

2017 FAT SALMON SAFETY PLAN

Saturday July 15th, 2017

1.0 EVENT DESCRIPTION

1.1 General Description

The Fat Salmon Open Water Swim is a 3.2-mile race along the Seattle shoreline of Lake Washington. The course runs south to north, generally between the I-90 and 520 floating bridges. The race starts at the Day Street Boat Ramp directly beneath I-90 at 8:15 am and ends at Madison Park. The last swimmer is expected to finish between 10:15 and 10:30 am

1.2 Swim Race Course

The race course is shown on the map below and will be marked at roughly half-mile intervals with large inflatable buoys that identify the outer (Bellevue or east) edge of the course. Power boats will also be stationed 75 feet beyond the outer edge of the course to further define the route. The inner (shore) and outer edges of the course will be loosely confined to a 100-foot wide channel with each edge bounded by a row of paddleboards and kayaks.



1.3 Expected Race Conditions

Average Lake Washington water temperature at this time of year is typically in the low 70's.

1.4 Race Day Schedule

- 6:15 AM Swimmer Check in opens
- 7:15 AM Swimmer Check in closes
- 7:30 AM Mandatory swimmer Safety Briefing
- 7:45 AM Swimmers depart for Day Street via carpools
- 8:15 AM Race start