



2017 Del Valle Open Water Festival 5km / 10km swims

Saturday, June 10th, 2017 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # TBD



Location of Event

The Del Valle Regional Park, Livermore, CA., is located on Del Valle Road off Mines Road. From I-580 take the North Livermore Av exit and head south 3.9 mi (North Livermore Av will become South Livermore Av). Turn right onto Mines Road. Go 3.5 miles and continue straight on Del Valle Road (Mines Road turns left). Drive 4 miles over the hill to the park entrance (there is a parking fee). After the entrance go right and park near the lake.
www.ebparks.org/parks/delval.htm



Race Start/Cutoff Times

The 10km swim starts at 8:00 A.M. / 5km swim begins at 8:10 A.M. There will be one wave for the 10km and one wave for the 5km race. Race start times are approximate. Cutoff time will be 11:30 P.M. for both races. **10km swimmers not passing turn buoy 6 after their third lap 2 1/2 hours from the start will be directed to swim to shore from turn buoy 6.** Registration is from 6:30 to 7:30 A.M. The waves will be denoted by different color caps and start 10 minutes apart.

Course/Feeding: The 10km race will be four loops of a 2.5 km course. The 5km race will be two loops. A feeding station will be provided in the water at the 2.5km marker (start buoys) with water, electrolyte replacement and energy gel. Individual escort kayaks are not allowed.

Awards

USMS 10km and 5km swim - Medals will be given to the first 3 finishers in each sex/age in the Category 1 (non-wetsuit division) (19-24, 25-29, etc). **Category 2 (Wetsuit Division):** Medals will be given to the first 3 men and the first 3 women in the wetsuit division in each race. Preliminary results for both races will be posted on site 30 min after the last swimmer in the 10km race finishes. Official results will be posted on www.trivalleymasters.com and www.pacificmasters.org (See USA Swimming Entry Form for Details of USA Swimming Races)

Conditions/Safety

Expected water temperature: 67-73 degrees. Each course is patrolled by safety craft. Participants should be adequately trained for open water swims of this length. Previous experience in similar water conditions is highly recommended. All swimmers must wear the provided swim cap and follow all USMS rules. **Warm-up in designated roped in swim area only—swimming outside of this area for warm up will result in disqualification.**

ALL SWIMMERS MUST CAREFULLY READ AND SIGN A WAIVER TO PARTICIPATE

Race participant entries for the 5K/10K is limited to 350 total swimmers.
Online and race day registration will be closed when this limit is met.

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918



2017 Del Valle Open Water Festival
5km / 10km swim
Saturday, June 10, 2017 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # Pending

Register Online at www.teamunify.com/dvowf

The information to register and fees are shown below

Last Name _____	First Name _____	USMS# _____
Address _____		Phone _____
E-Mail _____		Club _____
Date of Birth _____ Circle Gender M W		
Estimated 1650/1500 (mile) time for waves seeding _____ (A blank time entry will be placed in the 2 nd or 3 rd wave). We will randomly check the USMS database to validate times. Please be accurate.		
<u>Emergency Contact:</u>		
Name _____ Relationship: _____ Contact # _____		

Select races: <input type="radio"/> 5km <input type="radio"/> 10km	Pre-race (10k must be pre-entered by 5/27/17) (Online processing fee waived prior to 5/10/17)	\$75 \$ _____
Wet-suit: <input type="radio"/> Yes <input type="radio"/> No	Race day registration for 5km only (if race limit is not filled)	\$85 \$ _____
T-shirt - Circle size: S M L XL	Pre-order: T-shirt	\$10 \$ _____
T-shirt - Gender: Male/Female	All Sales Final. No Refunds.	Total \$ _____

******* Attach or Enclose copy of USMS Card with Entry *******

Online processing fee of \$5.00 waived on all online entries prior to 11:59PM on 5/10/17.

Online registration for the 10K closes 11:59PM on 5/27/17 or when race participant limit of 350 swimmers for the 5K and 10K combined is reached. No race day entries allowed for the 10K.

Online registration for the 5K closes 11:59PM on 6/8/17 or when race participant limit is reached.

NO REFUNDS

Membership in United State Masters Swimming (USMS) is required to participate in this event for liability insurance purposes. To register with USMS, see the USMS website <http://www.usms.org/reg>. You may also obtain USMS membership on race day.

**ALL SWIMMERS MUST CAREFULLY READ AND SIGN A
WAIVER TO PARTICIPATE**

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918



2017 Del Valle Open Water Festival 1.2km / 2.5km swim

Sunday, June 11, 2017 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # Pending



Location of Event

The Del Valle Regional Park, Livermore, CA., is located on Del Valle Road off Mines Road. From I-580 take the North Livermore Av exit and head south 3.9 mi (North Livermore Av will become South Livermore Av). Turn right onto Mines Road. Go 3.5 miles and continue straight on Del Valle Road (Mines Road turns left). Drive 4 miles over the hill to the park entrance (there is a parking fee). After the entrance go right and park near the lake.
www.ebparks.org/parks/delval.htm



Race Start/Cutoff Times: The 1.2km swim begins at 8:30 A.M. and the 2.5km swim begins at 10:00 A.M. Race start times are approximate. Cutoff times are 50 minutes for the 1.2km swim and 90 minutes for the 2.5km swim. Registration is from 6:45 to 9:15 A.M. Registration for the 1.2km race will close at 8:00AM. Swimmers will be seeded in waves fast to slow. "No Time" entries will be seeded in the slowest wave. Wetsuits will be seeded in a separate wave. The waves will be denoted by different color caps and start 5-10 minutes apart.

Awards: USMS 1.2km and 2.5km Swim - Medals will be given to the first 3 finishers in each sex/age in the Category 1 (non-wetsuit division) (19-24, 25-29, etc). **Category 2 (Wetsuit Division):** Medals will be given to the first 3 men and the first 3 women in the wetsuit division in each race. Preliminary results for both races will be posted on site 30 min after the last swimmer in the 2.5km race finishes. Official results will be posted on www.trivalleymasters.com and www.pacificmasters.org

Conditions/Safety: Expected water temperature: 67-73 degrees. Each course is patrolled by safety craft. Participants should be adequately trained for open water swims of this length. Previous experience in similar water conditions is highly recommended. All swimmers must wear the provided swim cap and follow all USMS rules. **Warm-up in designated roped in swim area only—swimming outside of this area for warm up will result in disqualification.**

**ALL SWIMMERS MUST CAREFULLY READ AND SIGN A
WAIVER TO PARTICIPATE**

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918



2017 Del Valle Open Water Festival
1.2km / 2.5km swim
Sunday, June 11, 2017 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # - and #

Register Online at www.teamunify.com/dvowf

The information to register and fees are shown below

Last Name _____	First Name _____	MI _____	USMS# _____
Address _____		Phone _____	
E-Mail _____		Club _____	
Date of Birth _____	Circle Gender M W		
Estimated 1650/1500 (mile) time for waves seeding _____ (A blank time entry will be placed in the 2 nd or 3 rd wave). We will randomly check the USMS database to validate times. Please be accurate.			
<u>Emergency Contact:</u>			
Name _____		Relationship: _____	Contact # _____

Select races:	<input type="radio"/> Both	<input type="radio"/> 1.2km	<input type="radio"/> 2.5km	<i>Pre-race</i>	\$45 for one; \$55 for both \$ _____
				(Online processing fee waived prior to 5/10/17)	
Wet-suit:	<input type="radio"/> Yes	<input type="radio"/> No		<i>Race day registration:</i>	\$60 for one; \$70 for both \$ _____
T-shirt - Circle size:	S M L XL			<i>Pre-order:</i>	T-shirt \$10 \$ _____
T-shirt - Gender:	Male/Female	All Sales Final. No Refunds.			Total \$ _____

Online processing fee of \$5.00 waived on all online entries prior to 11:59PM on 5/10/17.

Online registration closes 11:59PM on 6/8/17

NO REFUNDS

Membership in United State Masters Swimming (USMS) is required to participate in this event for liability insurance purposes. To register with USMS, see the USMS website <http://www.usms.org/reg>. You may also obtain USMS membership on race day.

**ALL SWIMMERS MUST CAREFULLY READ AND SIGN A
WAIVER TO PARTICIPATE**

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918