2018 GA Hurricane Groundhog Meet January 26-28, 2018

Sanction: Sanctioned by Georgia LMSC for USMS, Inc. Sanction No. 458-S001

In granting this sanction it is understood and agreed that USMS shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Georgia Swimming Inc., Columbus Aquatic Club, The Columbus Aquatic Center and The City of Columbus, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Name: 2018 GA Hurricane Groundhog Meet

Date: January 26-28, 2018

Host team: Columbus Aquatic Club (Hurricanes – GA)

Meet manager: Dan Ohm

P.O. Box 7163

Columbus, GA 31908

docachurricanes@gmail.com

Software: Hy – Tek Meet Manager 6.0

Facility: Columbus Aquatic Center. 1603 Midtown Dr. Columbus, GA 31909. This is an indoor, 50

meter by 25 yard facility. Bleacher seating for 900 plus spectators and ample parking is available. The pool depth measures 13.8 to 5 feet in depth. Daktronics timing system with full

scoreboard will be used.

Concessions: Basic concessions will be available.

Hospitality: Will be provided for coaches and officials

Rules: The current USA Swimming and Rules and Regulations will govern the conduct of the meet

unless noted otherwise herein. All Swimmers must be currently registered with USA swimming or USMS. Masters swimmers must be registered with USMS. Please include a copy of your USMS card with your registration. Swimmers are responsible for swimming in assigned heat and lanes. Dive —over starts may be utilized at the discretion of meet management and the Meet Referee. All coaches must present their current USA-S credentials (Card or Deck Pass) when checking in. Any coach not having current credentials will be barred from the pool deck. No exceptions will be made. Deck Pass is acceptable proof of USA Swimming

membership

A coaches meeting will be held on Saturday at 8:45 am.

Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote

swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

<u>DECK CHANGES</u> – (Changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes) <u>are prohibited</u>. Swimmers participating in deck changing could be subject to removal from further competition in the meet.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and / or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Fees: \$6.00 per individual event.

\$12.00 per time trial event. \$9.00 per relay charge.

\$2.00 per swimmer surcharge for each out-of-state swimmer entered.

Late entry fees: \$12.00 per individual event.

\$18.00 per relay charge.

Eligibility: Open to all 2018 registered United States Masters Swimming (USMS) members 18 years

or older as of January 26,2018.

Entries: Entry files must include the swimmers first, and last name, age, USMS Swimming ID number,

and seeding time. There will be a limit of 6 events per day. All swimmers are to meet the minimum time standards for events 200 and over. 200 events – minimum time of 4:00.00, 400 IM – minimum of 7:00.00, 500 Free – minimum time of 8:00.00 and 1000 Free – minimum time of 15:00.00. The 1000 free, 500 free and 400 IM will be deck seeded events that requires a positive check-in and is subject to the GA scratch rule. Also, entries for each session would be limited in order that the session would not exceed the 4 hour session guideline. Swimmers

should submit their best short course times for seeding.

Time Trials: Time trials will be offered. Coaches may see the Head Ref and the Clerk of Course to set up requested time trial. Time trials will be approved and scheduled at the discretion of the Meet

Ref. Time Trial events will be included in the athlete's limit of 6 events per day.

Late entries: Late entries will be accepted by an Administrative Official at the Clerk of Course desk on a first come/first served basis if empty lanes are available. No additional heats will be created for

late entries. The Clerk of Course desk will close 15 minutes prior to the start of the meet.

Any changes or entries received after the entry deadline of Wednesday, January 17, 2018 will be charged on a late entry basis. Late entry fees will be double and late entries will be seeded with no time (NT). Deck entry swimmers who are not already in the meet are required to show proof of current USA Swimming Athlete Membership. The only form of membership

proof acceptable:

1.) A current 2018 USMS Swimming Membership Card

Deck entry fees must be paid prior to the closing of the Administrator Officials desk. No USMS registration will be done at this meet.

Deadline:

Entries must be received no later than 7:00pm on Wednesday, January 17th, 2018.

Entries received after the deadline will not be processed. All scratch and late entries after the deadline must be presented to the clerk of course at the meet. Before any athlete may participate in this meet, CAC must receive check and signed waiver.

Mail entry, check and signed waiver to:

Columbus Aquatic Club P.O. Box 7163, Columbus, GA 31908

Seeding:

With the exception of the 1000FR, 500 Free, 400 IM, all events will be pre-seeded. The 500 Free, 400IM are open to all swimmers 9 and over. the 1000 Free is open to swimmers 11 and over. All swimmers must meet the time minimums for OPEN: All 200's, 500 Free, 400IM and 1000 Free. Although scored separately by age group, the 500 Free, 400 IM, and 1000 Free events may be combined and may be limited to the top 5 heats (40) swimmers for boys and girls based on the total number of entries received. The 1000 Free will be swam alternating girls & boys.

Check-in:

In order for a swimmer to be entered in the 400 IM, 500 Free or 1000 Free, they must positively check in at the clerk of course 30 minutes prior to the start of the session.

Format:

All events will be swum as Timed Finals. All events will be swum slow to fast. Excluding the 500 Free, 400IM and 1000 Free which will be swum fast to slow.

Warm up:

Warm up guidelines, as approved by Georgia Swimming, Inc. will be in effect. The host team will publish and post a detailed lane assignment/warm-up schedule if needed at least twenty-four (24) hours prior to the meet.

Session	<u>Warm-Up</u>	<u>Meet Start</u>
1: Friday PM	4:30PM	5:30PM
2: Saturday & Sunday AM	8:00AM	9:00AM
3: Saturday & Sunday PM	1:00PM	2:00PM

Scoring:

This meet shall be scored according to the USA Swimming 2017 Rules and Regulations. Scores will be assessed for the (16) sixteen fastest times in each event.

Awards:

Ribbons will be awarded for the High Points ONLY. The top (5) five swimmers in both the 8 & under, and 9 - 10 age groups. Ribbons will be awarded for the top (3) three swimmers in the 11 - 12, 13 - 14, and 15 & Over age groups.

Officials:

Meet Referee: Rob Schreer
Starter: Janet Brossett
Administration Official: Kathy Gramling

All officials must present their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership upon checkin. Credentials may be required for deck access and hospitality. Certified officials are welcome and encouraged to work at this meet. Please contact the meet referee @ h2oref@bellsouth.net 10 days prior to the meet if a specific assignment is requested, otherwise report to the meet referee 60 minutes prior to each session.

Liability:

In granting this sanction it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Georgia Swimming Inc., The Columbus Aquatic Club, Inc., USA Pools, and the City of Columbus, Inc, shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

More info:

Prospective teams and participants are encouraged to visit the Columbus Hurricanes team website at www.swimhurricanes.com to view the full meet information, and psych sheets.

Friday, January 26th

SESSION I	Warm Up @ 4:30 PM;	Start @ 5:30 PM
Girls	Events	Boys
1	OPEN 200 IM	2
3	13 – 14 200 IM	4
5	11 – 12 200 IM	6
7	10 & under 200 IM	8
9	8 & under 100 IM	10
11	OPEN 50 Free	12
13	13 - 14 50 Free	14
15	11 – 12 50 Free	16
17	10 & under 50 Free	18
19	11 & over 500 Free*	20

^{* 500} Free will be deck-seeded. 500 Free will be scored by age group: 11-12, 13-14, 15 & over

Saturday, January 27th

SESSION II Warm Up @ 8:00 AM; Start @ 9:00 AM

Girls	Events	Boys
	11 – 12 200 Fly	21
22	13 – 14 200 Fly	23
24	Open 200 Fly	25
	11 – 12 50 Fly	26
27	13 & over 50 Fly	28
	11 – 12 200 Back	29
30	13 – 14 200 Back	31
32	Open 200 Back	33
	11 – 12 100 Breast	34
35	13 – 14 100 Breast	36
37	OPEN 100 Breast	38
	11 – 12 100 Free	39
40	13 – 14 100 Free	41
42	OPEN 100 Free	43
	11 – 12 200 Medley Relay	44
45	13 – 14 200 Medley Relay	46
47	OPEN 200 Medley Relay	48
	11 – 12 400 IM *	49
50	13 – 14 400 IM *	51
52	OPEN 400 IM *	53

^{* 400} IM will be deck-seeded.

SESSION II Warm Up @ 1:00 PM; Start @ 2:00 PM

Events	Boys
11 – 12 200 Fly	
10 & Under 25 Breast	56
10 & Under 50 Fly	58
11 – 12 50 Fly	
10 & Under 100 Back	61
11 – 12 200 Back	
10 & Under 100 Breast	64
11 – 12 100 Breast	
10 & Under 25 Back	67
11 – 12 100 Free	
10 & under 200 Free	70
11 – 12 400 IM	
10 & under 200 Med Relay	73
11 – 12 200 Medley Relay	
	11 – 12 200 Fly 10 & Under 25 Breast 10 & Under 50 Fly 11 – 12 50 Fly 10 & Under 100 Back 11 – 12 200 Back 10 & Under 100 Breast 11 – 12 100 Breast 10 & Under 25 Back 11 – 12 100 Free 10 & under 200 Free 11 – 12 400 IM 10 & under 200 Med Relay

Sunday, January 28th

SESSION IV: Warm Up @ 8:00 AM; Start @ 9:00 AM

Girls	Events	Boys
	11 – 12 200 Free	75
76	13 – 14 200 Free	77
78	Open 200 Free	79
	11 – 12 50 Breast	80
81	13 & over 50 Breast	82
	11 – 12 100 Fly	83
84	13 – 14 100 Fly	85
86	OPEN 100 Fly	87
	11 – 12 100 Back	88
89	13 – 14 100 Back	90
91	Open 100 Back	92
	11 – 12 200 Breast	93
94	13 – 14 200 Breast	95
96	OPEN 200 Breast	97
	11 – 12 50 Back	98
99	13 & over 50 Back	100
	11 – 12 100 IM	101
102	13 & over 100 IM	103
	11 – 12 200 Free Relay	104
105	13 -14 200 Free Relay	106
107	OPEN 200 Free Relay	108
109	11 & over 1000 FREE *	110

^{* 1000} Free will be deck-seeded and swimmer should provide own counter. 1000 Free will be swum together, alternating boys & girls and will be scored by age group: 11-12, 13-14, 15 & over

Sunday, January 28th

SESSION V Warm Up @ 1:00PM; Start @ 2:00 PM

Girls	Events	Boys	
111	10 & Under 25 Free	112	
113	11 – 12 200 Free		
114	10 & Under 50 Breast	115	
116	11 – 12 50 Breast		
117	10 & Under 100 Fly	118	
119	11 – 12 100 Fly		
120	10 & Under 100 Free	121	
122	11 – 12 100 Back		
123	10 & under 25 Fly	124	
125	11 – 12 200 Breast		
126	10 & Under 50 Back	127	
128	11 – 12 50 Back		
129	10 & under 100 IM	130	
131	11 – 12 100 IM		
132	10 & under 200 Free Relay	133	
134	11 – 12 200 Free Relay		
135	10 & under 500 Free *	136	
	* 500 Free will be deck-seeded		

^{* 500} Free will be deck-seeded.

All swimmers must meet the time minimums for OPEN: All 200's, 500 Free, 400IM and 1000 Free. 200 events – minimum time of 4:00.00, 400 IM – minimum of 7:00.00, 500 Free – minimum time of 8:00.00 and 1000 Free – minimum time of 15:00.00.

Masters Entry Form 2018 GA Hurricane Groundhog Meet January 26-28, 2018

Include a copy of your USMS Card!

Last Name:			First Name:	Middle Initial:
Date of birth:		USMS#:	Club Affiliation (NOT GEORGIA MASTERS/GAJA):	•
Gender:	Email address:			
. +6		rouide vous beet Chart Course	Varda (25 Varda) timo for each event you plan to	a antau Marrina

Circle the event number and provide your best Short-Course Yards (25 Yards) time for each event you plan to enter. Maximum of 4 individual events morning session. Maximum 1 individual event afternoon session.

Eve	nt #			Event #				
w	М	EVENT	Time (00:00:00)	w M		EVENT	Time (00:00:00)	
		Session 1 – Friday / Start @	5:30PM			Session 4 – Sunday / Start @ 9:00AM		
1	2	200 IM		78	79	200 Free		
11	12	50 Free		81	82	13 & Over 50 Breast		
19	20	11& Over 500 Free		86	87	100 Fly		
	9	Session 2 – Saturday / Start @ 9:00AM		91	92	100 Back		
24	25	200 Fly		96	97	200 Breast		
27	28	13 & Over 50 Fly		99	100	13 & Over 50 Back		
32	33	200 Back		102	103	13 & Over 100 IM		
37	38	100 Breast		109	110	11 & Over 1000 Free		
42	43	100 Free						
52	53	400 IM						

Total individual events X	\$6.00 =	\$
Time Trials X	\$12.00 =	\$
Total fees submitted		\$

Make Check Payable To: "CAC" "Columbus Aquatic Club"

Mail Entries To: Columbus Aquatic Club

P.O. Box 7163 Columbus, GA 31908

Email Entries To: cachurricanes@gmail.com

Entries must be received on or before 10:00pm, Sunday, Nov 12, 2017

ALL MASTERS SWIMMERS MUST SIGNED THE ATTACHED PARTICIPANT WAIVER
AND RELEASE

OF LIABILITY FORM ON THE NEXT PAGE

MASTERS

PARTICIPANT WAIVER AND RELEASE OF LIABILITY,

ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle)		Date of Birth (mm/dd/yy)
			М	F	
Street Address, City, State, Zip					
Signature of Participant				Date S	Signed

GEORGIA SWIMMING INC. SCRATCH RULE

The Scratch Rule to be used in all Georgia LSC sanctioned meets where the meet format includes preliminary heats, consolation finals and finals, is the "Scratch Rule" as found under "Administrative Conduct of USA Swimming Championships", subsection "Scratch Procedures", subsections "Scratching from finals" and "Exceptions for failure to compete", of the current "USA Swimming Rules and Regulations". An excerpt is provided below. The following Georgia LSC additions listed below apply to all timed final meets as well as all preliminary/finals meets.

Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

Exceptions for failure to compete:

No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Georgia LSC Additions:

Unless otherwise stated in the final sanctioned Meet Information:

- 1. Swimmers that qualify for *any* final heats as announced in the meet information will also be subject to these rules.
- 2. In all deck seeded events, a swimmer who has been checked in either personally or by a team coach, has been seeded and then fails to compete in said event, shall be barred from his or her next individual event, except as noted in "Exceptions for failure to compete" above. This rule also applies only to timed-finals meet events where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for a particular deck-seeded event as specifically stated in the meet information.

- 3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
- 4. Qualifiers for all finals heats are those as identified on the originally posted results of the preliminary heats. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
- 5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
- 6. On the final day of "LSC Championship" competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
- 7. A "Positive check-in procedure" shall be used for all deck seeded events. A swimmer's intent to swim a race shall be denoted by the *swimmer's or swimmer's coach's* initials entered next to the swimmers' names on the official entry sheet posted at the Clerk of Course. Failure to check in shall be considered to indicate that the swimmer *will not compete*.
- 8. In cases where changes to the USAS rules cause conflict with the Georgia LSC additions, USAS rules shall take precedence.

Revised: September 12, 2015