

The Arizona Aquatic Sports Foundation presents the 4th Annual

2018 Jamina Winston Memorial SCM Invite

9/22 & 9/23 2018

Hosted by Mesa Aquatics Club Masters and Sanctioned by Arizona Masters Swimming, Inc. for USMS Inc. Proceeds and tax deductible donations will go to the AASF scholarship fund.

Sanction: Sanctioned by AZ LMSC for USMS Inc. Sanction number **488-S009**

Location: Kino Aquatics Center, 848 N. Horne, Mesa AZ 85203

Meet Director: Rick Androsky- r.androsky@gmail.com

Meet Referee: William Daniell - bdaniell@mac.com

Rules: 2018 USMS rules apply. No limit on individual events per day Your age on December 31, 2018 is your age for the meet. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1

Facility: 8 lane x 25 Meter outdoor pool with bulkhead. 8 SCM competition lanes with 8 SCY lanes available for continuous warm up and warm down. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.17 and 107.21, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Time: Warm up from 8:00am-9:00am . Meet starts at 9:00am. There will be a short 15 minute warm up break at the conclusion of the 1500m freestyle on Saturday and the 800 freestyle on Sunday prior to the start of the next session

Eligibility: Open to all registered Masters swimmers holding a valid 2018 USMS card. Online USMS registration is available at www.usms.org

Entries: Swimmers may enter as many individual events as they wish. ***The 1500m freestyle, 800m freestyle, 400m IM & 400m freestyle will be limited to the first 24 entries received! Note that swimmers must provide their own counters, timers will be provided for all events!*** Entries submitted by surface mail accepted if postmarked by 9/18/18. Online entries must be submitted by 11:59 PM on 9/18/18. **NO REFUNDS** of entry fees

- **Enter online** and receive immediate confirmation of entry via email. Bring the billing information email to the meet as proof of entry. Online entry requires payment by credit card using secure site. The cost to enter is \$10 per swimmer “meet fee” plus \$3 per event (relays and 25’s are free, must enter at least one “paid” event to enter 25’s on each day) **IF ENTERING ONLINE** (Your credit card will be charged by “Club Assistant.com Event Billing”). **Online Individual Entries:** [CLICK HERE](#)

- **Mailed Individual Entries:** \$15 per swimmer “meet fee” plus \$5 per event (relays and 25’s are free, must enter at least one “paid” event to enter 25’s and relays on each day), payable to Mesa Aquatics Club and mailed along with a copy of your 2018 USMS registration card and your consolidated entry form ([CLICK HERE](#)) Please mail to:

Mesa Aquatics Club
1225 W. Main St.
#101-500
Mesa, AZ.85201

Check in: Positive check-in required for event #1 (1500m Free) & event #18 (800m Free) by 8:30am on the day of the race. Positive check in for event #17 (400m IM) and event #34 (400m Free) by 10am on the day of the race. Entry closure will be announced. All other events will be pre-seeded by time slowest to fastest, mixed gender. ***The 1500m freestyle, 400m IM & 400m freestyle will be limited to the first 24 entries received, note that swimmers must provide their own counters, timers will be provided!***

Heat Sheets: For events 2-6, 13-16, 19-23, and 30-33, will be posted at the pool OR if you would like a printed copy can be purchased for \$2 at the Admin table. Events 1, 17, 18, 34, and all replays are deck seeded and will be posted at the pool.

Results: Will be available on Meet Mobile.

Awards: High Point awards will be given to top male and female swimmer in each age group

Commemorative Meet Shirt: A memorial shirt will be available to order/purchase for \$15 when entering the meet, proceeds will go toward the fundraising efforts for the AASF a 5-1c3 that provides scholarships to low income families with children who want to participate in competitive swimming.

Silent Auction: There will once again be a fantastic silent auction with proceeds going to the AASF, purchases by cash, check or credit only. If you would like to make a tax deductible contribution in support of the AASF: www.azasf.com

Relays: No charge for relays and they do not count toward a swimmers maximum number of events. Relay cards are due by 10am Saturday & Sunday morning.

Clinic with Olympian Breeja Larson: At the conclusion of Saturdays events Breeja Larson will be offering a 2 hour clinic for masters and age group swimmers (age 11 and up). Cost is \$60 if registered by 9/18 through the meet entry portal, \$70 if registering at the event on 9/22. Athletes must be currently registered with USA Swimming and/or United States Masters swimming.

Saturday, September 22nd 2018
Warm up 8-9am, meet starts at 9am

Events:

1- 1500m Free (**24 swimmers max, Positive Check in required. Event will be swum slowest to fastest**)
Note that swimmers must provide their own counters, timers will be provided!

15 minute Break

2- 50m Free
3- 100m Back
4- 100m Breast
5- 25m Free
6- 200m Free
7, 8, 9- 4 x 50m Medley Relays (*M's, W's, Mixed, slowest to fastest*)
10, 11, 12- 4 x 100m Freestyle Relays (*M's, W's, Mixed, slowest to fastest*)
13- 50m Fly
14- 100m IM
15- 25m Back
16- 200m Breast
17- 400m IM (**24 swimmers max, Positive Check in required. Event will be swum slowest to fastest**)

Sunday, September 23rd 2018
Warm up 8-9am, meet starts at 9am

18- 800m Free (**24 swimmers max, Positive Check in required. Event will be swum slowest to fastest**) **Note that swimmers must provide their own counters, timers will be provided!**

15 minute Break

19- 100m Free
20- 200m Back
21- 25m Fly
22- 50m Breast
23- 200m Fly
24, 25, 26- 4 x 50m Free Relays (*M's, W's, Mixed, slowest to fastest*)
27, 28, 29- 4 x 100m Medley Relays (*M's, W's, Mixed, slowest to fastest*)
30- 50m Back
31- 25m Breast
32- 100m Fly
33- 200m IM
34- 400m Free (**24 swimmers max, Positive Check in required. Event will be swum slowest to fastest**)