

Genesee Valley Masters Winter Invitational

January 22nd, 2017 Victor High School Aquatic Center, 953 High St. Victor, NY Sanction # <u>047-S002</u>

Warm-up begins 9:00 AM - Meet begins 10:00 AM EST.

Positive check-in for the 500 Freestyle & 1000 Freestyle events will end at 10:00 AM

Events will be mixed (men and women) and timed finals seeded slowest to fastest by time, except for Events 8 & 19 which will be seeded fastest to slowest. Open to all USMS and MSC registered swimmers 18 and older as of Jan 22, 2017. Online USMS registration is available at usms.org. There will be **no deck entries for individual events**. Relays may be deck-entered at no charge. Swimmers are limited to **6 individual events**, excluding relays.

TO SUBMIT ENTRIES ONLINE:

https://www.clubassistant.com/club/meet_information.cfm?c=2258&smid=8325. Entries must be received by Wednesday Jan. 18, 2017, midnight. Your credit card will be charged by 'Club Assistant.com Events'.

TO SUBMIT ENTRIES VIA MAIL: Send to Matt Steffen (msteffen@perinton.org). Entries must be received by Tuesday Jan. 17. Please include a photocopy of your USMS Registration as well as a signed copy of the waiver below. Checks should be made out to Perinton Parks & Recreation.

Matt Steffen 1350 Turk Hill Rd. Fairport, NY 14450 **FACILITY:** The beautiful new Victor Aquatic Center is an 8 lane pool with non-turbulent lane dividers. The water depth of the pool at the start end is 12 feet 6 inches at 1 meter out from the end and 12 feet, 6 inches at 5 meters from the wall. The water depth of the pool at the turning end bulkhead is 6 feet, 6 inches at 1 meter from the wall and 8 feet 2 inches at 5 meters. The starting blocks will be at the diving board end of the pool. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

DIRECTIONS: Take Exit 49 off of I-490 onto 96 S and continue on 96 S for 2.6 miles. Turn left onto High St. *Turn right into the **EAST ENTRANCE** of the Victor Campus. Take a left at the first intersection, then a left at the next 3-way stop. Follow the driveway uphill and the parking lot for the Aquatic Center will be the first entrance on your right. From I-90 take Exit 45 and merge onto I-490 W. Take NY-96 Exit 29 toward Victor. Turn left on NY-96, left on Lane Rd. then right onto High St. Follow directions above *

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Name:				USMS #:
Sex:	_Age:	DOB:	Email:	
Phone #: <u>(</u>)			
Address:				

#	Event	Seed Time	#	Event	Seed Time
1	200 Medley Relay	NA	11	100 Breaststroke	
2	100 Butterfly		12	50 Free	
3	50 Breast		13	200 IM	
4	200 Backstroke		***10:00 Break***		
5	400 IM		14	200 Free Relay	NA
6	100 Freestyle		15	100 Back	
7	200 Breast		16	200 Freestyle	
1(0:00 Break		17	50 Fly	
8	500 Free		18	100 IM	
9	50 Back		19	1000 Freestyle	
10	200 Butterfly				

Entry Fee: \$25 + \$2/individual event **Total:** \$



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			D	ate Signed