

## **ABM/VAST Open Water Fundamentals Clinic Safety Plan**

Centennial Beach (The Beach) is a 60m x 160m converted limestone quarry facility operated by the Naperville Park District. While The Beach is classified as a waterfront by the DuPage County Health Department, it is maintained as an enclosed, chlorinated, circulated (but not filtered) pool facility by the Park District. As the clinic will take place during a normal business day at Centennial Beach, lifeguards are posted at regular intervals throughout the facility in the areas where participants will be swimming. In addition, coaches will have line-of-sight visibility to all participants at all times. We will follow the regular safety plan used by the Park District, including hourly safety breaks (where swimmers are required to clear the water for ~10 minutes) and athlete counts.