

5th Annual Redhawks Super Sweet Red Hot Meet Sanction # 217- S009

Date & Time: Sunday March 19, 2017 Doors open 6:30 AM. Warm-ups start at 7:00 AM. Meet starts 8:00 AM.

- Location: Naperville Central High School, 440 West Aurora Avenue, Naperville, IL 60540
- Facility:25 yard, 8-lane pool. Competition in 8 lanes, diving well will be used for continuous warm-up/cool-down.
Timing system is Daktronics with all 8 lanes displayed. The length of the competition course without a
bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. All
times will be submitted to USMS for 2017 TOP TEN RECORDS recognition. Parking is available in lot
outside the pool entrance. Please enter through door number 9.

Meet Official: Mike Handley

- **Eligibility:** All competitors must be 18 years of age and over with a 2017 USMS membership card. In accordance with USMS rules, a photocopy of the registration card must be provided with your entry. Swimmers should have card available at the meet.
- Entries: Flat rate entry of \$25. Relays are \$5 and will be official. Max 5 events plus relays. Make Checks Payable To: NCHS Aquatics.

Deck Entries: THERE WILL BE NO DECK ENTRIES ALLOWED!!!!!!!!

Entry Form: THE ILMSA CONSOLIDATED ENTRY FORM MUST BE USED TO ENTER THE MEET. To download the entry form please go to: <u>http://ilmsa.com/competition/upcoming</u>. Send your individual entries including fees and a copy of your 2017 USMS card to: Chris Hagenbaumer 443 Waterbury Ct. Naperville, IL 60565. Entries must be received by Friday March 16, 2017. I will also accept entries emailed with all information required then just make payment at meet. **NO DECK ENTRIES !!!!!!!**

Order of Events:	
Event (Mixed)	
500 Freestyle*	
200 Medley Relay	
200 Breaststroke	
100 Fly	
Give me a BREAK	
200 Backstroke	
400 IM**	
100 Freestyle	
200 Fly	
Give me a BREAK	
200 Freestyle Relay	
100 Backstroke	
200 IM	
50 Freestyle	
Give me a BREAK	
100 Breaststroke	
200 Freestyle	
400 Freestyle Relay	

*The 500 will be limited to 5 heats. **The 400 IM will be limited to 3 heats. Seeding: Entries will be seeded slowest to fastest, regardless of age or gender.

Scoring: The meet will not be scored.

Awards: 400 IM/500Free: Gobstopper (lasts forever)

200 yard events: Twix Bar (it takes two)

100 yard events: 100 Grand Bar (enough said)

50 Free: Pixie Stick (short and sweet)

(random drawings at breaks – Kit Kat Bar)

Questions: Chris Hagenbaumer

Email: <u>chris.hagenbaumer@gmail.com</u>

