., before deck entries close at 8:30 a.m. CST.  Each swimmer is responsible for his/her USMS card and will be required to display it upon request by officials.  The name and membership number on your meet entry form and relay cards should match the name and number listed on your USMS card.

**Warm-up & Warm-down:**  SWIMMERS MUST ENTER THE POOL FEET FIRST IN A CAUTIOUS MANNER.  Forward (i.e., diving) or backstroke starts will be permitted only from the blocks in designated one-way sprint lanes.  A swimmer may be removed from the meet by the referee if this rule (103.7) is broken.  Swimmers in non-sprint lanes will swim in a continuous circle swim, going up the right-hand side of the lane and back down the left-hand side.    Lane 6 will be reserved throughout the meet for continuous warm-up and warm-down.  In this lane there will be no standing on the bottom of the pool or leaning on the lane rope while heats are in progress.

**Awards:**  Trophies will be awarded in three divisions for the highest combined (men plus women) score.  The Small Team division trophy will be awarded to the highest-scoring club or team of six (6) or fewer competitors. The Medium division trophy will be awarded to the highest scoring team having 7 to 12 competitors. The Large Team division trophy will be awarded to the highest-scoring club or team of 13 or more competitors.  A swimmer who has entered the meet but did not attend, or was scratched from all events and relays, will not count as a competitor for his or her club or team for purposes of determining its trophy division.  The host team, WKGG, will compete as a large team regardless of its actual number of competitors.  There will also be two awards for the highest scoring men’s and women’s team components.  Event ribbons will be awarded for individual swimmers and relays in first through sixth places.  Points are awarded 7-5-4-3-2-1 for individual events and 14-10-8-6-4-2 for relays.

**Whistle Starts:** This meet will employ whistle starts, as required by USMS rules.    The referee will blow whistle signals that you will be expected to know.  They are as follows:

Signals for Backstrokers
Several short whistles — Stand ready at edge of pool
One long whistle — Enter the water, feet first
Second long whistle — Return to starting blocks and be ready for start
Signals for All others
Several short whistles — Stand ready behind the blocks
One long whistle — Step up on the starting block
After the whistle signals, the starter will take over with vocal commands.

**Lodging:**  There are numerous hotels, motels, and restaurants along Interstate I-65 at exit 22.  Nearly all the familiar chains are represented there.  For additional information or recommendations, contact the meet director.

**Social:**  Shortly after the meet, we will host, a complimentary gathering for all swimmers and their guests.  If you would like to attend, further information and driving directions will be provided at the meet.

**Inclement Weather:**  If bad weather threatens the meet may be cancelled with or without  a make-up date, so please call ahead for instructions..

**Dedication:** This meet is dedicated to the memory of our swim friend, Barbara Stevens (1955-1992).

**Order of Events:** (In yards)
1.500 Freestyle
     15 minute minimum warm-up period
2. 200 Medley Relay
3. 50 Butterfly
4. 200 Backstroke
5. 100 Breaststroke
6. 50 Freestyle
7. 100 Backstroke
8. 100 Butterfly
     10 minute break / warm-up period
9. 200 Individual Medley
10. 100 Freestyle
11. 200 Breaststroke
12. 50 Backstroke
13. 200 Butterfly
14. 50 Breaststroke
15. 200 Freestyle
16. 100 Individual Medley
17. 200 Freestyle Relay

**Contact us:** Inquiries should be addressed to the meet director, Oleh Koropey at 270 779 1377 (email surferoleh@gmail.com)  or  David White at 270-535-1881 (email davidkyle33@yahoo.com).

Sunday, January 13, 2019 - Session 1 - Event 1

Warm-ups start at 8:30 AM

Meet Session starts at 9:00 AM

| **#** | **Sex** | **Event** |
| --- | --- | --- |
| 1 | Mixed | 500 Y | Free |

Sunday, January 13, 2019 - Session 2 - Events 2-17

Meet Session starts at 9:45 AM

Meet Session is estimated to end at 1:00 PM

| **#** | **Sex** | **Event** |
| --- | --- | --- |
| 2 | Mixed | 200 Y | Medley Relay |
| 3 | Mixed | 50 Y | Fly |
| 4 | Mixed | 200 Y | Back |
| 5 | Mixed | 100 Y | Breast |
| 6 | Mixed | 50 Y | Free |
| 7 | Mixed | 100 Y | Back |
| 8 | Mixed | 100 Y | Fly |
| 9 | Mixed | 200 Y | IM |
| 10 | Mixed | 100 Y | Free |
| 11 | Mixed | 200 Y | Breast |
| 12 | Mixed | 50 Y | Back |
| 13 | Mixed | 200 Y | Fly |
| 14 | Mixed | 50 Y | Breast |
| 15 | Mixed | 200 Y | Free |
| 16 | Mixed | 100 Y | IM |
| 17 | Mixed | 200 Y | Free Relay |

**Please note: If paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events."**