

2018 CORAL SPRINGS LAST CHANCE LCM

LONG COURSE METERS

MASTERS SWIM MEET

- **DATE & TIME:** **Sunday, September 23, 2018**
Warm Up: 8:30 am ~ Meet starts 9:30 am
This meet was originally scheduled for August 25, but due to bad weather, it has been re-scheduled. If you were already entered in the meet, you are still entered in the meet.
- **LOCATION:** Coral Springs Aquatic Complex
12441 Royal Palm Boulevard
Coral Springs, FL 33065
- **SPONSORED BY:** City of Coral Springs / GOLD Coral Springs Masters
- **SANCTIONED BY:** Florida Gold Coast Masters for USMS, Inc. # 508-S006
- **FACILITY:** 8 lane 50-meter course for competition.
Additional 25-yard lanes available for warm-up and warm-down.
Fully automatic Daktronics Timing System will be used. Times can be submitted for World records, USMS records and USMS Top Ten.
- **ELIGIBILITY:** Open to all registered USMS swimmers, ages 18 years +. Your age as of December 31, 2018. Foreign swimmers may participate and must show proof of membership in their country's swimming federation.
- **SEEDING:** Entries will be seeded by time, slowest to fastest.
- **RULES:** 2018 USMS rules govern.
- **ENTRIES AND RELAYS:** Each swimmer will be limited to **5** events plus Relays.
Relays will be deck entered.
- **AWARDS:** 1st through 3rd ribbons for each event in all age groups.
- **ENTRY FEE:** \$ 15.00 meet surcharge
\$ 3.00 per event
\$ 10.00 per Relay
Deck Entries may be accepted if space permits. The cost for deck entries will be: \$15.00 meet surcharge + \$6.00 per event. Deck entries will close at 9:15 am.
- **ENTRY DEADLINE:** **Wednesday, Sept. 19, 2018**
- **ONLINE ENTRIES:** **Online entries are preferred. Enter at:**
https://www.clubassistant.com/club/meet_information.cfm?c=2236&smid=10780.
- **INFORMATION:** Barbara Protzman, Meet Director
Phone: (954) 340-9629
Email: swimbarb@hotmail.com

** Note: Coral Springs Masters reserves the right to take breaks as needed during the meet.

**2018 CORAL SPRINGS LAST CHANCE LCM
OFFICIAL ENTRY FORM**

NAME:		COPY OF USMS CARD HERE	
ADDRESS:			
CITY:	STATE:	ZIP:	
PHONE:	E:MAIL:		
BIRTHDATE:	AGE ON 12/31:	SEX: M	F

WOMEN	ENTRY TIME	EVENT	ENTRY TIME	MEN
EVENT#		Sunday, September 23		EVENT#
1		400 Free		2
3		50 Back		4
5		100 Fly		6
7		50 Free		8
9		100 Breast		10
11		200 Back		12
13		200 Free		14
15		400 Free Relay		16
17		400 Mixed Free Relay		
18		200 Fly		19
20		200 Breast		21
22		200 IM		23
24		50 Fly		25
26		100 Back		27
28		50 Breast		29
30		100 Free		31
32		800 Free Relay		33
34		800 Mixed Free Relay		
35		400 Medley Relay		36
37		400 Mixed Medley Relay		

Meet surcharge:	\$ 15.00	CHECKS PAYABLE TO: CITY OF CORAL SPRINGS Mail to: Coral Springs Aquatic Complex 2017 Last Chance LCM 12441 Royal Palm Blvd. Coral Springs, FL 33065
Individual events:	___ X 3.00 \$	
TOTAL:	\$	

**PLEASE READ AND SIGN THE MANDATORY RELEASE FROM LIABILITY THAT IS ON THE NEXT PAGE.
IT MUST BE INCLUDED WITH YOUR ENTRY FORM OR YOUR ENTRY WILL NOT BE ACCEPTED.**

ONLINE ENTRIES ARE PREFERRED:

https://www.clubassistant.com/club/meet_information.cfm?c=2236&smid=10780

Your credit card will be charged by "ClubAssistant.com Events" for this swim meet.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed