

# SOUTH CAROLINA LCM CHAMPIONSHIPS

June 16-17, 2018

**Meet Location:** Greenville County Aquatic Complex (Westside), 2700 West Blue Ridge Drive, Greenville, SC.

**Host:** Greenville Splash Masters and Greenville County Parks, Recreation & Tourism

**Sanction:** Sanctioned by South Carolina LMSC for USMS, Inc. Sanction Number: 558-S002

**Meet Director:** Leslie Scott, cell: 864-283-1328, email: greenvillesplash@gmail.com

**Facility:** Greenville County Aquatic Complex is an indoor/outdoor climate controlled facility with an eight lane 50 meter pool and adjacent 5 lane, 25 yard warm-up/warm-down pool. Both pools are bottom striped, wall targeted and equipped with non-turbulent lane lines. Competition course has a fully automatic Colorado Timing System with backup and an 8-line scoreboard. Bleacher seating is available for up to 1,000 spectators along with ample deck space and bleacher seating for swimmers. Ample parking is available. Swimmers may bring chairs.

**Rules:** The meet will be conducted according to 2018 USMS rules and this meet information. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement. The pool will be measured as required by USMS.

**Eligibility:** This meet is open to all USMS swimmers registered for 2018. Age determined as of the last day of 2018.

**Fees:** Entry fee is \$50.00 by June 1 and includes a t-shirt. Entry fee is \$60 between June 1 and June 9. Last day to register online is June 9. Deck entries left to discretion of the meet director, no new heats will be created.

**Link for Online entry:**

**Entry limit:** *Swimmers are allowed a maximum of four individual events per day.*

**Entry Deadline:** **Saturday, June 9, 11:59 pm EST.**

**Psych sheet:** Available by Wednesday, June 13.

**Time of the Meet:**

Saturday morning session: Warm-up 8:00 am, Meet starts at 9:00 am

Saturday afternoon session: Warm-up 11:00 am, Meet starts at 12:00 pm

Sunday session: Warm-up 8:00 am, Meet starts at 9:00 am

**Meet format:** Swimmers in the 400 Free, 800 Free and 1500 Free will need to provide their own counter if they desire one. *Meet management reserves the right to adjust warm-up and meet start times.* **Participants will be notified of any changes in the timeline.** You may enter a maximum of four individual events per day. List a long course meters seed time or N.T. for the events you plan to enter. Relays can be submitted on deck at the beginning of warm-up or emailed prior to the meet to the meet director.

**Awards:** High point award for each age group (must swim a minimum of five events to qualify). Team awards will be awarded to top 3 teams overall. Scoring to 8 places.

**Seeding:** Heats will be seeded from slowest to fastest using submitted long course meters times. Ages and sexes will be combined for competition but separated for awards. No time (NT) entries will be seeded in the early heats. All events 400 meters and longer will be deck seeded fastest to slowest. Check-in for the 1500 Free will close at 8:45 am. Check-in for the 400 IM and 400 Free will close 30 minutes before the start of the event. Swimmers not checked in will be scratched. Check-in for the 800 Free on Sunday will close at 11:00 am.

**T-Shirts:** Championship T-shirts will be given to all participants that enter by June 1.

## Host Hotel

TownePlace Suites Greenville, 75 Mall Connector Rd, Greenville SC 29607 864-675-1670

**Direct Hotel Reservation Link:** [Book your group rate for South Carolina LCM State Championship](https://preview.tinyurl.com/ycarpxjq)

**Actual Link:** <https://preview.tinyurl.com/ycarpxjq>

### Reservations By Phone:

Reservations may also be made by calling **864-675-1670**. TownePlace Suites offers Studio Queen Suites at a rate of \$109 per night before tax. Rooms come with one queen bed, full kitchen, and a sleeper sofa. All rooms include breakfast, wifi, and parking in the rate. They have 24/7 fitness center, guest laundry facility, and complimentary hot coffee and tea 24/7.

**\*\*\*Cut off for hotel special rate is Friday, May 25<sup>th</sup>\*\*\***

**Saturday Social:** Enjoy meeting new swim friends from all over. Join us Saturday evening for a night full of Greenville Splash fun. Information will be available at the meet.

**Sunday Morning:**      **Happy Fathers' Day! Donuts for Dads**

**Hospitality:** Hospitality for coaches and officials will be available in the Hospitality Room.

**Officials:** Individuals wishing to officiate at this meet should contact: Amy Browning email: [agbrowning1@bellsouth.net](mailto:agbrowning1@bellsouth.net). Officials will meet beginning one hour prior to the start of competition.

**Timers:** Individuals that are available to help time please contact: John Decker email: [jdecker30342@yahoo.com](mailto:jdecker30342@yahoo.com).

Letters of service hours can be provided for those that need verification.

**Warm-up Procedures:** Pull-buoys kick boards, fins, and hand paddles are not allowed in the competition pool or warm-up pool. Swimmers must enter the pool feet first in a cautious and controlled manner. Diving shall be permitted only in designated lanes and at designated times.

**Directions:** From Interstate 385 go North into Greenville. Go through town past the Bi-Lo Center and then the Greenville County Library on your right. Take S.C. 183 towards Pickens. At S.C. 253 turn left on to Blue Ridge Drive. Westside Park & Aquatic Complex is about one mile on the right.

1. From Interstate 85 take exit 44 (White Horse Road, U.S. 25 By-Pass). Go north on 25 for approximately five miles. Turn right on S.C. Route 253. Westside Park & Aquatic Complex is about three quarters of a mile on the left
2. If coming down Interstate 26 through Asheville, exit on to U.S. Highway 25 towards Greenville. After Travelers Rest, take U.S. 25 By-Pass (to Atlanta). Pass Furman University. Turn left on S.C. Route 253.

**Saturday Morning Session**

**Warm-up 8:00 am**

**Start 9:00 am**

**1      1500 Free**

**Saturday Afternoon Session**

**Warm-up 11:00 am**

**Start 12:00 am**

**2      200 I.M.**

**3      50 Free**

**4      100 Breast**

**5      200 Back**

**6      200 Mixed Free Relay**

**7      400 Mixed Free Relay**

**8      100 Free**

**9      50 Back**

**10     100 Fly**

**11     200 Women's Medley Relay**

**12     200 Men's Medley Relay**

**13     400 Women's Medley Relay**

**14     400 Men's Medley Relay**

**15     400 Free**

**Sunday Session**

**Warm-up 8:00 am**

**Start 9:00 am**

**16     50 Breast**

**17     200 Fly**

**18     100 Back**

**19     200 Mixed Medley Relay**

**20     400 Mixed Medley Relay**

**21     200 Breast**

**22     50 Fly**

**23     200 Free**

**24     200 Women's Free Relay**

**25     200 Men's Free Relay**

**26     400 Women's Free Relay**

**27     400 Men's Free Relay**

**28     400 I.M.**

**29     800 Free**



## **PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M    F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed