



4th Annual Indy Open Water Challenge

Presented by the Runners Forum

June 17, 2017

Hosted by Indy Aquatic Masters

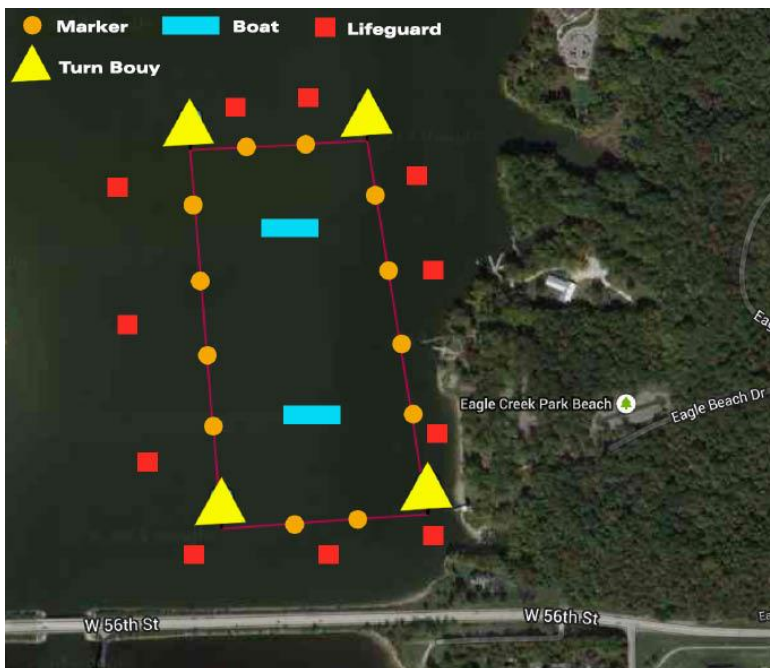
Sanctioned by GRIN for USMS: # Pending



LOCATION: Eagle Creek Park ([Google Maps: West 56th Street, Indianapolis, IN](#)) When heading to the race, take the 56th Street West Exit off of I-465 on the west side of Indianapolis. Travel approximately ½ mile west. The park entrance will be on your right.

VENUE: Eagle Creek Park is an urban park inside metropolitan [Indianapolis, Indiana](#) that offers hiking, biking, boating and swimming, plus lovely wooded expanses. Eagle Creek Park is the 6th largest municipal park in the nation.

OPEN WATER COURSE: Swimmers will be able to select either the 1-mile or 2-mile event. The 1-mile race is one loop; the 2-mile race completes 2 loops of the circuit. **Both races will feature an in-water start and a beach finish.**



COMPETITION SCHEDULE:

6:00am	Eagle Creek Park Opens for Swimmers
6:30am	Registration / Body Markings
7:00am	Safety / Lifeguards/ Officials Meeting
7:45am	Mandatory Pre-race meeting on the beach
8:15am	15 Minute Warm UP
8:40am	Stage Elite Wave
8:45am	Start Elite Waves 1-Mile & 2-Mile (<25 minute miles)
8:50am	Start General Waves 1-Mile & 2-mile (>25 minute miles)
10:30am	Course Cleared / Awards / Collect Bouys
11:00am	End of Event

Note: Pre-race meeting and race start times are approximate and may be adjusted based on the total number of entries received.

WATER TEMPERATURE: Expected to be 70-80 degrees.

SAFETY – OUR PRIMARY CONCERN: Safety boats will monitor the entire course and medical personnel will be on – site. Swimmers must wear the swim cap provided; have their race number on their arms, backs, and legs; wear the timing chips provided for both wrists; and follow all announced safety rules and procedures without exception. In case of inclement weather, or any other factors that may arise, an event committee composed of the event directors, referee, and a senior member of the Local Organizing Committee may modify starting times or cancel events. There will be NO REFUNDS for cancellation of the event due to weather or water quality issues that are out of our control.

PRE-RACE: A pre-race meeting will take place on the beach at approximately 7:45 a.m. **All participants must attend.** Please refer to course map.

EQUIPMENT: All participants will be provided with a swim cap, **which must be worn during the race.** Wetsuits are permitted but will not be included in award determination. Support craft other than designated event craft are not permitted. Persons allergic to latex should plan to wear a silicone cap beneath their race cap.

CHECK-IN: Check-in will take place at the Eagle Creek Shelter prior to the pre-race meeting. Racing chips will be issued to all competitors. Please note that **racing chips must be worn on your ankle when crossing the finish line** in order for your time to be properly recorded. If you carry your chip in your hand, or any place other than your ankle, the equipment will not detect your finish time, and as a result, you will not receive a time or place.

ELIGIBILITY: The meet is open to anyone 18 and older. All entrants must be registered with U.S. Masters Swimming or a member of a FINA-recognized National governing body. One-event forms must be completed by anyone not currently registered with U.S. Masters Swimming and the waiver release signed.

RULES: Current 2017 U.S. Masters Swimming rules will govern the conduct of this meet.

TIME LIMIT: **Maximum time permitted to complete the race is 2 hours.** Swimmers still in the water after 2 hours will be notified that the race is over and asked to leave the water. Results will show their time as DNF (did not finish).

AGE GROUPS: The age of the swimmer on the day of the swim will determine the age group. Age categories are 18-24, 25-29, 30-34, etc.

ENTRY LIMITS: **The event is limited to the first 500 registrants.** We will maintain a waiting list in case early registrants drop out early enough to notify others. Only the first 100 entries are guaranteed a race T-shirt, unless entries are received prior to the early registration deadline. *The early registration deadline is Tuesday, April 11, at 11:59 PM EDT.*

ENTRIES: Online registration through Club Assistant:

https://www.ClubAssistant.com/club/meet_information.cfm?c=1526&smid=8819

Online entries will be accepted until Tuesday, June 13 at 11:59pm EDT, or until event limit is reached. *There will be NO RACE DAY ENTRIES.* Only the first 100 entries are guaranteed a race T-shirt, unless received prior to the early registration deadline. Early registration entry deadline is Tuesday, April 11, at 11:59pm EDT.

Swimmers may also register in person at any [Runners Forum location](#). *Entries completed in a Runners Forum store will receive \$10 off the entry fee. All entries MUST be received by Tuesday, June 13 at 11:59pm EDT.* For assistance completing your online registration, please contact Karen Gernert (317-340-1001/kgernert@indyaquaticmasters.com).

ENTRY FEES:

- **Early** \$50 (Until 11:59pm EDT on Tuesday, April 11)
- **Late** \$65 (Wednesday, April 12 to 11:59pm EDT on Tuesday, June 13)

Swimmers may also register in person at any [Runners Forum location](#). *Entries completed in a Runners Forum store will receive \$10 off the entry fee.*

SEEDING: Swimmers will be staged in waves fastest to slowest by 1650-yard or 1500-meter seed times. “No Time” entries will not be accepted. Once seeding has been completed, there can be NO CHANGES. Please enter accurate times with no adjustments.

RESULTS: Results will be posted at the Eagle Creek Shelter / Awards area immediately following the completion and on the Indy Aquatic Masters website.

SCORING: No team scores will be kept.

AWARDS: Awards will be given to the 3 places, male and female, for each distance. All participants who finish will be awarded a finisher medal.

AWARDS PRESENTATION: Awards will take place at the Eagle Creek gazebo located near the wooded picnic area. Post-race food and beverages provided by Indy Aquatic Masters.

T-SHIRTS: Complimentary commemorative t-shirts will be given to the first 100 entrants. Once 100 entries are received, swimmers will be able to pre-order their commemorative t-shirts. A limited quantity will also be on sale at the event.

HOT DRINKS & SNACKS: Hot coffee will be available before and after the swim to help you keep warm. We will also offer modest snacks for our volunteers, many of whom are on duty long before swimmers arrive. Swimmers may snack too, but these snacks are limited and NOT intended to serve as your breakfast or lunch.

DIRECTIONS: **Google Maps:** [Eagle Creek Park: West 56th Street, Indianapolis, IN](#). To get to Eagle Creek Park, head to the west side of Indianapolis on I-465. Take the 56th Street West exit off of I-465. Travel approximately ½ mile west and the park entrance will be on your right.

PARKING: Parking fees are included in the entry fee. Parking passes will be emailed to participants and volunteers prior to the event.

EVENT DIRECTORS: Mel Goldstein - goldsteinmel@sbcglobal.net / Dean Hawks - d23hawks@yahoo.com

EVENT PERSONNEL:

Race Referee: Lucy Duncan

Race Marshall: Dean Hawks

Safety Director: Meg Carlson

Medical Director: Steve Hartsock

QUESTIONS: For questions or additional information, please contact Karen Gernert at kgernert@indyaquaticmasters.com.

EVENT WEBSITE: www.indyaquaticmasters.com



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ENTRY INFORMATION

Name: _____ Gender: _____ Age: _____ DOB: _____

Address: _____

Phone: _____ Email: _____

USMS#: _____ Team: _____

Distance: _____ 1 Mile _____ 2 Mile (Please Choose One)

Estimated Finish Time: _____

T-Shirt Size: S M L XL XXL (Please Circle One)

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Entry Fee (Prior to April 11) - \$50

Late Entry Fee (April 12 - June 13) - \$65

Online registration through Club Assistant –

https://www.ClubAssistant.com/club/meet_information.cfm?c=1526&smid=8819

Swimmers may also register in person at any [Runners Forum location](#). Entries completed in a Runners Forum store will receive \$10 off the entry fee. All entries MUST be received by Tuesday, June 13, at 11:59PM EDT.

For assistance completing the online registration process, please contact Karen Gernert at 317-340-1001 or kgernert@indyaquaticmasters.com.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed

Revised 07/01/2014