



SOUTHERN MASTERS
“Fun Fest”
Swim Meet

- Date: Saturday December 9, 2017
- Times: Saturday December 9, 2017
Warm-up 11:00 a.m.
Meet Starts 12:00 p.m.
- Sanction: Sanctioned by Southern Masters Swimming for USMS Inc.
- Facility: Earl J. Chris pool located within the Robicheaux Center - 1919 Eraste Landry, Lafayette, LA 70506. 8 lane, 25 yard, indoor pool. 7 feet at starting end and 3 feet at opposite end.
The length of the competition course is not on file with USMS.
Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet. (USMS articles 105.1.7 and 107.2.1).
- Rules 2017 USMS Rules shall govern.
- Eligibility: All participants must be registered with United States Masters Swimming. A copy of your 2017 USMS card is required with the completed entry.
- Entries: Swimmers may enter a maximum of six individual events, plus relays.
- Deadline All mail-in entries must be received by December 7, 2017.
- Fees: \$20.00 per swimmer
- Entries: Prior to December 7, 2017, please mail completed entry form, copy of USMS card, and check (payable to COLA) to:

Sarah Tennison
204 Petroleum Dr.
Lafayette, LA 70508

Deck entries will be accepted day of meet at the discretion of meet director.

Seeding: All events will be seeded slow to fast without regard to age. Women and Men may swim in a combined heat of the 500 depending on number of entries. There will be a short break between relays and distance swims on Saturday.

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44, etc.
Relays 18+, 25+, 35+, 45+, etc.

Scoring: Individual events: 9-7-6-5-4-3-2-1. Relays are double points.

Results: Will be sent out to email address provided

Director: Sarah Tennison (337)781-8622 Email– sctennison@gmail.com

Order of Events

Saturday December 9, 2017
Warm-up 11:00 a.m.
Meet Starts 12:00 p.m.
100 Free
200 Breast
50 Back
100 Fly
100 IM
200 Back
50 BR
200 Free Relay
200 Mixed Medley Relay
500 Free
100 Back
200 IM
50 Free
200 Fly
100 Breast
50 Fly
200 Free
200 Medley Relay
200 Mixed Free Relay

****ENTRY FORM****

**SOUTHERN
MASTERS
“Fun Fest”
Swim Meet**

Sanctioned by Southern Masters Swimming for USMS Inc.,

Name: _____ Age (as of 12/9/2017): _____ DOB: _____ Sex: _____
Address: _____ City/State: _____
E-Mail Address: _____ Zip Code: _____ Phone: _____
USMS #: _____ Team Name: _____ Team Abbreviation: _____

Circle desired event numbers and list seedtime in yards. Limit of six individual events. Relays deck entered. Please check if you would like to be placed on a relay team _____

Saturday, December 9, 2017			
Warm-up 11:00 a.m. Meet 12:00 p.m.			
W	M	Event	Seed Time
1	2	100 Free	
3	4	200 Breast	
5	6	50 Back	
7	8	100 Fly	
9	10	100 IM	
11	12	200 Back	
13	14	50 BR	
15	16	200 Free Relay	xxxxxxxx
17	18	200 Mixed Medley Relay	xxxxxxxx
19	20	500 Free	
21	22	100 Back	
23	24	200 IM	
25	26	50 Free	
27	28	200 Fly	
29	30	100 Breast	
31	32	50 Fly	
33	34	200 Free	
35	36	200 Medley Relay	xxxxxxxx
37	38	200 Mixed Free Relay	xxxxxxxx

* There will be a short break between relays and distance swims.

LIABILITY RELEASE:

The attached PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY

AGREEMENT must be signed and turned in before participating in the swim meet.

\$20.00 per swimmer for one day Send copy of 2017 USMS registration card

Entries must be received by Thursday, December 7 2017

Fees: Payable to COLA

Mail entries to:
Sarah Tennison
204 Petroleum Dr.
Lafayette, LA 70508



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed