

# RAMS Spring Masters Swim Meet at RIT

Hosted by Rochester Area Masters and RIT Swim Team

Sanction # 047-S003

SUNDAY, March 26, 2017

**CHECK-IN 8:15 am – WARM-UP 8:30 am – First Event (25 Fly) STARTS 9:30 am**

**500 Free Check-in Deadline: 9:00 am**  
**1000 Free Check-in Deadline: before Event 16**

\*Events will be mixed (men and women) and timed finals seeded slowest to fastest by time except for the 1000 Free which will be swum mixed, fastest to slowest. Events 3 & 21 may be deck-seeded.

\* Events may be swum in 8 lanes, if needed. *All events, including the 25s, will start from the blocks.*

\*Open to all USMS and MSC registered swimmers 18 and older as of March 26,2017. Online registrations at <http://www.usms.org/reg/>; one-event USMS registration is available online ONLY. \*Relays **ONLY** may be deck-entered, at no charge\*. Swimmers are limited to **6 individual events**, excluding relays.

**ENTRY FEE** is \$25 plus \$2 per event for up to 6 individual events. Your credit card will be charged by 'Club Assistant.com Events'

**SUBMIT YOUR ENTRY ONLINE:** [https://clubassistant.com/club/meet\\_information.cfm?c=2258&smid=8475](https://clubassistant.com/club/meet_information.cfm?c=2258&smid=8475)

**ENTRY DEADLINE:** Wednesday, March 22, midnight

**FACILITY:** Judson Pool in the Gordon Field House on the RIT campus (Rochester NY). This is a new 8-lane, 25-yd pool with non-turbulent lane lines, electronic timing and separate diving pool for continuous warm-up or warm-down. Take exit 46 off the NYS Thruway; proceed N to Exit 13 (Hylan Dr). Take a left onto Hylan and continue N to Jefferson Rd (Rt 252). Proceed west (left) 1 mi to first entrance to RIT main campus. Turn right and park in D-lot. For Mapquest directions, go to <http://inside.rit.edu/maps/>.

*(The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.)*

**Contact Information:** Lorie Rick  
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**Order of Events**

<u>Event #</u>	<u>Event Name</u>	<u>Seed Time</u>	<u>Event#</u>	<u>Event Name</u>	<u>Seed Time</u>
1	25 Fly (nonconforming event)	_____	12	50 yd Breast	_____
2	25 Free (nonconforming event)	_____	13	400 yd IM	_____
3	500 yd Free	_____	14	100 yd Free	_____
4	100 yd IM	_____	15	50 yd Fly	_____
5	200 yd Fly	_____	16	200 yd Back	_____
6	100 yd Back	_____		<b>10 min Break</b>	
	<b>10 min Break</b>		17	50 yd Free	_____
7	200 yd Free	_____	18	100 yd Fly	_____
8	100 yd Breast	_____	19	200 yd Breast	_____
9	50 yd Back	_____	20*	200 yd Medley Relay	_____
10	200 yd IM	_____	21	1000 yd Free**	_____
11*	200 yd Free Relay	_____		**swum fast to slow	
	<b>10 min Break</b>				

**Online entries only:**

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**ENTRY FEE:** \$25 surcharge + \$2 per event

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