



38th ANNUAL DONNER LAKE



OPEN WATER SWIM

2.7 MILES

SATURDAY, AUGUST 13, 2018 8:30 AM

Water temp. : 65-68° Truckee, CA. Altitude: 5933 ft.

Sanctioned by: United States Masters #

LOCATION: Donner Lake, Truckee, CA. Located 35 miles west of Reno, NV and 100 miles east of Sacramento, CA. via Interstate 80. The start is at the east end of the lake by Donner Memorial State Park; the finish is at West End Beach.

WARNING: Participants should be adequately trained for this competition, which combines high altitude, cool water temperatures, and a lengthy swim. Previous experience in similar conditions is highly recommended.

COURSE: Straight, point-to-point, 2.7 miles. Expect water temperature 65 – 68 degrees. Altitude is 5933 ft.

SWIM PROCEDURES: Pre-race instructions at 8:15 AM followed by a beach start. The race will start at 8:30. **A 2 hour 30 minute time limit will be STRICTLY enforced.** If you fail to finish the race within the time limit, you will be disqualified and removed from the water. There are **NO EXCEPTIONS**; you will be removed from the water after 2 hours and 30 minutes.

ENTRIES: This event is open to 400 swimmers. No refunds, transfers or deferrals for your entry! Entry fees are \$50 per person if you pre-register; \$85 per person, for registration on race day. Registration opens June 1st at 8am. Registration for this event will only be available at www.clubassistant.com, All swimmers must sign the USMS waiver liability form. **No mail in entries will be accepted.** Online registration closes Wednesday, August 1st. If the Donner Lake Open Water Swim sells out before race day, there will be NO race-day registration.

SWIMWEAR: Category I and II suits will be allowed. Please go to www.usms.org for further information regarding the suit categories.

CHECK-IN: Check-in will begin at 6:30 AM and close at 8:00 AM. Pre-race instructions will take place at 8:15 AM.

SHIRTS: Shirts and sweatshirts may be pre-ordered with registration. **Limited numbers will be available for purchase on race day.**

TIMING: Chip timing for this event will be provided by **Lynn Mentzer** and **Dave Nolte**. You will be charged \$50 for lost chips



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DIVISIONS: Masters divisions 18-24, 25-29, 30-34, etc.; male and female. No entrants under 18 years of age are permitted.

AWARDS: Special awards will be presented to the first woman and man to finish (18+ and 40+) and the top six finishers in each age group. All entrants will receive an official race cap and post-race refreshments and lunch.

PARKING: This is a point-to-point swim with parking available in designated parking areas at the start and at the finish. At the start of the race, you may park at the Donner Museum parking lot for a fee or on the south side of Donner Pass Road (absolutely NO parking on the north side of Donner Pass Road). At the finish, you may park at the West End Beach parking lot. A shuttle will operate between the start and finish from 6:30 AM to noon. Spectators must pay the West End Beach admission fee. Animals are not allowed in the park.

PICNIC LUNCH: SNM will provide post race recovery refreshments and for \$12 you may purchase lunch. Swimmers may purchase lunch(s) for non-participants for \$12 each at the time of registration.

ACCOMMODATIONS: Accommodations in the area are limited, so make your reservations early! Campers should call 800-444-PARK for reservations for Donner Memorial State Park (located at the start of the race).

SAFETY: Bright colored caps will be provided and must be worn during the swim. The course will be patrolled by safety craft. Life jackets and "man in water" flags are required on all craft.

EQUIPMENT: The use of fins, pull buoys or other swimming devices shall not be permitted except that soft hand paddles may be used as a prosthesis, if they do not present a safety hazard to the other swimmers.

WARM-UP: A designated warm-up area will be provided. All swimmers wishing to warm-up prior to the race must do so in the designated warm-up area.

RACE START: All swimmers must be out of the water at 8:15 am.

KAYAK: If you want to kayak for the race, contact JD McCrillis at jdm@greatcabinets.com. If you would like to volunteer at the event please email donnerlakeswim@gmail.com.

ADDITIONAL RACE INFORMATION:

www.sierranevadamasters.com

<https://www.facebook.com/donnerlakeswim>

CO-RACE DIRECTOR: Laura Harsh
donnerlakeswim@gmail.com.