

## 5th Annual Redhawks Super Sweet Red Hot Meet Sanction # 217- S009

Date & Time: Sunday March 19, 2017 Doors open 6:30 AM. Warm-ups start at 7:00 AM. Meet starts 8:00 AM.

- Location: Naperville Central High School, 440 West Aurora Avenue, Naperville, IL 60540
- Facility:25 yard, 8-lane pool. Competition in 8 lanes, diving well will be used for continuous warm-up/cool-down.<br/>Timing system is Daktronics with all 8 lanes displayed. The length of the competition course without a<br/>bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. All<br/>times will be submitted to USMS for 2017 TOP TEN RECORDS recognition. Parking is available in lot<br/>outside the pool entrance. Please enter through door number 9.

Meet Official: Mike Handley

- **Eligibility:** All competitors must be 18 years of age and over with a 2017 USMS membership card. In accordance with USMS rules, a photocopy of the registration card must be provided with your entry. Swimmers should have card available at the meet.
- Entries: Flat rate entry of \$25. Relays are \$5 and will be official. Max 5 events plus relays. Make Checks Payable To: NCHS Aquatics.

## Deck Entries: THERE WILL BE NO DECK ENTRIES ALLOWED!!!!!!!!

**Entry Form:** THE ILMSA CONSOLIDATED ENTRY FORM MUST BE USED TO ENTER THE MEET. To download the entry form please go to: <u>http://ilmsa.com/competition/upcoming</u>. Send your individual entries including fees and a copy of your 2017 USMS card to: Chris Hagenbaumer 443 Waterbury Ct. Naperville, IL 60565. Entries must be received by Friday March 16, 2017. I will also accept entries emailed with all information required then just make payment at meet. **NO DECK ENTRIES !!!!!!!** 

Order of Events:	
Event (Mixed)	
500 Freestyle*	
200 Medley Relay	
200 Breaststroke	
100 Fly	
Give me a BREAK	
200 Backstroke	
400 IM**	
100 Freestyle	
200 Fly	
Give me a BREAK	
200 Freestyle Relay	
100 Backstroke	
200 IM	
50 Freestyle	
Give me a BREAK	
100 Breaststroke	
200 Freestyle	
400 Freestyle Relay	

\*The 500 will be limited to 5 heats. \*\*The 400 IM will be limited to 3 heats. Seeding: Entries will be seeded slowest to fastest, regardless of age or gender.

Scoring: The meet will not be scored.

Awards: 400 IM/500Free: Gobstopper (lasts forever)

200 yard events: Twix Bar (it takes two)

100 yard events: 100 Grand Bar (enough said)

50 Free: Pixie Stick (short and sweet)

(random drawings at breaks – Kit Kat Bar)

## **Questions: Chris Hagenbaumer**

Email: <u>chris.hagenbaumer@gmail.com</u>

