

KROC MASTERS SWIMMING CLINIC -- OFFICIATING

Instructor: Teri White has over 25 years of Officiating experience. She has officiated at the highest levels in our sport including the Olympic Trials, US Open, USA Nationals, NCAA Nationals and USMS Nationals. This lady HAS game! She is coming to Coeur d'Alene from western Washington to share her knowledge and experience with you.

Who: Anyone over 18. All swimmers and swim supporters are welcome to attend. Students don't even have to be USMS registered. We are inviting you and asking you to invite your teammates, spouse, offspring, friends, even your ex-spouse to join you.

What: Clinic to train and certify officials. Take one or all three sessions.

Session #1 -- Masters Swimming Stroke & Turn Official: Learn the rules for strokes and turns; the key things officials monitor at swim events; and, how disqualifications are handled.

Session #2 -- Masters Starter: Learn the rules about starts. This is your chance to learn how to give the commands and sound the horn to send swimmers off the blocks.

Session #3 -- An opportunity to apply the skills you have learned in a short live meet.

When: Session #1: Masters Swimming Stroke & Turn Official	Sat 10/20/18 1:00 p.m. to 4:00 p.m.
Session #2: Masters Starter	Sun 10/21/18 8:00 a.m. to 9:00 a.m.
Session #3: Live meet	Sun 10/21/18 10:00 a.m. to 12 noon

Where: The Salvation Army Kroc Center, 1765 W. Golf Course Road, Coeur d'Alene, Idaho 83815

Cost: A measly \$25 for all sessions. ***If you register for the swim meet you get the officials clinic too***

Why: You HAVE to come and do this! Why you ask? 1) This is a great opportunity to become a more knowledgeable swimmer and to learn a new skill. 2) This is an opportunity to learn how to give back to your local swim community by becoming a certified swim official. 3) YOU CAN SWIM TOO!

The clinic is being hosted by Kroc Masters. If you want to save a few bucks on lodging, we have friendly host families for you. We are also going to have a social after the Saturday evening session and before the Sunday morning session. So, you can have some fun while you are processing the info. Let us know when you sign-up if you need lodging.

Sign-up: Come learn, socialize, swim and just have FUN!

Questions and sign up: Contact Mike Hamm at swimdude41@aol.com or (208)771-2876 to sign-up and get information. Let Mike know you're coming (We need to plan for numbers) and pay when you get here or sign-up for the meet and mark the box for the officials clinic!!



Ron Van Pool, Lisa Vetterlein, David Coddington (Meet Referee), Teri White and John Gagliardo

USA Swimming Olympic Team Trials, Omaha, 2016.

Kroc Masters
FALL SPRINT MEET
Sunday October 21, 2018

Date/Time:

Sunday October 21st 9am-12pm

Warm-ups 9:00-9:45

Meet Starts at 10:00am

Location: The Salvation Army Ray and Joan Kroc Center, 1765 W. Golf Course Road, Coeur d'Alene, Idaho 83815

Eligibility: All Swimmers must be currently registered with US Masters Swimming or Foreign equivalent. To register/renew with USMS visit www.usms.org..

Rules: All current USMS rules will apply. Please consult www.usms.org/rules about proper stroke and turn rules. Events will be seeded slow to fast.

Conduct of the Meet: Participants are limited to five individual events and two relay events for the meet. **Check in** will not be required for events.

Relays: Submit relay cards to the clerk of course by 10:00 am or the completion of Event 2, whichever is earlier. Individuals must be signed up with the club/workout group they represent to have their relay points count for that club/workout group. Mixed relays require 2 men and 2 women.

Awards: Awards will not be available at the meet but can be requested for 1st-3rd place and will be mailed.

Sponsor: Kroc Masters Swim Club (KM). Sanctioned by Inland Northwest Masters Swimming Committee (IWMSC) for United States Masters Swimming Inc. (USMS). Sanction number 355-S001

Directions to The Salvation Army Ray and Joan Kroc Center Competition Pool: From I-90 take the Northwest Blvd exit (exit 11). From exit ramp, turn North onto N. Ramsey Rd. and continue for .4 miles. Turn left onto W. Golf Course Rd.

Questions: Contact Glenn Mabile 208-699-6201.

Entry Fees: Online entries only for this meet. \$25 for entries must be completed by midnight (PST) on October 17, 2018. Online entries are charged to your credit card by "ClubAssistant.com/Events." Online meet registration at www.InlandNWMasters.org. The Officials clinic is included with your entry!!!

**Kroc Masters
Fall Sprint Meet
Sample Entry Form (online entry required)
Sunday, October 21st, 2018**

Name_____ Male Female (Circle one)

Birthdate_____ Age_____ Email _____

Address_____

Phone_____ USMS#_____ Inland NW Team_____

I WILL ATTEND THE OFFICIALS CLINIC ____YES____NO

Maximum of 5 Individual and 2 Relay Entries

Warm-ups begin at 9:00am

Meet starts at 10:00am

EVENTS

ENTRY TIME

1-Mixed 50 Y Free

2-Mixed 100 Y Breast

3-Mixed 100 Y Back

4-Mixed 50 Y Fly

Five Minute Break

5-Mixed 200 Y Medley Relay

6-Mixed 100 Y Free

7-Mixed 50 Y Breast

8-Mixed 200 Y IM

5 Minute Break

9-Mixed 50 Y Back

10-Mixed 100 Y Fly

11-Mixed 200 Y Free

12-Mixed 100 Y IM

5 Minute Break

13-Mixed 200 Y Free Relay