**7th ANNUAL ROCK CLASSIC MASTERS SWIM MEET**

**March 18, 2018**

**Recognized by COMSA for USMS Inc. Recognition #**328-R002

**START TIME**: Warm up 7:45, Meet Start Time 8:30

**MEET LOCATION:**Castle Rock Recreation Center 2301 N Woodlands BVLD. Castle Rock CO 80108. The pool is a six-lane 25-yard competition pool, with one continuous warm up lane.  Colorado Timing Systems touchpads and scoreboard will be used.

**Entry Fees:  A flat fee of $28.00**

**Entries:** A link to sign up for the meet online is: https://www.clubassistant.com/club/meet\_information.cfm?c=2302&smid=10042.

Mail in entries must be received by Thursday March 15, 2018. **USMS registered swimmers please send a copy of your USMS Card to be eligible for top 10 listing.** Send entry form and check to:

**Laurie Hayes, 3266 RiverWood Way, Castle Rock, CO 80109**

**Seeding:** Swimmers will be seeded according to entry time, gender, and age.

**Contact:** Laurie Hayes at rockymtnhokie@yahoo.com

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**7th Annual Rock Classic Meet Entry Form**

Name:                                                 Age: \_\_\_\_                                 Gender: M  F

Address:

Email:

**Event#**Circle the event numbers and record your seedtime below.

 Women      Men                        **Description                              Seed Time**

|  |  |  |
| --- | --- | --- |
| 1                  2 | 100 Ind. Medley |  |
| 3                  4 | 200 Freestyle |  |
| 5                  6 | 100 Breaststroke |  |
| 7                  8 | 50 Backstroke |  |
| 9                  10 | 500 Freestyle |  |
| 11                12 | 100 Freestyle |  |
| 13                14 | 200 Ind. Medley |  |
| 15                16 | 50 Freestyle |  |
| 17                18 | 100 Butterfly |  |
| 19                20 | 100 Backstroke |  |
| 21                22 | 50 Breaststroke |  |
| 23                24 | 50 Butterfly |  |
| 25                26 | 1650 Freestyle |  |

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.