



Your **Medicare Health** Team

GNOSO Diamond-Level Sponsor

2017

GREATER NEW ORLEANS DISTRICT
SENIOR OLYMPIC GAMES

February 10 – April 19

Individual Entry Form

Register online at www.gnoso.net

2017 Requested Entry Deadline: February 3, 2017

(TO GUARANTEE T-SHIRT SIZE)

Mission: Our Mission is to provide Seniors over the age of 49, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle.

Life Begins at 49!



GREATER NEW ORLEANS SENIOR OLYMPIC GAMES FEBRUARY 10 - APRIL 19, 2017 (DATE ORDER)									
DATE	DAY	EVENT	CHECK-IN	START	SITE	ADDRESS	CONTACT	504	
2/10	Friday	Table Tennis	8:30	9:00	Bridge City	400 11 th St.	Bridge City, 70094	Janey	296-8200
2/11	Saturday	Basketball Ladies	8:30	9:00	Little Farms	10301 South Park St.	River Ridge, 70123	Ann	828-9766
2/11	Saturday	Basketball Men	1:00	1:30	Little Farms	10301 South Park St.	River Ridge, 70123	Jim	430-3284
3/2	Thursday	Bridge	9:00	9:30	Metairie G.A. Center	1521 Palm St.	Metairie, 70005	Carolyn	885-5193
3/4	Saturday	Bocce	8:00	9:00	Ital. Amer. Bocce Club	2340 Severn Ave.	Metairie, 70001	Howard	885-0635
3/5	Sunday	Tennis	Check web-site		City Park/Pepsi Courts	5900 Marconi Dr.	New Orleans, 70124	Bill	427-3334
3/5	Sunday	Texas Hold 'Em	1:00	2:00	Mike Miley Playground	6716 W. Metairie Ave.	Jefferson, 70003	Janey	296-8200
3/7	Tuesday	Shooting	8:30	9:00	St. Bernard Indoor Shooting Center	212 Aycock St.	Arabi, 70032	Bill	888-7044
3/8	Wednesday	Bean Bag Baseball	8:30	9:00	Val Reiss Center	899 Magistrate St.	Chalmette, 70043	Susan	887-5842
3/9	Thursday	Billiards	10:00	10:30	Corner Pocket	2424 Williams Blvd.	Kenner 70062	Sonya	278-7335
3/10	Friday	SENIOR EXPO			PONTCHATRAIN CENTER	9:00am till 2:30pm			450-9506
3/11	Saturday	Weightlifting	10:30	11:00	Capitano's	5524 Yale St.	Metairie, 70003	Sean	717-0146
3/11	Saturday	Arts & Crafts	1:00	1:30	Estelle Sr. Center	5012 Ehret Rd.	Marrero, 70072	Mattie	436-7340
3/14	Tuesday	Darts Men 8:30 /Ladies 10:00	M 8:30	L 10:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Neil	201-2010
3/15	Wednesday	Washer Pitch	8:30	9:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Joyce	341-6439
3/18	Saturday	Cycling	7:30	8:00	Abita	Across from Abita Town Hall		Robin	908-8771
3/18	Saturday	Horseshoes 55, 65, 75, 85, 90	9:00	9:30	Waggaman Pits	516 Dandelion Dr.	Waggaman, 70094	Landry &	431-9092
3/18	Saturday	Horseshoes 50, 60, 70, 80,	12:30	1:00	Waggaman Pits	516 Dandelion Dr.	Waggaman, 70094	Jenny	431-9092
3/19	Sunday	Swimming	9:00	10:00	UNO Aquatic Center	6801 Franklin Ave	New Orleans, 70148	Ellen	737-4262
3/21	Tuesday	Miniature Golf	10:00	10:30	City Putt @ City Park	8 Victory Dr.	New Orleans, 70124	Howard	885-0635
3/22	Wednesday	Shuffleboard/Dou 55,65,75,85,90	8:30	9:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Bill	985 785-0950
3/22	Wednesday	Shuffleboard /Dou 50, 60, 70, 80	1:00	1:30	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Bill	985 785-0950
3/23	Thursday	Shuffleboard / Singles	8:30	9:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Bill	985 785-0950
3/25	Saturday	Softball	9:30	10:00	LaSalle Park	6600 Airline Dr.	Metairie, 70003	Henry	401-3688
3/26	Sunday	Co-Ed Cabbage Ball	10:00	10:30	JPRD Softball Complex	6928 Saints Dr.	Metairie, 70003	Tammy	484-7019
3/27	Monday	Golf	8:30	9:00	Lakewood Golf Club	4801 Gen. De Gaulle	New Orleans, 70131	Jerry	885-8330
3/28	Tuesday	Bowling (Mix Doubles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	341-1876
3/31	Friday	Throws Men	9:00	9:30	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Thais	835-1562
3/31	Friday	Throws Ladies	12:30	1:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Thais	835-1562
4/1	Saturday	5K Run, Racewalk	7:00	7:30	West Bank Bridge Park	Under I 310 Bridge	Luling, 70070	Ellen	737-4262
4/1	Saturday	Archery	8:30	9:00	Bridge City	400 11 th St.	Bridge City, 70094	Claude	467-8140
4/1	Saturday	Pickleball	7:30	8:00	Pelican Park	63350 Pelican Blvd.	Mandeville, 70448	Linda	616-6771
4/2	Sunday	Track & Field	8:00	9:00	Joe Brown Memorial Park	5601 Read Blvd.	New Orleans, 70127	Paul	458-6766
4/4	Tuesday	Bowling (Doubles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	452-9623
4/8	Saturday	Volleyball Ladies	8:00	8:30	Coquille Park	13505 LA-1085	Covington, 70433	Janey	296-8200
4/8	Saturday	Volleyball Men	8:30	9:00	Coquille Park	13505 LA-1085	Covington, 70433	Janey	296-8200
4/9	Sunday	Team Dance	1:00	1:30	Pontiff Playground	1521 Palm St.	Metairie, 70005	Starryllyne	494-5470
4/9	Sunday	TRACK & FIELD	RAIN DATE		Joe Brown Memorial Park	5601 Read Blvd.	New Orleans, 70127	Paul	458-6766
4/11	Tuesday	Bowling (Singles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	341-1876

APRIL 19, WEDNESDAY CELEBRATION OF ATHLETES BANQUET
THE FOUR COLUMNS 3711 WESTBANK EXPRESSWAY



GREATER NEW ORLEANS DISTRICT

SENIOR OLYMPIC GAMES

Program Director: Janey (504) 296-8200 jperez.gnoso@gmail.com
 Treasurer: Bernice (504) 834-5279 Bernicebordelon1@aol.com

GNO Senior Olympics
 P.O. Box 6255
 Metairie, LA 70009-6255
 GNOSO Website: www.gnoso.net

GENERAL ENTRY INFORMATION

DATES:

Friday, February 10, - Wednesday, April 19, 2017

REGISTRATION: Register online, or return the attached entry form, fees and signed liability waiver by suggested entry deadline, **February 3, 2017.**

FEES:

Entry Fee (for three [3] sports)*	\$ 25.00
Each additional sport	\$ 3.00

*Official t-shirt and banquet are included.

ADDITIONAL fees are REQUIRED if you sign up for the following sports:

Bocce	\$ 5.00
Bowling (per day)	\$ 8.00
Golf	\$ 35.00
Miniature Golf	\$ 6.00
Tennis	\$ 5.00
Additional banquet guests: Each	\$ 10.00
5K Run & Race Walk (Mississippi Bridge Run)	\$ 15.00

ELIGIBILITY: Any person 49 years or older as of December 31, 2017 is eligible to participate. Athletes 40 and over may sign up for Track & Field, Basketball and Softball events.

AGE GROUPS: 49-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2017. Age divisions for doubles/teams determined by youngest partner/member.

EVENT SELECTION: It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

CANCELLATIONS/ POSTPONEMENTS:

Game officials reserve the right to cancel or postpone events due to inclement weather, unusual circumstances or insufficient entries. All changes in the scheduled events will be posted to www.gnoso.net

ENTRY DEADLINE: February 3, 2017 (unless indicated in special instructions section of event schedule). No refunds given after February 3, 2017.

AWARDS: Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

TEAMS AND DOUBLES: Each member must submit an individual signed application, release and entry fee.

Team captains must submit a team roster for the team to be eligible for team competition.

PARTNER FIND

Are you looking for a partner in a sport that is doubles or four to a team? In most cases, the venue coordinator will make every effort to find you a partner. You may contact the coordinator before the event (*all coordinators and their phone numbers are listed in this packet*); however, this is not necessary. Every effort will be made to place you with someone.

YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS.

GUESTS: Family and friends are welcome and encouraged to attend all events free of charge.

EVENT ADDRESS AND PHONE NUMBER INFORMATION

EVENT SITE	ADDRESS	CITY, ZIP	PHONE
Abita Town Hall	22161 Level St.	Abita Springs,	
Belle Terre Playground	5600 Belle Terre Rd.	Marrero, 70072	504 349-5044
Bridge City Playground	400 11 th St.	Bridge City, 70094	504 736-8466
Capitano's Tennis & Athletic Club	5524 Yale St.	Metairie, 70003	504 455-4754
City Park/Pepsi Tennis Courts	5900 Marconi Dr.	New Orleans, 70124	504 483-9383
City Putt @ City Park	8 Victory Dr.	New Orleans, 70124	504 483-9385
Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	504 737-2400
Corner Pocket	2424 Williams Blvd.	Kenner, 70062	504 469-2003
Coquille Park	13505 LA-1085	Covington, 70433	985 892-9829
Estelle Senior Center	5012 Ehret Rd.	Marrero, 70072	504 341-4444
Four Columns	3711 Westbank Expy.	Harvey, 70058	504 340-4109
Italian American Bocce Club	2340 Severn Ave.	Metairie, 70001	504 838-7123
JPRD Girls Softball Complex	6928 Saints Dr.	Metairie, 70003	
Joe Brown Park	5601 Reed Blvd.	New Orleans, 70127	
Jefferson Gym & Golden Age Center	4100 South Dr.	Jefferson, 70121	504 838-1032
Lakewood Golf Club	4801 General De Gaulle	New Orleans, 70131	504 373-5926
LaSalle Park	6600 Airline Dr.	Metairie, 70003	504 731-4726
Little Farms Playground	10301 South Park St.	River Ridge, 70123	504 736-8470
Metairie Golden Age Center	1521 Palm St.	Metairie, 70005	504 838-1035
Mike Miley Playground	6716 West Metairie Ave.	Metairie, 70003	504 736-8461
Pelican Park	63350 Pelican Blvd.	Mandeville, 70448	985-626-7997
Pontiff Playground	1521 Palm St.	Metairie, 70005	504 838-1035
St. Bernard Indoor Shooters Club	212 Aycock St.	Arabi, 70032	504 982-5433
University of N. O. Aquatic Center	6801 Franklin Ave.	New Orleans, 70148	504 280-7238
Val Reiss Multi Purpose Center	899 Magistrate St.	Chalmette, 70043	
Waggaman Gym & Horseshoe Pits	516 Dandelion Dr.	Waggaman, 70094	504 736-8468
West Bank Bridge Park (Mississippi Bridge Run)	Under I-310 Bridge	Luling, 70070	

Register online at www.gnosso.net

Please check the website for any changes
and start times for your age group

**YOU ARE TO SHOW UP AT YOUR EVENT
UNLESS NOTIFIED BY GAME COORDINATORS.
YOU WILL NOT RECEIVE CONFIRMATION**

INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM
RETURN THIS FORM, AFTER COMPLETING AND INCLUDE ALL FEES

Mail to: Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

Last Name: _____ **First Name:** _____ **MI** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____ **Parish:** _____ **Home Phone:** _____ **Cell Phone:** _____

Email: _____

Male **Female** **Age as of** 12/31/17 **Date of Birth:** _____ / ____ / ____

PARTICIPANT WAIVER SIGN BELOW

In consideration of being allowed to participate in any way in the Greater New Orleans District Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist.
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation.
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately.
4. I, for myself and on behalf of my/or heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Greater New Orleans Senior Olympics, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), with RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Greater New Orleans Senior Olympics the right to use any pictures taken of me during the Greater New Orleans Senior Olympics without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

 YES, I would like to continue to receive a paper registration form.

PRINT NAME:	
SIGNATURE:	DATE:

2017 ENTRY FEE SCHEDULE

RETURN THIS PAGE with CHECK or MONEY ORDER with fees to:

Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

REGISTER ONLINE at WWW.GNOSO.NET

Entry fees must be sent with this form to be eligible.

Entry Fee (allows participation in up to 3 Sports):	\$25.00	\$ 25.00
\$3 for each additional sport:	____ x \$3.00	\$ _____
<u>Sports Requiring an Additional Fee over the Entry Fee:</u>		
Bocce Fee: _____	\$ 5.00	\$ _____
Bowling Fee: (Singles, Doubles or Mixed Doubles) _____ each	\$ 8.00	\$ _____
Golf Fee: _____	\$ 35.00	\$ _____
Miniature Golf: _____	\$ 6.00	\$ _____
Tennis Fee: (Balls Provided) _____	\$ 5.00	\$ _____
*5-K Run & Race Walk (NORSI Event, SEE *Note below)	\$ 15.00	\$ _____
<u>I WILL ATTEND THE BANQUET:</u> [] YES [] NO		N/C
Participants must check in at the door...		
I will bring _____ guest(s) @ \$10.00 each PAYABLE AT DOOR ONLY		
To Help Support GNOSO, I have enclosed a donation of _____ \$ _____		
(All donations are tax deductible)...Thank You!!		
TOTAL AMOUNT ENCLOSED _____ \$ _____		
Make Checks Payable to: GNOSO		
Check shirt size preference []S []M []L []XL []2XL []3XL <i>(Size not guaranteed after 2/3/17)</i>		
YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS		

***United Way Mississippi River Bridge 5K Run/Walk:**

GNOSO will enter you in the NORSI Event. Get both shirts on the day of the race.

NOTE:

This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation.

REGISTER ONLINE at WWW.GNOSO.NET

Mail Entry Form and Fees to:
GNO Senior Olympics
P.O. Box 6255
Metairie, LA 70009-6255
(Include pages 5, 6, 7 and 8.)
Team Captains, call Janey for team roster.
504 296-8200

REGISTER ONLINE at WWW.GNOSO.NET

2017 INDIVIDUAL SPORTS

5K Run **5K Race Walk** United Way
Mississippi River Bridge Run by NORSI–
NOTE: If you Register for this event through GNOSO you will save \$10.00 on the entry fee and get both the NORSI race T-Shirt and the GNOSO T-Shirt with admittance to the GNOSO Banquet that includes food and entertainment. For more information see page 11.

ARCHERY Barebow
 Compound Barebow Recurve Barebow
 Compound Fingers Compound Release

ARTS & CRAFTS – Circle Categories
Needlework, Ceramics, Woodworking,
Photography, Painting Beading/Jewelry

BASKETBALL 3 ON 3 **MEN FULL CT. 5 ON 5**

BILLIARDS

BOWLING Singles
 Mixed Doubles (Partner _____)
 Doubles (Partner _____)

BRIDGE (card game)

CABBAGE BALL (Co-Ed) **You will be placed on team**

CYCLING **5K** **10K**

DARTS

GOLF (Stroke Play)

HORSESHOES

MINIATURE GOLF

PICKLEBALL
 Doubles (Partner _____)
 Mixed (Partner _____)

SHOOTING Rifle Pistol

SHUFFLEBOARD Singles
 Doubles (Partner _____)

(Return this page with your entry.)

SWIMMING **Women** **Men** ***USMS#** _____
(Events listed in order as they will occur on day of Event.
Women precede men.) Limit 6 events.

Event	Seed Time
<input type="checkbox"/> 100y Butterfly	_____
<input type="checkbox"/> 50y Freestyle	_____
<input type="checkbox"/> 100y Breaststroke	_____
<input type="checkbox"/> 200y Backstroke	_____
<input type="checkbox"/> 200y Freestyle	_____
<input type="checkbox"/> 50y Butterfly	_____
<input type="checkbox"/> 50y Breaststroke	_____
<input type="checkbox"/> 200y Individual Medley	_____
<input type="checkbox"/> 100y Backstroke	_____
<input type="checkbox"/> 100y Freestyle	_____
<input type="checkbox"/> 100y Individual Medley	_____
<input type="checkbox"/> 50y Backstroke	_____
<input type="checkbox"/> 200y Breaststroke	_____
<input type="checkbox"/> 500y Freestyle	_____

The length of the course is in compliance and on file with USMS in accordance with Article 105.1.7 and 107.2.1, but as a bulkhead course is subject to length confirmation.
Eligibility of times for USMS top 10 and records will be contingent on verification of bulkhead placement.

*USMS number not mandatory

TRACK & FIELD EVENTS

Track Events	Field Events
<input type="checkbox"/> 50m Dash	<input type="checkbox"/> Long Jump
<input type="checkbox"/> 100m Sprint	<input type="checkbox"/> Triple Jump
<input type="checkbox"/> 800m Race Walk	<input type="checkbox"/> High Jump
<input type="checkbox"/> 800m Run	<input type="checkbox"/> Javelin
<input type="checkbox"/> 200m Run	<input type="checkbox"/> Discus
<input type="checkbox"/> 1500m Race Walk	<input type="checkbox"/> Shot Put
<input type="checkbox"/> 400m Run	
<input type="checkbox"/> 1500m Run	

TENNIS Singles
 Doubles (Partner _____)
 Mixed (Partner _____)

TABLE TENNIS Singles (Ping Pong)
 Doubles (Partner _____)
 Mixed (Partner _____)

TEXAS HOLD'EM

THE THROWS
 Football Accuracy Softball Accuracy
 Frisbee Accuracy Softball Distance
 Basketball Free Throw

WASHER PITCH

WEIGHTLIFTING
 Bench Press Dead Lift
 Arm Curl

The \$25.00 registration fee entitles you to 3 sports.
A sport is defined as anything in a gray box on this page.
For example, track & field, you can do any number of events...but it is still 1 sport. Any team event is 1 sport.
ANYTHING OVER 3 SPORTS IS \$3.00 EACH.

REGISTER ONLINE at WWW.GNOSO.NET

2017 TEAM EVENTS FOR INDIVIDUALS

EACH COACH OR CAPTAIN MUST CALL JANEY 504 296-8200 FOR TEAM ROSTER.
ROSTER MUST BE RETURNED 10 DAYS PRIOR TO YOUR EVENT TO PARTICIPATE.
INDIVIDUAL PLAYERS COMPLETE THIS FORM TO INDICATE
THE TEAM YOU ARE PLAYING WITH.

Basketball 3 on 3 Ladies or Men Full Court Age Group _____

Team Name _____

Captain's Name _____ Phone: () _____

Bean Bag Baseball

Team Name _____

Captain's Name: _____ Phone: () _____

Bocce Ball – 4-Player Team

Team Name _____

Captain's Name _____ Phone: () _____

Player 1: _____ **Player 2:** _____

Player 3: _____ **Player 4:** _____

Golf – Foursome ...If you do not have a foursome, we will place you in one. Individual competition.

Player 1: _____ **Player 2:** _____

Player 3: _____ **Player 4:** _____

Softball (Men) Age Group _____

Team Name _____

Captain's Name _____ Phone: () _____

Volleyball M or F Mixed Age Group _____

Team Name _____

Captain's Name _____ Phone: () _____

Team Dance Recreational Advanced Line Dance Age Group determined by team average

Team Name _____

Captain's Name _____ Phone: () _____

REGISTER ONLINE at WWW.GNOSO.NET

Event	Check-in	Start	Date/ Site	Special Instructions
ARCHERY			April 1, Saturday	
	8:30AM	9:00AM	BRIDGE CITY PLAYGROUND Claude Matherne	(504) 467-8140
ARTS & CRAFTS			March 11, Saturday	
	1:00PM	1:30PM	ESTELLE SR. CENTER Mattie Whitney	(504) 436-7340
NOTE: ARTICLE SHOULD HAVE BEEN COMPLETED WITHIN THE YEAR...ONE ENTRY PER CATEGORY (3 Painting Limit)				
BASKETBALL			February 11, Saturday	
			LITTLE FARMS PLAYGROUND	
LADIES	8:30AM	9:00AM	Ann Hassenboehler	(504) 828-9766
MEN	1:00PM	1:30PM	Jim Young	(504) 430-3284
BEAN BAG BASEBALL			March 8, Wednesday	
			VAL REISS MULTI PURPOSE CENTER	
	8:30AM	9:30AM	Susan McNeil	(504) 278-7335
BILLIARDS			March 9, Thursday	
			CORNER POCKET	
	10:00AM	10:30AM	Sonya Belgard	(504) 450-9506
BOCCE			March 4, Saturday	\$5.00
			ITALIAN AMERICAN BOCCE CLUB	
	8:00AM	9:00AM	Howard Davenport/John Wolken	(504) 885-0635 / (504) 835-4456
BOWLING MIXED DOUBLES			March 28, Tuesday	\$8.00 No registrations after March 20
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 452-9623/Joyce 341-6439
BOWLING DOUBLES			April 4, Tuesday	\$8.00 No registrations after March 20
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 452-9623/Joyce 341-6439
BOWLING SINGLES			April 11, Tuesday	\$8.00 No registrations after March 20
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 452-9623/Joyce 341-6439
BRIDGE			March 2, Thursday	
			METAIRIE GOLDEN AGE CENTER	(504)
	9:00AM	9:30AM	Carolyn Abadie/Lynne Peterson	Carolyn 885-5193/Lynne 837-4532
CO-ED CABBAGE BALL			March 26, Sunday	
FRED EITMANN MEMORIAL EVENT			JPRD GIRLS SOFTBALL COMPLEX	
	10:00AM	10:30AM	Tammy Eitmann Yrle	(504) 484-7019
CYCLING 5K & 10K			March 18, Saturday	
(Time trials)			Abita (Across from Abita Town Hall)	
	7:30AM	8:00AM	Robin Robert	(504) 908-8771
DANCE (TEAM DANCE)			April 9, Sunday	
			PONTIFF PLAYGROUND	
	1:00PM	1:30PM	Starrlyne Morgan	(504) 494-5470
DARTS			March 14, Tuesday	
			BELLE TERRE PLAYGROUND	
MEN	8:30AM	9:00AM	Neil Whitney	(504) 201-2019
LADIES	10:00AM	10:30AM		

Event	Check-in	Start	Date/ Site	Special Instructions
GOLF			March 27, Monday	\$35.00
	8:30AM	9:00AM	LAKEWOOD GOLF CLUB Jerry Logreco & Pierre Hjartberg	(504) Jerry 885-8330 Pierre 394-1590
HORSESHOES			March 18, Saturday	
55+ 65+ 75+ 85+ 90+ 50+ 60+ 70+ 80+	9:00AM 12:30PM	9:30AM 1:00PM	WAGGAMAN HORSESHOE PITS Landry & Jenny Camardelle	(504) 431-9092
MINIATURE GOLF			March 21, Tuesday	\$6.00
	10:00AM	10:30AM	CITY PUTT @ CITY PARK Howard Davenport	(504) 885-0635
PICKLEBALL			April 1, Saturday	Must register by March 27
	7:30AM	8:00AM	PELICAN PARK Linda Neill / Carol Bradford	(504) Linda 616-6771 Carol 577-0321
SHOOTING			March 7, Tuesday	
Rifle-.22 caliber bolt action Pistol.22 caliber handgun Revolver or semi automatic pistol	8:30AM	9:00AM	ST. BERNARD INDOOR SHOOTING CENTER Bill Connick Skip Blanchard	(504) 888-7044 (504) 887-5842
SHUFFLEBOARD DOUBLES			March 22, Wednesday	
55+ 65+ 75+ 85+ 90+ 50+ 60+ 70+ 80+	8:30AM 1:00PM	9:00AM 1:30PM	BELLE TERRE PLAYGROUND Bill Elrod	(985) 785-0950
SHUFFLEBOARD SINGLES			March 23, Thursday	
ALL AGES	8:30AM	9:00AM	BELLE TERRE PLAYGROUND Bill Elrod	(985) 785-0950
SOFTBALL			March 25, Saturday	
	9:30AM	10:00AM	LASALLE PARK Henry Francalancia	(504) 401-3688
SWIMMING			March 19, Sunday	
DICK BOWER MEMORIAL SWIM MEET	9:00AM	10:00AM	UNIVERSITY OF NEW ORLEANS AQUATIC CENTER Ellen Hall	(504) 737-4262
TABLE TENNIS (Ping Pong)			February 10, Friday	
	8:30AM	9:00AM	BRIDGE CITY PLAYGROUND Janey Perez	(504) 296-8200
TENNIS			March 5, Sunday	\$5.00
			CITY PARK/PEPSI TENNIS COURTS Pierre Hjartberg/Bill Pryor	(504)
The draw will be on the website (www.gnoso.net) or call Bill for actual start times				Pierre 394-1590 Bill 427-3334
TEXAS HOLD 'EM			March 5, Sunday	
	1:00pm	2:00pm	MIKE MILEY PLAYGROUND Janey Perez	(504) 296-8200
THROWS			March 31, Friday	
MEN LADIES	9:00AM 12:30PM	9:30AM 1:00PM	BELLE TERRE PLAYGROUND Thais Lacrouts & Lucille Walker	(504) 835-1562 (504) 838-9385

Event	Check-in	Start	Date/ Site	Special Instructions
TRACK & FIELD			April 2, Sunday	RAIN DATE APRIL 9
BILL KLOCK MEMORIAL TRACK MEET			JOE BROWN MEMORIAL PARK	40+ YEAR OLDS MAY PARTICIPATE
Track Events	8:00AM	9:00AM		(504) 458-6766
Field Events	8:30AM	9:15AM	Paul Bowman	Order of events on page 7
Same day registration accepted... T-Shirt not guaranteed.				
VOLLEYBALL LADIES			April 8	
			COQUILLE PARK	
	8:00AM	8:30AM	Janey Perez	(504) 296-8200
VOLLEYBALL MEN & MIXED			April 8	
			COQUILLE PARK	
MEN	8:30AM	9:00AM		
MIXED Follows	(If time permits)		Janey Perez	(504) 296-8200
WASHER PITCH			March 15, Wednesday	
			BELLE TERRE PLAYGROUND	
	8:30AM	9:00AM	Joyce Plaisance	(504) 341-6439
WEIGHTLIFTING			March 11, Saturday	
			CAPITANO'S TENNIS & ATHLETIC CLUB	
	10:30AM	11:00AM	Sean Sellers	(504) 717-0146
NORSI 5K RUN & RACE-WALK MISSISSIPPI RIVER BRIDGE RUN			April 1, Saturday	\$15.00
NORSI 5K Run and Race-walk (United Way Mississippi River Bridge Run a NORSI event)				
Mississippi River Bridge Run			Ellen Hall	(504) 737-4262
(Start at east bank and race to west bank park)			Pick up packet early from 5-7pm on Friday at the GNOSO site located at the West Bank Bridge Park.	
NOTE: This GNOSO event is managed by New Orleans Running Systems.			Early pick up recommended to receive the requested shirt size.	
Senior Olympians register with GNOSO and GNOSO will take care of registering you with NORSI to receive both shirts.			Check in on race day with GNOSO rep at the West Bank Bridge Park before 7:00 AM, and ride the bus to the start line..... Race Time 8:30 AM	

WEDNESDAY APRIL 19, 2017
CELEBRATION OF PARTICIPANTS BANQUET

THE FOUR COLUMNS
6:00 PM

3711 WESTBANK EXPRESSWAY
HARVEY, LA 70058



Greater New Orleans Senior Olympics
P.O. Box 6255
Metairie, LA 70009-6255

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GREATER NEW ORLEANS DISTRICT
SENIOR OLYMPIC GAMES

NEW ORLEANS, LA.
FEBRUARY 10 - APRIL 19, 2017

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