**2018 Mission Viejo Nadadores Masters Mission Mile
1 & 2 Mile Swim – Lake Mission Viejo** (Wetsuit and Non-Wetsuit Divisions)

Sanctioned by Southern Pacific Masters Swimming LMSC. for USMS, Inc. #338-W002

**Date:**Sunday, September 23, 2018
**Start Time:** 8:00 am
**Location:** Lake Mission Viejo (North Beach)
**Race Distances:** 1 & 2 Mile

**STARTS/FINISH**
The event will start on the beach approximately 20 feet from the water’s edge. The finish will be on the beach marked with flags.

**RACE DAY TIMELINE**
7:00 am Check-in opens on North Beach
7:45 am Mandatory Safety Meeting
8:00 am 1 mile first wave start, then all proceeding wave start (fast to slow)
9:00 am 2 mile wave start, then all proceeding wave start (fast to slow)

[**Course Map:**](https://www.clubassistant.com/c/8065D07/file/lake%20pic%281%29.pdf)
1 mile and 2 mile course marked with colored buoys. Swimmers will swim in a clockwise direction. The 2 mile course will be swum twice around the course. The event will start on the beach approximately 20 feet from the water’s edge and finish on the beach marked with flags through the chute.
**Eligibility:** All swimmers must be registered with USMS for 2018 or foreign equivalents. You must submit a copy of your 2018 USMS card or foreign equivalent with mail in entries, and bring a copy of your current registration to day of registration with on-line entries. Wetsuits are allowed and will be are scored separately and will not be eligible for awards.

**Rules:** USMS open water rules will govern. Current SPMS Open Water procedures will be enforced and take precedence over any errors or omissions on this entry form. ALL ENTRANTS MUST BE 18 AND OVER THE DAY OF THE EVENT AND MEMBERS OF UNITED STATES MASTERS SWIMMING.
One day USMS event registration **WILL NOT** be available.

**Conditions:**Since the safety of swimmers is of prime concern, the swimming event may be delayed or canceled due to bad weather. The Event Director and Lake Lifeguards will make this decision. **There will be no refund**.

**Lake Entrance Fee:**$10.00 per car

**Entry Fee:**
The early online entry fee is $45.00 (paper entry $50.00) if received before midnight (Pacific Time) on Friday, September 4th, 2017. $55.00 (paper entry $60.00) if received between September 5th and September 22nd, 6:00pm. Day-of-Race fee $75.00. One-Event (OEVT) USMS registration membership is not available. Fee includes refreshments, cap, and awards Incomplete entries will not be processed. ONLINE ENTRIES ARE PAID BY CREDIT CARD TO **CLUBASSISTANT.COM EVENTS**.

**Awards:** Ribbons will be awarded to the top 3 men & women in each age group and division. (Wet Suit and Non-Wet Suit) Age groups are: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90. Awards will be presented as soon as possible of the last swimmer finishing. Results will be posted at https://www.spmasterswim.org/open-water-results/ and USMS.org

**Safety – Our Primary Concern:**For safety reasons, participants should be adequately trained for competition. Previous experience is required and should be able to swim a pool mile under 30 minutes. Swimmers not completing the race course in the required time of 1 hour will be removed from the course. **Safety Plan and General Safety and Thermal Plan for Cold Water Swims**

For more information please contact Mark Moore via email at coachmark@mastersmvnswim.org or via phone at 949-233-6521. More event information and on-line registration available at <https://www.spmasterswim.org/open-water-schedule/>