

2018 MICHIGAN SHORT COURSE MASTERS SWIMMING CHAMPIONSHIPS

Sanctioned for USMS by the Michigan LMSC, Sanction #196-S008

Friday-Sunday, April 13-15, 2018

Eastern Michigan University, Ypsilanti MI

HOST ORGANIZATIONS:

Your hosts are Eastern Michigan University and the South Oakland Seals. This is the eleventh Masters Swimming Championships held at EMU.

MEET DIRECTOR:

Frank (Skip) Thompson, 2660 Littleell Avenue, West Bloomfield, MI 48324-1753

Phone: (248) 683-2191 • E-mail: thompsonfrank866@gmail.com

FACILITIES:

Location. The Michael H. Jones Natatorium is housed in the Olds Robb Student Recreation Intramural Complex at Eastern Michigan University. Go to http://www.emich.edu/maps/campus_map.pdf for a printable campus map that shows the Jones Natatorium, the parking structure, and surface parking lots.

Parking. Use the parking structure on Structure Drive, just east of Oakwood Street, and just west of the Intramural Complex. There may be a modest fee. Use visitor parking lots Friday evening if the parking structure is unavailable.

Swimming Pool. The Jones Natatorium is a 25-yard by 50-meter indoor pool, to be configured as two 25-yard 10-lane courses. One course will be used for competition and the other for continuous warm-up/cool down. An exception will occur for distance events when 16 lanes will be used for competition and 4 lanes for warm-up/cool down. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. The primary timing system will be automated with sound device at the start and swimmer touching the pad at the finish with the time recorded on a scoreboard. Official times from this automated timing system will be submitted for USMS Records and USMS Top Ten times for all courses. For Short/Long Course Meters the time will be submitted to FINA for Masters FINA Top Ten and Masters FINA World Records.

Concessions. Concessions will be available at the Olds Robb Student Recreation Center. There are nearby restaurants located about 5–10 minutes from the pool. A modest lunch will be served during the Michigan LMSC Annual Meeting between the morning and afternoon sessions on Saturday.

RULES:

Competition Rules. United States Masters Swimming (USMS) rules and Michigan Local Masters Swimming Committee (MI-LMSC) policies will apply. The USMS rule book is available online at <http://www.usms.org> under the “For Volunteers” tab. The Michigan LMSC policies are located at <http://www.michiganmasters.com> under the “Information” tab.

Eastern Michigan University Facility Rules:

- Smoking is not allowed in any building.
- Food and beverages are not allowed in the pool area, in adjacent locker rooms, or spectator areas.
- Lockers are available, but swimmers should bring their own locks. Eastern Michigan University and Michigan Masters will not assume responsibility for lost or stolen articles.
- Body oils and other rub-down substances that may contaminate the pool water are banned. Swimmers who use these substances will be held responsible and be disqualified.
- Diving off any of the boards or towers is strictly forbidden.
- Swimmers in the concession area must wear shirts, shorts, and some type of foot covering.

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Presentation of Awards:

- Pick up individual and relay event awards at the awards table.
- Presentation of age group high point awards and overall team high point awards in all categories will begin 30 minutes after the completion of the last event, namely the 1000y freestyle (event # 39). The large and small team divisions will be based upon the number of total entries for each team.
- Please be prompt so award presentations are not delayed. Swimmers and team representatives are responsible to pick up any awards earned. **Awards will not be mailed.**

Records. A Michigan State Record may only be established by a swimmer registered through the Michigan LMSC. A Meet Championship Record may be established by any swimmer entered in the meet.

Protests. Per USMS Rule 102.14.3, “protests against judgment decisions of starters and stroke, turn, and relay takeoff judges can only be considered by the referee, and the referee’s decision shall be final.” Other protests (e.g., concerns about seeding, awards, final results, eligibility, scoring, or entries) must be submitted to the meet director or referee by the team representative in writing. According to Section 3 of the Michigan LMSC Policies and Procedures, such protests will be heard by the Championship Committee.

ENTRIES:

Entry Methods and Entry Deadlines. Swimmers are strongly encouraged to use the online Club Assistant entry system; however, paper (mail-in) entries will be accepted. There is an earlier entry deadline and a surcharge associated with paper (mail-in) entries because of the additional administrative work needed to process those entries. The instructions that follow in the “Entries” section of this document apply to both entry methods.

- **Online entries.** Go to <http://www.MichiganMasters.com> to enter the meet. **The online entry deadline is the end of the day (11:59 pm) on Tuesday, April 10, 2018.**
- **Paper (mail-in) entries.** Use the paper forms at the end of this meet announcement. Swimmers should submit the entry form, liability waiver, fees schedule, and entry fees. **Paper entries must be received by the end of the day (11:59 pm) on Tuesday, April 3, 2018.** Note that this is a received by deadline, not a postmarked by deadline. Send entries to:

Frank (Skip) Thompson
2660 Littleell Avenue
West Bloomfield, MI 48324-1753
Phone: (248) 683-2191
E-mail: thompsonfrank866@gmail.com

- **Relay entries.** Relay entries must be submitted by the designated team representative, not individual swimmers. Refer to the “Entry Procedures” described below.

Eligibility. Swimmers must have a current USMS membership as of the entry deadline to be eligible to compete in this meet. One-day event registrations (USMS rule 201.1.3) are not valid given that this is a 3-day meet with multiple events. Whether entering online or via mail, swimmers must agree to the USMS “Participant Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement.”

Representation. Swimmers may choose to represent the registered masters swimming club (e.g., Michigan Masters, Lifetime Swim Michigan, Michigan Lakeshore Aquatics Masters, etc.) listed on the USMS membership card, a state meet team (e.g., Milford Masters, Stray Cats, FAST, Ann Arbor Masters, etc.), or swim unattached.

Event Limits:

- | | |
|---|--|
| • Individual event maximum for the entire meet: | 7 |
| • Individual event maximum for Friday: | 2 |
| • Individual event maximum for Saturday: | 4 |
| • Individual event maximum for Sunday: | 4 |
| • Relay event maximum: | 1 relay each meet session (4 relays total) |

If more than seven individual events are listed on the entry form, only the first seven entries will be accepted.

Entry Fees:

- Individual event entry fee – \$65.00 – On-Line Entry \$85.00 – Mail-In Entry.
- Relay event entry fee – \$12.00 per relay if entered by 11:59 pm April 10 or \$16.00 per relay if deck-entered

Entry Procedures:

- **Individual Events.** Choose a maximum of 7 events if entering the entire meet, a maximum of 2 events if entering only Friday, or a maximum of 4 events if entering only Saturday or Sunday. Enter your best **short course yards** times on the line labeled “entry seed time.” You may enter an estimated time or “no time” if you do not have a best time to report. “No time” entries will be assigned to the slowest heats.
- **Distance Events.** The 400y IM will be offered twice during the meet, but you may enter this event only once, either Friday evening or Saturday morning. The 1650 Free will be offered only on Friday, with an option to enter either a 2:00 pm session or a 6:00 pm session. The 2:00 session of the 1650y freestyle will accommodate the first 50 swimmers **who use the online entry procedure** and who indicate their preference to swim in the early session of the 1650. Refer to the check-in, seeding, and heat sheet procedures described earlier in this meet announcement for more information.
- **Relays.** Designate one team representative to enter relays for the entire team.
 - **Pre-entered relays.** The team representative (only) completes the space on either the online or paper entry form that is labeled “Relay Entry Fee.” The only information needed by meet management at this time is the number of relay teams entered, not swimmers’ names, ages, etc.
 - **Deck-entered relays.** The team representative should enter relays and pay relay entry fees during general check-in on Friday from 4:45-5:45 pm, or on Saturday or Sunday from 7:30-8:00 am.
 - **At the meet.** Relay cards will be distributed to team representatives at the meet. At that time, the relay cards must be completed with: (a) event information – the event entered, the age group for the relay team, and a seed time; and (b) swimmer information – swimmers’ names as they appear on USMS membership cards in the order of relay swim, as well as each swimmer’s age and sex. The relay age group is determined by the age of the youngest swimmer on the relay team. The team representative must submit the relay cards to the Clerk of Course, who will add heat and lane assignments. Changes to event information cannot be changed after the cards have been turned in and heat and lanes have been designated.

SCHEDULE:**General Check-in, Warm-up, and Competition Schedule:**

Session	Day	General Check-In & Warm-up	Competition Begins
#1	Friday afternoon, April 13	12:45 pm – 1:45 pm	2:00 pm
#2	Friday night, April 13	4:45 pm – 5:45 pm	6:00 pm
#3	Saturday morning, April 14	7:30 am – 8:30 am	8:30 am
X	<ul style="list-style-type: none"> • Michigan LMSC annual meeting will start 20 minutes after end of Session #3 • Lifetime Achievement, Chetrick, and Lawrence awards presented at start of Session #4 		
#4	Saturday afternoon, April 14	1:00 pm – 2:00 pm	2:00 pm
#5	Sunday morning, April 15	7:30 am – 8:30 am	8:30 am
#6	Sunday afternoon, April 15	One hour after end of Session #5 estimated 12:00 pm – 1:00 pm	Estimated 1:00 pm
X	<ul style="list-style-type: none"> • Presentation of age group high point awards and overall team high point awards in all categories will begin 30 minutes after the completion of Session #6. 		

Distance Event Check-In Deadlines:

- 400y IM ... check-in deadline is Friday at 5:45 pm

- 1650y free ... check-in deadline is Friday at 1:45 pm for afternoon session and 5:45 pm for evening session

Annual Meeting. All swimmers are encouraged to attend the annual Michigan Local Masters Swimming Committee (LMSC) membership meeting held (in a large conference room to be announced at the meet) during the lunch break on Saturday. This is the time to vote on issues affecting the USMS National Organization, the Michigan LMSC, your local team, and yourself. An agenda of the meeting will be available at check-in on Friday, April 13.

IF YOU PLAN ON COMING TO THE LUNCHEON, PLEASE STAY FOR THE ENTIRE ANNUAL MEETING.

Lifetime Achievement, Chetrick, and Lawrence Awards. The Lifetime Achievement Award is presented to an individual who has demonstrated a lengthy record of swimming accomplishments, as well as many years of outstanding volunteer contributions that further the objectives of masters swimming in the State of Michigan. The Chetrick Award recognizes an individual who has exhibited outstanding service and commitment to the spirit of Michigan Masters Swimming on either the state or national level. The Lawrence Award is presented to a swimmer from the Michigan LMSC who has achieved outstanding performances in National competition during the past year, and across the person's swimming career. Previous winners of these awards are noted under the "Awards" tab at <http://www.michiganmasters.com>.

EVENTS:

Your Seed Time	Women's Event #	SESSION #1 – FRIDAY AFTERNOON Warm-up 12:45 pm, Competition 2:00 pm	Men's Event #	Your Seed Time
	1	1650 yard freestyle	2	
Your Seed Time	Women's Event #	SESSION #2 – FRIDAY NIGHT Warm-up 5:00 pm, Competition 6:00 pm	Men's Event #	Your Seed Time
	8	400 yard IM	9	
	101	1650 yard freestyle	101	
Your Seed Time	Women's Event #	SESSION #3 – SATURDAY MORNING Warm-up 7:30 am, Competition 8:30 am	Men's Event #	Your Seed Time
	2	100 yard freestyle	3	
	3	200 yard backstroke	5	
	4	50 yard butterfly	7	
	108	400 yard IM	109	
		10 minute break		
	10	200 yard freestyle relay	11	
		LMSC annual meeting 20 min after Event #11		
Your Seed Time	Women's Event #	SESSION #4 – SATURDAY ATERNOON Warm-up 1:00 pm, Competition 2:00 pm	Men's Event #	Your Seed Time
		Lifetime, Chetrick, and Lawrence Awards		
	12	200 yard butterfly	13	
	14	50 yard backstroke	15	
	16	100 yard breaststroke	17	
		10 minute break		
		200 yard mixed medley relay	18	
	19	500 yard freestyle	19	
Your Seed Time	Women's Event #	SESSION #5 – SUNDAY MORNING Warm-up 7:30 am, Competition 8:30 am	Men's Event #	Your Seed Time
	20	200 yard freestyle	21	
	22	100 yard butterfly	23	
	24	50 yard breaststroke	25	
	26	200 yard IM	27	
		10 minute break		
	28	200 yard medley relay	29	
Your Seed Time	Women's Event #	SESSION #6 – SUNDAY ATERNOON Warm-up ~12:00 pm, Competition ~1:00 pm	Men's Event #	Your Seed Time
	30	200 yard breaststroke	31	
	32	100 yard backstroke	33	
	34	50 yard freestyle	35	
	36	100 yard IM	37	
		10 minute break		
		200 yard mixed freestyle relay	38	
	39	1000 yard freestyle	39	
		Presentation of age-group high point and team awards 30 minutes after Event #39		



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

2018 MICHIGAN SHORT COURSE MASTERS SWIMMING CHAMPIONSHIPS

FEES SCHEDULE

SWIMMERS:

Individual event entry fee – \$85 Paper Entry Fee (On-Line entry fee is \$65.00) \$ _____

Surcharge for paper (mail-in) entries if applicable - \$15.00 per swimmer \$ _____

TEAM REPRESENTATIVE ONLY:

Number of relay teams entered ____ x \$12.00 per relay if entered by 11:59 pm April 10 \$ _____

Number of relay teams entered ____ x \$16.00 per relay if entered after April 10 \$ _____

TOTAL AMOUNT OF FEES DUE: \$ _____

Payable to Michigan Masters if paying by check

SUBMITTING YOUR MEET ENTRY:

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