

Event Sanctioning

The Masters 1 & 2 mile swims are USMS/PMS sanctioned events. All swimmers must be current 2017 registered members of USMS in order to compete. Membership information may be obtained by contacting the numbers below:

USA Swimming will sanction the youth races. You must have a current USA swimming registration to compete. www.usaswimming.org

USMS/PMS (18 & over) 415/892-0771

Meet Director: Luke Blehm
Lukeblehm@yahoo.com

Water Safety

Swim caps will be provided to all swimmers and will be MANDATORY for the swim. The course will be monitored by both safety boats and paddlers. Individual escorts will not be allowed. A cut-off time will be enforced to ensure that no swimmers will be in the water longer than 1 hour for the one-mile swim, 2 hours for the 2-mile swim. A Safety Meeting for all volunteers and race officials will start at 9:15 A.M.

Mandatory Swimmer Safety briefing at 9:30 am

Course & Water Temperature

Both the one-mile and two-mile courses will be marked by buoys at 200 yard intervals. The expected water temperature of the lake is between 65-70 degrees.



Directions & Parking

All swims start at Brandy Creek Beach. Take Central Redding/299W/Eureka exit. Follow Highway 299 west (toward Eureka) and just as you reach the lake, turn left at the tourist information center. Cross over the dam and continue until you reach Brandy Creek Beach.

Please Note that the National Park Service charges a \$5 daily parking fee. The parking passes may be obtained at the visitor's center or from a vending machine located near the parking lot.

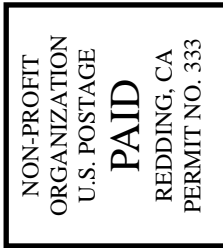


Accommodations

Camping is available at Brandy Creek Campground. There are typically plenty of spaces available in September. Reservations are not accepted.

Suggested Hotels in Redding:

Red Lion: 530/221-8700



Address Service Requested

Redding Swim Team
P.O. Box 992112
Redding, CA 96099

USA Swimming/PacMasters

2017 Whiskeytown Lake Open Water Swim



Sunday
September 10, 2017

Hosted by the
Redding Swim Team

Celebrating 63 years of
competitive swimming!

Fees

	Postmarked by 8/30/2015	Late or Race Day
500 yd	\$30	\$35
1 Mile	\$40	\$45
2 Mile	\$40	\$45
1 and 2 Mile	\$50	\$60
Official T-Shirt	\$15	\$20 (if available)

Checks payable to: Redding Swim Team
Sorry, entry fees are non-refundable.

Fees Include

- ⇒ Swim Cap
- ⇒ Pre & Post Race Refreshments
- ⇒ \$5.00 per swimmer insurance surcharge

Divisions

USA Swimmers for both 1 mile and 2 mile: 13-14, 15-16, 17-18, 11-12 in 1 mile only. 8-10 in 500 yd. only.

Masters (both 1 and 2 mile): typical 5-year age groups starting at age 18 for male & female Entrants must be at least 18 years of age and **registered with USMS** to enter masters events. Cat 2 suits (wetsuits) separated.

Results & Awards

Special awards will be given to the top male and female overall winners in each of the four events. Awards (Whiskeytown Mugs) will also be given for the top three male and female winners in each of the age groups for Masters (USMS/PMS). Category 2 wetsuits not awarded. Awards must be picked up at the race; they will not be mailed.

Registration/Check-In

Registration and check-in opens at 8:00 a.m. All swimmers must check in 45 minutes before the start of their event.

Race day registration will be available at the late registration table if cap is not met.. **All entrants must either mail a photo copy of their USA card with their registration form, or bring it with them on race day.** A completed entry form with the exact entry fee will be appreciated for race day entries. USMS single day registration available.

Start Times

All events start and finish on the beach.
NO LATE STARTERS WILL BE ALLOWED.

Event	Start Time
500 yd USA ages 8-10	10:00 am
1 Mile (USA) ages 11-18	10:45 am
2 mile (USA) ages 13-18	11:15 am

Equipment:

Swimmers wearing type 2 suits (wetsuits) will be scored separately but not awarded. The use of fins, pull buoys, or other swimming devices will result in instant disqualification. Soft hand paddles may only be used as a prosthesis - provided, in the opinion of the Race Director - they do not present a safety hazard to other swimmers.

20167Whiskeytown Lake Open Water Swim Form FOR USA Swimmers

Sanctioned by USA Swimming Sanction # 56-16 You may also enter online at swimconnection

Mail Completed Form To:
Whiskeytown Lake Swim
P.O. Box 992112
Redding, CA 96099

PLEASE PRINT

Name

Address

City

Date of Birth Month Day Year

Age On Race Day

State

Zip

Sex M F

USMS Reg. #

Phone ()

Club Initials

EMAIL ADDRESS:

Fees (Postmarkde by 9/01/2016)

500 yd swim 8-10 \$25

1 mile swim 11-18 \$35

2 mile swim 13-18 \$35

1 (and 2 mile) \$45

T-Shirt size: small med large xl \$15

Total: \$ _____

Make Checks Payable to: Redding Swim Team

1. _____



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

