**Swim the Suck**

Saturday, October 8, 2016

10 Mile Open Water Downstream swim in the Tennessee River

**SANCTION**: Sanctioning being applied for by Southeastern US Masters Swimming for adults and USA Swimming for minors.

**HOSTS**: City of Chattanooga’s Outdoor Chattanooga and the Chattanooga Open Water Swimmers Masters Team

**SPONSORS:** Outdoor Chattanooga, Blueseventy

**ELIGIBILITY:** USMS registration is required of all adult participants. A copy of the swimmer’s current registration must be submitted with the official entry form. A USMS One-Day registration can be purchased for $20 during the registration process. The same is true for the minors with USA Swimming.

**FEES:** Entry Fee is $325 and registration opens on 02-01-16 at noon EST. USMS One-Day registration is $20, if applicable.

**DEADLINE:** February 2, 2016 at noon EST

**TO ENTER**: www.swimthesuck.org

**CHECK IN:** Friday, October 7 5:00 p.m. - 6:30 p.m.

Outdoor Chattanooga. 200 River St. Chattanooga, TN 37405

**RACE START:** Race Start on Friday October 8th at 9:30 a.m. the Suck Creek Boat Launch (1907 Suck Creek Rd Chattanooga, TN 37401).

**SAFETY:** Every swimmer will either bring their own person to kayak for them or will be assigned a volunteer kayaker. Every swimmer is piloted and will receive nutrition and navigation support from their pilot.

Swimmers must wear the fluorescent swim cap provided. The water temperature is expected to be around 70 degrees.

There will be a six hour time limit strictly enforced with a mass start.

A pre-race safety meeting pasta dinner will be held Friday, October 7th at 6:00 p.m. at Outdoor Chattanooga. This is mandatory for first time swimmers and pilots. There is also mandatory swimmer and pilot briefings 15 minutes before the race start.

A safety plan will be posted on the website.

**RULES:** 2016 USMS swim rules apply. This is a non-wetsuit event.

**AWARDS:** Every swimmer receives a finisher trophy (original art award from a local artist). 1ST-5TH place Overall Males and Females receive major awards, as well as longest in water and oldest swimmer for males and females. Finishers will not be separated into age categories.

**SHIRTS:** T-shirts will be given to each participant. Additional shirts can be purchased for $10 during the registration process.

**AWARDS Dinner:**  Taco Bar provided for racers immediately following race at Living Water Residence at the Finish Line. Additional lunch tickets can be purchased for $10 during the registration process.

**QUESTIONS:** Karah Nazor, 488-3143, karahnazor@gmail.com