

Maryland Masters Distance Winter Meet 2018

University of Maryland, Baltimore County (UMBC) Catonsville, MD

Sunday March 4 2018

Sanctioned by Maryland LMSC for USMS, Inc. –



Meet Information: also available at <http://www.marylandmasters.com>

PLEASE NOTE *Maryland Masters Winter Meet Online Registration open:*

Location

The University of Maryland, Baltimore County (UMBC) is located off Rt. 95 in Catonsville, MD. It has a modern 8-lane 25-yard pool with a 13x13 diving well. A fully electronic timing system will be used. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1

Warm-up Times

The pool will be open for warm-ups from 8:30am to 9:00am for the first Session of the 1650. A 30 minute warm-up will be held prior to Session 2. The meet will start promptly after warm-ups. The diving well will be available for warm up and warm down throughout the meet.

Rules

USMS rules will apply. The meet is open to any swimmer at least 18 years of age.

Age groups are: 18-24, 25-29, 30-34, 35-39, ...100-104. Age for the meet is determined as of 3/1/2008.

Number of Events

A maximum of five (5) individual events may be entered.

NO DECK ENTRIES ALLOWED

Seeding

Ages and sexes will be combined. Slower heats will be swum first

Relay Events

Relays will be deck entered. The relay entry fee is \$10.00 per relay. The names and ages of all swimmers must be on the card in the proper order. Relay age groups: 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+ (Relay age determined by the youngest swimmer).

Scoring

Individual Events: 7-5-4-3-2-1.

Relay Events: 14-10-8.

Participation Award

Individual Swimmer: Each swimmer will receive a participation award.

Team: Team scores will be tabulated
Unclaimed awards will not be mailed.

Final Results

Results will be posted on the Maryland LMSC website

Warm-up Procedures

Swimmers must enter the pool feet first in a cautious manner. No diving is allowed at any time in either pool. Racing dives, including backstroke starts, are allowed only in the designated sprint lanes during the pre-meet warm-up sessions.

Concessions Souvenir Items, Vendors,

• Limited concessions will be available free of charge. Donations are appreciated.

Entry Procedures

Online Registration

***Remember to update USMS registration for 2014 before the meet.** Register online at <http://www.usms.org/reg/>

Entry Fees

\$5 per individual event.

\$10 meet surcharge. Fees must accompany the entry form and must be paid by check or money order. **Refund requests must be received in writing before February 18.**

Entry Deadline

All entries must be received by February 21, 2014. Early deadline necessary for program compilation.

Hotels

Comfort Suites: 410-691-1000
Hampton Inn BWI: 410-850-0600
Courtyard by Marriott: 410-859-8855

Directions

From Rt. 95: Take the Catonsville exit (Rt. 166/195). Follow the exit over the bridge and bear right onto the campus. The pool is directly ahead of you as you enter campus. Bear right. Turn left on Administration Drive. Park in the two-level garage.

From Rt. 695: Take exit 12, Wilkens Ave. west. Turn left at the end of the exit ramp. Turn left into the entrance by the police station. Turn right at the stop sign. Proceed

through a traffic light. Turn left at the second stop sign on Administration Drive.



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PRINT NAME as it appears on USMS Registrations card. A copy of your current USMS card is REQUIRED WITH ENTRY.

NAME: _____ SEX: **M** OR **F**

LAST

FIRST

ADDRESS: _____
STREET CITY STATE ZIP

EMAIL: _____ AGE: _____

BIRTHDATE: _____ MONTH/DAY/YEAR

PHONE: () _____ USMS REG. #: _____
HOME

CLUB NAME: _____ CLUB ABBREVIATION: _____

EVENT NAME	EVENT NO.	ENTRY TIME	
1650 FREESTYLE	1		
500 FREESTYLE	2		
400 MEDLEY RELAY	3	DECK ENTERED	
100 FREESTYLE	4		
200 BREASTSTROKE	5		
100 BUTTERFLY	6		
200 BACKSTROKE	7		
800 FREE RELAY	8	DECK ENTERED	
100 BREASTSTROKE	9		
200 BUTTERFLY	10		
100 BACKSTROKE	11		
200 FREESTYLE	12		
200 INDIVIDUAL MEDLEY	13		
400 FREESTYLE RELAY	14	DECK ENTERED	
400 INDIVIDUAL MEDLEY	15		

FEES

Meet Surcharge (required).....
\$10 _____

Number of Individual Eventsx \$
5 = _____

TOTAL FEE ENCLOSED =

Payable to: **Maryland Masters Swim Team**

- ☐ Entry form filled out completely
- ☐ No more than 5 events per day entered
- ☐ Liability release signed and dated

Questions? email the Maryland Master team
marylandmasters@gmail.com

LIABILITY RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____ Date: _____