***Southern Masters Swimming Championship***



***Short Course Yards – March 4 & 5, 2017***

***Sanctioned By:*** ***Southern Masters Swimming for USMS, Inc. Sanction #******247-S00?***

***Hosted By: Southern Masters Swimming***

***Date & Times: Saturday, March 4, 2017 Warm-ups = 10:00 AM; Events = 11:00 AM.***

***Sunday, March 5, 2017 Warm-ups = 9:00 AM; Events =10:00 AM.***

***Meet Referee: Orlene Lockhart-Rykosky Meet Director: Janice Roth***

***Entry Chairman:***

***E-mail: jmaynor@alumni.lsu.edu***

***Location: University of New Orleans Lakefront Arena Swim Center***

***6801 Franklin Avenue***

***New Orleans, La.70148***

***Facilities: Indoor 8 lane 50-meter pool with non-turbulent racing lane ropes. All races conducted on a***

***25 yard course. Warm-up lanes will be available during the meet each day. Showers and***

***lockers will be available.***

***Timing: Colorado automatic timing system with touch pads will be the primary system. Secondary***

***system will be manual‑electronic with 1 button and 1 digital watch per lane, with a second***

***watch on first place in each heat.***

***Rules: Current United States Masters Swimming technical rules and code of regulations will govern***

***this meet.***

***Conduct of Meet: - All events will be timed finals. Except for the 1650 and 500 freestyle, all events will be seeded***

***slowest*** ***to fastest by submitted entry times.***

***- All events will be scored and list men and women separately by USMS rules.***

***- There will be no changing of events after entry deadline.***

***- All participating swimmers will receive a copy of the meet heat sheet***

***- Women and men may be seeded together for same stroke events with low number of entries.***

***-The 500 &1650 free will swim fastest to slowest, with women and men seeded together by***

***entry time in each heat.***

***-There will be a short break between relays and distance swims on Saturday.***

***Pool Measurement: “The length of the competition course is in compliance and on file with USMS in accordance***

***With articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation.***

***Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead***

***placement.”***

***Results: Results will be available online, and also can be provided via email upon request of the swimmer.***

***Liability Release: Each entered swimmer must sign the liability release form at the end of this invitation.***

***Send this along with your filled out entry form.***

***Eligibility: All participants must be registered with United States Masters Swimming. Minimum age is 18***

***years based on age as of March 4, 2017. Include a copy of your current USMS***

***registration card. If your entry is close to the deadline, and you have not registered with USMS,***

***your can do a On-line USMS registration at the following web site:*** [***http://www.usms.org/reg/***](http://www.usms.org/reg/)

***Email a copy to the entry chair, once you have done this.***

***Online entry: Online entry is available for this meet, and can be found at the following link. Online entries will open on***

***Feb 10, 2017 and close on March 2, 2017.***

***Online entries are accessible via the following link:*** [***https://www.clubassistant.com/club/meet\_information.cfm?c=1821&smid=8600***](https://www.clubassistant.com/club/meet_information.cfm?c=1821&smid=8600)

***Limit of Events: Each entered swimmer may swim 5 events plus relays each day.***

***Entry Fees: Cost for full participation is $35.00..***

***Due Date: To swim only one day, there will be a $20 fee.***

***All entry fee checks must be made payable to :"Southern Masters Swimming"***

***- All entries (by mail or email) received after Tuesday 2-28-17 will be taken at the***

***discretion of the Entry Chairman and seeded in open lanes only. Late entries must pay***

***an additional late fee of $5.00.***

***Entries are due by Tuesday 2-28-17, so as to seed the meet and print heat sheets.***

***Entries must be mailed or delivered to:***

***Jeff Maynor***

***Attn: SCY Entries***

***16079 Confederate Ave***

***Baton Rouge, LA 70817***

***Use the enclosed entry form only! Seed times must be best recent short course yard times only!***

***Hospitality: Water and snacks will be provided. Lunch will be provided at the pool after the events on Saturday.***

***Scoring: - Points will be awarded as follows: Individuals 9‑7‑6‑5‑4‑3‑2‑1; Relays 18-14-12-10-8-6-4-2.***

***Age Groups: - Individual: 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74, etc.***

***Relays: 76-99,100-119,120-159,160-199,200-239,240-279,280-319,320-359,360-399, etc.***

***Awards: - Ribbons will be awarded for first through eighth places in each age group in individual event.***

***Parking: Parking is available adjacent to the UNO arena pool and is free.***

***Facility Rules: This meet is conducted on the grounds of a state university. The University of New Orleans asks***

***that all swimmers, spectators, and coaches comply with the following facility regulations:***

***1. No food allowed inside the facility.***

***2. No horseplay in the locker rooms or on the deck.***

***3. No smoking allowed anywhere inside the facility.***

***4. No glass containers or ice chests allowed in the facility.***

***5. Comply with directions given by the lifeguards or T‑shirt security.***

***6. No banners, posters, balloons, etc. may be affixed to any part of the building.***

***7. Do not leave items unattended in the locker rooms.***

***8. Please police your area before leaving each day.***

***9. Do not park in areas of the lot that have traffic cones blocking entrance.***

***Meet Entry Form***

***University of New Orleans Arena Sanction # 247-S00?***

***Short Course Yards Championships***

Sanctioned by Southern Masters Swimming for USMS Inc.,

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age (as of 03/4/2017): \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City/State: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Zip Code: \_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

USMS #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Team Abbreviation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Circle desired event numbers and list seed time in yards (NT for no time). Limit of five individual events per day. Relays deck entered.***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Saturday, March 4, 2017** | | | | **Sunday, March 5, 2017** | | | |
| ***Warm-up 10:00 a.m. Meet 11:00 a.m.*** | | | | ***Warm-up 9:00 a.m. Meet 10:00 a.m.*** | | | |
| **W** | **M** | **Event** | **Seed Time** | **W** | **M** | **Event** | **Seed Time** |
| ***1*** | ***2*** | ***400 IM*** |  | ***24*** |  | ***500 Mixed Free*** |  |
| ***3*** | ***4*** | ***100 Free*** |  | ***25*** | ***26*** | ***100 Back*** |  |
| ***5*** | ***6*** | ***200 Breast*** |  | ***27*** | ***28*** | ***200 IM*** |  |
| ***7*** | ***8*** | ***50 Back*** |  | ***29*** | ***30*** | ***50 Free*** |  |
| ***9*** | ***10*** | ***100 Fly*** |  | ***31*** | ***32*** | ***200 Fly*** |  |
| ***11*** | ***12*** | ***100 IM*** |  | ***33*** | ***34*** | ***100 Breast*** |  |
| ***13*** | ***14*** | ***200 Back*** |  | ***35*** | ***36*** | ***50 Fly*** |  |
| ***15*** | ***16*** | ***50 BR*** |  | ***37*** | ***38*** | ***200 Free*** |  |
| ***17*** | ***18*** | ***200 Free Relay*** | ***xxxxxxx*** | ***39*** | ***40*** | ***200 Medley Relay*** | ***xxxxxxxxx*** |
| ***19*** |  | ***200 Mixed Medley Relay*** | ***xxxxxxx*** | ***41*** |  | ***200 Mixed Free Relay*** | ***xxxxxxxxx*** |
| ***21*** |  | ***400 Mixed Medley Relay*** | ***xxxxxxx*** | ***42*** |  | ***400 Mixed Free Relay*** | ***xxxxxxxxx*** |
| ***23*** |  | ***1650 Mixed Free*** | ***xxxxxx*** | ***43*** |  | ***800 Mixed Free Relay*** | ***xxxxxxxxx*** |

\* ***There will be a short break between relays and distance swims on Saturday.***

***- Proof of USMS membership, a copy of your current registration card, copy of your application form, or filled out application form with check must accompany this entry form.***

***- Mail Entry deadline is Tuesday 2-28-2017***

***-You must sign the liability release and enclose check payable to " Southern Masters Swimming." with your entry.***

***Mail entries to:***

***Jeff Maynor***

***Attn: SCY Entries***

***16079 Confederate Ave***

***Baton Rouge, LA 70817***

***LIABILITY RELEASE: (see below)***

**The attached PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT must be signed and turned in before participating in the swim meet.**

**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,**



**ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. (“USMS”) allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities (“Event” or “Events”); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events**.** I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively**,** the “Released Parties**”**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Last Name | First Name | MI | Sex (circle)  M F | | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | | |
| Signature of Participant | | | | Date Signed | |

***Revised 07/01/2014***