



We are excited to host a pool party (weather permitting) on Saturday, June 9th after our swim meet sessions for the day have concluded from approximately 6-8 pm. **All swimmers who are entered in the meet get in free, and if you purchased a heat sheet your entire family gets free admission as well!**

The Schifferdecker Aquatic Park was completely renovated in 2013 and we want you to have a chance to enjoy the fun! BZRK will have meal options for sale on site in case you would like to purchase dinner at the party. See you there!



Schifferdecker Aquatic Center
Joplin, Missouri

BERZERKER SWIMMING
4-STATES RAGNAROK

Meet date: June 8-10, 2018

- MEET HOST:** Jasper County Aquatics, Inc. (Berzerker Swimming, AR-BZRK)
- SANCTIONED BY:** Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc. Sanction Number MV-_____. Also sanctioned with Missouri Valley Masters Swimming on behalf of United States Masters Swimming. USMS Sanction Number _____.
- TYPE OF MEET:** Age Group, Masters, Timed finals.
- LOCATION:** Schifferdecker Family Aquatic Center
4th and Schifferdecker
Joplin, MO 64804
- Directions: from I-44 take exit 6 (Main Street) North. Continue on Main to 7th Street and take a left to head west. Take 7th to Schifferdecker where you will take a right. The pool is on the left hand side with a parking lot entrance on 4th street (also marked as Pool Road.)
- FACILITY:** 50 meter, 8 lane outdoor pool with two 20-yard warm up lanes. Pool depth at start end is 12 ½ feet; depth at turn end is 4 ¾ feet. Starting blocks are 40 inches above the water surface at both ends of the pool. Lanes are 7 feet in width. Colorado Electronic Timing System with touch-pads at both ends. The competition course has not been certified in accordance with 104.2.2C(4). Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- ELIGIBILITY:** All swimmers must be current athlete members of USA Swimming, Inc. or current athlete members of United States Masters Swimming. The age of the swimmer as of the first day of the meet will determine his/her age for the competition. Registration of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet.
- SEEDING:** Scratches and deck entries will be taken until 30 minutes prior to the start of competition. Deck entries may be limited to only open lanes. Please note the positive check-in guidelines for the 800 and 1500 freestyles in the EVENTS section of this meet information.
- ENTRIES:** Registration of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet.
Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Send entries and fees to: (please give us a heads up if you send entries to the PO Box!)
Jasper County Aquatics, Inc
PO Box 109
Webb City, MO 64870

Email: shawn.klosterman@gmail.com

- ENTRY DEADLINE:** Entries and payment must be received by Thursday, May 31, 2018. The preferred method of entry is by Hy-Tek digital files, accompanied by hard copy entry summary sheets and a check made *payable to Jasper County Aquatics or Berzerker Swimming*. Entries may be submitted on Missouri Valley pink & blue entry forms, accompanied by entry summary sheets. All times should be entered in long course meters. “No Time” entries will be accepted.
- ENTRY LIMIT:** Swimmers are limited to 3 individual events and 1 relay per day. The meet will be limited to the first 500 swimmers received. No teams will be split. If timeline is an issue, the host team may scratch the relay events to make timeline. All relay fees would be refunded fully to teams for any relay that does not get to swim.
- EVENTS:** Please submit swimmers best long course times to ensure proper seeding and best-time % scoring. This meet will be pre-seeded except for the 800 and 1500 which will be limited to the top 24 competitors (boys and girls,) and will require positive check-in with the Clerk of Course. Positive check-in will end 30 minutes prior to the beginning of the session. A swimmer who fails to positive check in may be scratched from the event at the discretion of the Meet Referee. Additional heats may be accepted for the distance events if the meet director determines that the session can be conducted in less than 4 hours. Coaches will be notified regarding any entries unable to swim. Swimmers in the 1500 must provide their own timers. The 800 and 1500 will be swum fastest to slowest, alternating women and men. Minimum age for Senior events is 13 years old.
- ENTRY FEES:**
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|---------------------|---------------------------------|
| Individual Events: | \$4.50 per individual per event |
| Relay Events: | \$7.00 per relay team per event |
| Facility Surcharge: | \$15.00 per athlete |
- DECK ENTRIES:** Deck entries will be accepted only where space is available in empty lanes.
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|----------------------------------|----------------------------------|
| Individual Deck Entry per Event: | \$9.00 per individual per event |
| Relay Deck Entry per Event: | \$14.00 per relay team per event |
- OFFICIALS:** Referee: Randy Miller, rsccc.miller@gmail.com, (417) 540-7999
Meet Director: Shawn Klosterman, shawn.klosterman@gmail.com, 417-439-1102
Administrative Official: Stephanie Miller, 1994steph.miller@gmail.com, 417-529-5499
Safety Marshall: Sharon Griffing, (912) 258-1272, sharongriff312@gmail.com
- RULE AUTHORITY:** 2018 USA Swimming Official Rules for Swimming, and 2018 Missouri Valley LSC Rules will govern the meet. The Missouri Valley Swimming Safety Guidelines and Warm-up Procedures will be in effect at the meet. The “no recall” start procedure rule will be in effect and the USA Swimming Championship “whistle” starting procedure will be in effect. Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- AWARDS:** Swimmers will be awarded for each best time achieved. The top team will receive a trophy based on highest team score. Scoring will be 9,7,6,5,4,3,2,1 with relays scored double. Another trophy will be awarded to the team with the highest % best times. Medals will be awarded for 1st-3rd places, and ribbons will be awarded for 4th-8th places in

each event. Ribbons, medals, high-point, and scoring will be awarded for the following age groups: 8 & under, 9-10, 11-12, 13-14, 15-18 and 19+ (Masters.) Relay awards will award only “top 3” and will be determined by overall place, not multi-age group. One “HULK” award will be given to the top male and female point scorer from combined results of the 50 free, 50 back, 50 breast and 50 fly in the 15-18 age group. One “IRON MAN” award will be given to the top male and female point scorer from combined results of the 400 IM, 400 free, 800 free and 1500 free in the 15-18 age group.

CONCESSIONS: A concessions stand will be offered by Berzerker Swimming. During the Saturday night pool party, BZRK will also be selling a meal for dinner.

FINAL RESULTS: Meet results in Hy-Tek file format will be e-mailed to all participating teams who provided e-mail addresses. Meet results will also be available in Hy-Tek digital format after the end of the meet. Final results will be posted on the Missouri Valley Swimming website and may include the swimmer’s name, age, times and USA Swimming number.

DISABILITIES: Berzerker Swimming welcomes the participation of swimmers with disabilities in all hosted events. Swimmers and/or their coaches who may have special needs are expected to contact the Meet Referee to discuss competitive accommodations, and to contact both the Meet Referee and the Meet Director to discuss facility accommodations, prior to the entry deadline for the meet.

WARM-UP: Teams will be notified of the warm-up schedule by Wednesday, June 6th. There will be no assigned lanes for warm-up for the Friday session. There will be 40 minute sessions for general warm-up, but no separate session for starts. Warm up and cool down during the meet is available in two, 20 yard warm-up lanes at the southeast end of the racing pool.

During general warm ups, the following MVS safety rules will apply:

1. All lanes general warm up only.
2. Circle swimming only.
3. All swimmers enter water feet first
4. No diving, use of the starting blocks, or racing starts off the edge of the pool. Any swimmer diving into the pool may be disqualified from one or more events at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.
5. At any time during general warm ups, the coach of a team in control of any lane may convert the team's lane into a sprint lane by:
 - (1) Removing all swimmers in that lane from the water.
 - (2) Informing coaches in adjacent lanes.
 - (3) Informing the safety marshal.
 - (4) Following all guidelines for sprint lanes.
6. *Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer’s events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.*

MASTERS: This meet is officially sanctioned by **US Masters Swimming**. Masters athletes are welcome to compete in senior events and times will count toward USMS rankings. Masters athletes are expected to complete the attached PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT and show verification of USMS registration to the Clerk of Course. It is recommended also that USMS athletes inform the Meet Referee that they are competing as for Masters times recognition. The required waiver can also be printed at this link:

<http://www.usms.org/admin/lmschb/waiver.pdf>

STARTING TIMES:

Friday PM session:

- Warm-up 3:00-4:20pm.
- Meet starts: 4:30pm.

Saturday/Sunday AM sessions:

- Warm-up session 1: 7-7:30am. Session 2: 7:30-8:00am
- Meet starts: 8:10am.

Saturday and Sunday PM sessions:

- Warm-up will begin no earlier than 11:30am, with the second warm-up session starting no earlier than Noon. The pool will be cleared at 12:30pm.
- Races begin no earlier than 12:50pm.

Sunday 1500 session: Swimmers are expected to provide their own timers: two per lane. No separate warm up period for the mile is planned but may be added by the meet referee, if requested by coaches, or if for some reason the warm up lanes provided are deemed not adequate.

Girls ORDER OF EVENTS Boys

<u>Friday Night</u>		
1	Senior 400 IM	2
3	12& under 200 IM	4
5	Senior 50 Free	6
7	12& under 50 free	8
9	Senior 800 Freestyle	10

<u>Saturday Morning</u>		
11	12& under 200 M.R	12
13	12& under 400 Free	14
15	12& under 50 Fly	16
17	11-12 200 Back	18
19	12& under 100 Breast	20
21	12& under 100 Free	22
23	12& under 50 Back	24
25	11-12 200 Fly	26

	<u>Saturday Afternoon</u>	
27	Senior 200 M.R.	28
29	Senior 200 Fly	30
31	Senior 50 Back	32
33	Senior 100 Free	34
35	Senior 200 IM	36
37	Senior 100 Breast	38
39	Senior 50 Fly	40
41	Senior 200 Back	42

	<u>Sunday Morning</u>	
43	12& under 200 F.R.	44
45	12& under 200 Free	46
47	12& under 50 Breast	48
49	12& under 100 Fly	50
51	12& under 100 Back	52
53	11-12 200 Breast	54

	<u>Sunday Afternoon</u>	
55	Senior 200 F.R.	56
57	Senior 400 Free	58
59	Senior 100 Back	60
61	Senior 200 Breast	62
63	Senior 100 Fly	64
65	Senior 200 Free	66
67	Senior 50 Breast	68

	<u>Sunday Mile Session</u>	
69	Senior 1500 Free	70

USMS PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name, First Name, MI

Sex (circle) M / F

Date of Birth (mm/dd/yy) Street Address, City, State, Zip

Signature of Participant Date Signed

**Hotel Deals through the Joplin Sports Authority
2018 Berzerker Swimming 4-States RAGNAROK**

EVENT: Berzerker Swimming 4-States RAGNAROK

DATE: Friday, June 8th, Saturday, June 9th, and Sunday, June 10th, 2018

HOTEL	RATE/ROOM TYPE	BREAKFAST
Best Western Oasis	\$79.99+/DD or K	Full Hot Breakfast
Candlewood Suites	\$89.99+/DD or K	Items available for purchase in cupboard.
Comfort Inn	\$89.00+/QQ	Hot Buffet Breakfast
Days Inn	\$74.00+ to \$94.00+/QQ or K (based on group size)	Full Hot/Cold Buffet
EconoLodge Inn & Suites	\$64.99+/QQ or DD or K	Hot American Breakfast
Fairfield Inn	\$124.00+/QQ	Hot Breakfast
Holiday Inn	\$129.00+/QQ	Continental Buffet
Homewood Suites	\$159.00+/QQ One Bedroom \$139.00+/K One Bedroom \$129.00+/K Studio	Buffet Breakfast Buffet Breakfast Buffet Breakfast
Quality Inn	\$79.00+/DD	Hot Buffet Breakfast
Residence Inn	\$129.00+/QQ Suite \$119.00+/K One Bedroom \$119.00+/K Studio	Full Hot Buffet Full Hot Buffet Full Hot Buffet
TownePlace Suites	\$104.00+/QQ or Q	Hot Buffet Breakfast
Quality Inn – Precious Moments – CARTHAGE, MISSOURI	\$76.49+/QQ \$72.24+/K	Hot Buffet Breakfast Hot Buffet Breakfast

NOTE: All rates are subject to tax. The Joplin Sports Authority has documented the above rate information specifically for this event. The Joplin Sports Authority has only listed those hotels that chose to participate in this particular documentation based on the individual hotel's availability during the event date/dates and willingness to provide discounted rate information to participants. These rates will only be honored based on each individual hotel's cut-off date requirement for event reservations. At that time, hotel reserves the right to change rates based on availability of rooms. Please make reservations in a timely manner to ensure availability and event room rate.