

2018 UMLY Masters Long Course Meet

Sunday, June 10, 2018

USMS Sanction : R088-S004

Upper Main Line Y Masters

Swim Meet Registration

Registration Schedule

| | Open | Close |
|----------------------|---------------------------------|----------------------------------|
| Swimmer Registration | Tues, May 1st, 2018 12:00 AM ET | Tues, June 5th, 2018 11:59 PM ET |

This competition is limited to the first 120 entrants.

Resources

[SwimPhone](#)

Upper Main Line YMCA
Long Course Masters Swim Meet
Sunday, June 10th, 2018

Sanctioned by:

United States Masters Swimming and Delaware Valley LMSC

Liability:

In granting this sanction, it is understood and agreed that United States Masters Swimming, Inc., Delaware Valley LMSC, Upper Main Line YMCA, YMCA of Greater Brandywine and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted by:

Upper Main Line YMCA Masters Swimming Workout Group

Meet Director:

Galen Gennaria

Galengennaria@gmail.com

484-429-0684

Location:

Upper Main Line YMCA, 1416 Berwyn-Paoli Road, Berwyn, PA 19312

Course:

UMLY has a 6-lane 50 meter heated pool with non-turbulent lane dividers. Colorado start and automatic timing system with touchpads will be used. A separate 25 yard warm-up pool will be available for continuous warm-up throughout the meet. The depth of the pool at the starting blocks and turn end is 6 feet.

Eligibility:

Open to all USMS-registered swimmers 18 years and over. Age on December 31, 2018 shall govern this meet.

Seeding:

This meet will be seeded slowest to fastest, regardless of age and sex. NT will not be accepted.

Rules:

This meet will be held in long course meters (LCM) and governed by 2018 USMS rules. Events are pre-seeded, timed final events.

The length of the competition course is 50 meters, and is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

All swimmers are limited to SIX (6) individual events.

Entries must be submitted using the swimmer's best long course times. No Times (NT) will not be accepted (multiply your short course yard time by 1.1).

The 400 meter free will be limited to 7 heats (42 swimmers).

The meet will be capped at 120 swimmers.

Age Groups:

18-24, 25-29, 30-34, 35-39, 40-44, etc., in 5-year increments

Entries:

Entries must be submitted using the online Club Assistant entry form located here:

https://www.clubassistant.com/club/meet_information.cfm?c=2327&smid=10570

The meet will be limited to the first 120 swimmers.

No Deck Entries will be accepted, except for relays. Relay entries are due no later than event #11.

Entries must be completed online by 11:59 pm Eastern time on June 5th, 2018.

Fees will be paid by credit card to ClubAssistant.com and are non-refundable.

Entry Fees:

Individual Events: \$ 5.00

Swimmer Surcharge: \$ 25.00

Relays: Free

Awards:

Ribbons will be awarded for 1st through 3rd place for each event for each sex and age group.

Refreshments:

Refreshments will be available throughout the meet.

Final results will be posted at the meet and online following the meet at DVMasters.org.

Results will be submitted to USMS for Top Ten consideration.

EVENTS

Sunday, June 10, 2018 - Session 1 - 400 free

Warm-ups start at 8:00 AM

Meet Session starts at 8:30 AM

Meet Session is estimated to end at 9:15 AM

| # | Sex | Event |
|---|-------|------------|
| 1 | Mixed | 400 M Free |

Sunday, June 10, 2010 - Session 2 - Events 2-15

Warm-ups start at 9:15 AM

Meet Session starts at 9:45 AM

Meet Session is estimated to end at 12:30 PM

| # | Sex | Event |
|----|-------|--------------|
| 2 | Mixed | 200 M Back |
| 3 | Mixed | 100 M Fly |
| 4 | Mixed | 200 M Breast |
| 5 | Mixed | 50 M Free |
| 6 | Mixed | 400 M IM |
| 7 | Mixed | 100 M Back |
| 8 | Mixed | 200 M Free |
| 9 | Mixed | 200 M Fly |
| 10 | Mixed | 100 M Breast |
| 11 | Mixed | 50 M Back |
| 12 | Mixed | 200 M IM |
| 13 | Mixed | 100 M Free |
| 14 | Mixed | 50 M Breast |
| 15 | Mixed | 50 M Fly |



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

| | | | | |
|----------------------------------|------------|----|--------------------------|--------------------------|
| Last Name | First Name | MI | Sex (circle) M F | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | |
| Signature of Participant | | | | Date Signed |