**8th Annual**

**Ohio River Open Water Swim**

**1k, 2k, and 4k Swims**

**Saturday September 24, 2016**

**Prospect, Kentucky** (15 miles north of **Louisville, Kentucky**)

One of the few chances to swim in the Ohio River. A great warm up for the Ironman Triathlon or to cap off your summer season. All proceeds go to local high school swimming. Sponsored by North Oldham High School. Open to all ages.

**Course Layout**: 1k and 2k courses will be set up roughly 30 yards off the riverbank. 4k swim is two laps of the 2k course. Great for spectators. River bank accessible along the entire course. Sanction pending for both USA Triathlon and US Masters. Kayakers provided. This is an unescorted event.

**Cost:** $35 if registration completed before August 1, $45 August 1 – September 18. Registration closes Sunday, September 18. For insurance purposes, participants must be one of the following:

1. **USA Triathlon member**. Photo ID and proof of USA Triathlon membership required at check-in. *(One-day membership: $10 for youth 17 and under, $12 for adults.)*
2. **US Masters member**. Photo ID and proof of US Masters membership required at check-in. *(One-day membership available for $15.)*
3. **All Others (Non-USMS or USAT Members).** If you are not a member of one of the above organizations, or you cannot prove your membership, you must purchase a one-day membership in one of the organizations as outlined above.

**Parental consent required for all participants 17 and under**. T-shirt included for the first 185 swimmers.

**Location**: Cardinal Harbour Subdivision boat dock. Roughly 15 miles north of downtown Louisville, Kentucky. MapQuest: 2001 Cardinal Harbour Rd., Prospect, Kentucky, 40059. Drive time roughly 30 minutes from downtown Louisville.

**Schedule**: The start time of the swim is based on your affiliation.

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|  | **USA Triathlon Swimmers** | **USMS Swimmers** |
| Check in | 8:15 – 9:30am | 9:45 – 11:00am |
| Voluntary Clinic | 9:15am | 10:45 am |
| Mandatory Swimmer Safety Meeting | 9:35am | 11:05am |
| Warm Up Period | 9:45am | 11:15am |
| Swim Start | 10:00am | 11:30am |

In case of severe weather, the start will be delayed. For weather updates, call 502-228-5876.

Before the start of each set of swims, there is a voluntary clinic covering the differences between pool and open water swimming.

There will be a mandatory swimmer safety meeting held 10 minutes before the warm up period to discuss the course, rules and safety procedures. The Referee may remove any swimmer from the competition who does not attend the safety meeting or is found to be inattentive during the meeting. The course will be patrolled by qualified safety personnel.

There will be a 15-minute warm-up period prior to the swim in a designated area. Swimmers must stay in the designated warm up area. Participants must start no later than 10 minutes after the designated start time. The course will shut down two hours after the start of the swim, or 45 minutes after the first person finishes, whichever is later.

**Awards**: Times will be posted; however, there are no awards. Door prizes are given out after the conclusion of the swim.

**Registration:**

**www.Active.com**  Active.com is the exclusive registration provider for this event. Keyword search: Ohio River Open Water Swim. A small handling fee (approx. $5) will be assessed by Active.com.

**Additional Information or Questions**: Randy Scherer, Event Director, 502-228-5876, [RS@brc3.net](mailto:RS@brc3.net). Website: [www.OhioRiverSwim.weebly.com](http://www.OhioRiverSwim.weebly.com). Includes pictures, forms, maps, etc.

**Ohio River Open Water Swim – September 24, 2016 – Prospect, KY**

**REGISTRATION FORM**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Gender: F M (circle one) Age: \_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City: \_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_Zip Code: \_\_\_\_\_\_

Daytime Phone: Event (Circle One): ½ Mile 1.2 Mile 2.4 Miles

E-mail: Cell Phone:

Expected time for swim: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ T-shirt size (adult male, circle one): S M L XL XXL

**All participants must sign a waiver at check-in. (If you are 17 and under, a parent must sign the waiver. If your parent will not be attending the event, contact the event director or see website [www.OhioRiverSwim.Weebly.com] to get a copy of the waiver prior to check-in.)**

**Photo ID required for USAT swimmers. No Photo ID – No Swim, No Exceptions!**

**Affiliation (select one of the following.)**

\_\_\_ USA Triathlon USAT Membership Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ Adult one day membership $12 \_\_\_\_ Adult one year membership $45

\_\_\_\_ Youth (<=17) one day membership $10 \_\_\_Youth one year membership $15

**Photo ID and proof of USA Triathlon membership required at check-in.**

\_\_\_\_US Masters US Masters Membership Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**One-day memberships available for $15. \_\_\_**

**Total Cost**

$\_\_\_\_\_\_\_\_ Entry Fee.

$35 if postmarked before August 1, 2016.

$45 if postmarked August 1 – September 18, 2016.

$\_\_\_\_\_\_\_\_ One Day Memberships if applicable. (See above for options and cost.)

**$\_\_\_\_\_\_\_\_ Total amount of check enclosed.**

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**If 17 or under:**

Parent or Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Make check payable to “North Oldham High School” and mail to: Randy Scherer, 13900 Harbour View Ct., Prospect, KY 40059.**

http://www.usms.org/logos/USMS_Logo_Horz_tm_200x38.jpg **PARTICIPANT WAIVER AND RELEASE OF LIABILITY,**

**ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. (“USMS”) allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities (“Event” or “Events”); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events**.** I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively**,** the “Released Parties**”**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

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| Last Name | First Name | MI | Sex (circle)  M F | | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | | |
| Signature of Participant | | | | Date Signed | |

***Revised 07/01/2014***