**DCRP Masters Swim Team 34rd Annual Long Course Swim Meet**

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| **Warm-up at 8:00 AM; Meet starts at 9:00 AM**  **Eligibility:** Open to all USMS swimmers with current 2016 registration.  **Facility:**  Wilson Aquatic Center, 4551 Fort Drive, NW, Washington, DC. The pool is an indoor 50 meter pool, eight lanes with non-turbulent lane ropes. Lane 8 will be available for warm-ups throughout the meet, seven lanes will be used for competition.  There is limited metered and neighborhood parking.  The Tenleytown Metro station is one block away.  The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation.  Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.  **Entries:** Must be entered ONLINE ONLY by midnight eastern time on June 22, 2016. With the exception of relays, THERE WILL BE NO DECK ENTRIES AND NO PAPER ENTRIES. Relays will be deck entered at least two events prior to the relay. Relays are free of charge, with no awards. All members of a relay team must be entered in the meet as individuals. A maximum of five events may be swum, excluding relays.  Entries for the 400 Free and the 400 IM will be limited to the first 28 entries and swimmers will be required to check in 30 minutes before the event.   **Fees:** $25.00 flat fee. May swim up to five individual events.  Online entries are paid by credit card to "ClubAssistant.com Events".  **Rules:** Current USMS Rules apply. A 2016 rulebook will be on hand.  **Results:** Will be sent to the Top Ten Chairperson and posted at [www.swimdcrp.org](http://www.swimdcrp.org/).  **Records:** If a national or world record is possible, please notify meet officials so that sufficient back-up timers can be provided.  **Seeding:** Events will be seeded slow to fast, men and women combined. "No time" entries will be seeded in the first heat. Relays will be deck seeded.  **Awards:** 1st, 2nd, and 3rd in each sex/age group. Points are awarded for 1st through 8th place as follows: 9 points, 7 points, 6, 5, 4, 3, 2, and 1. Swimmers may swim no more than five events.  **Contact:**  Juliette deSousa, Meet Director at [meetdirector@swimdcrp.org](mailto:meetdirector@swimdcrp.org) . |
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| Warm-ups start at 8:00 AM  Meet starts at 9:00 AM   | **#** | **Sex** | **Event** | | | --- | --- | --- | --- | | 1 | Mixed | 400 M | Free | | 2 | Mixed | 100 M | Fly | | 3 | Mixed | 50 M | Back | | 4 | Mixed | 200 M | Breast | | 5 | Mixed | 200 M | IM | | 6 | Mixed | 100 M | Free | | 7 | Mixed | 200 M | Medley Relay | | 8 | Mixed | 50 M | Free | | 9 | Mixed | 200 M | Back | | 10 | Mixed | 200 M | Fly | | 11 | Mixed | 100 M | Breast | | 12 | Mixed | 50 M | Fly | | 13 | Mixed | 200 M | Free | | 14 | Mixed | 50 M | Breast | | 15 | Mixed | 100 M | Back | | 16 | Mixed | 400 M | IM | | 17 | Mixed | 200 M | Free Relay | |
| **Please note: If paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events."** |