



2016 Del Valle Open Water Festival 5km / 10km swims

Saturday, June 11th, 2016 Lake Del Valle, Livermore, California

PMS/USMS, Inc., Sanction # Pending



Location of Event

The Del Valle Regional Park, Livermore, CA., is located on Del Valle Road off Mines Road. From I-580 take the North Livermore Av exit and head south 3.9 mi (North Livermore Av will become South Livermore Av). Turn right onto Mines Road. Go 3.5 miles and continue straight on Del Valle Road (Mines Road turns left). Drive 4 miles over the hill to the park entrance (there is a parking fee). After the entrance go right and park near the lake.
www.ebparks.org/parks/delval.htm



Race Start/Cutoff Times

The 10km swim starts at 8:00 A.M. / 5km swim begins at 8:10 A.M. There will be one wave for the 10km and one wave for the 5km race. Race start times are approximate. Cutoff time will be 11:30 P.M. for both races. 10km swimmers not passing turn buoy 6 after their third lap 2 1/2 hours from the start will be directed to swim to shore from turn buoy 6. Registration is from 6:30 to 7:30 A.M. The waves will be denoted by different color caps and start 10 minutes apart.

Course/Feeding: The 10km race will be four loops of a 2.5 km course. The 5km race will be two loops. A feeding station will be provided in the water at the 2.5km marker (start buoys) with water, electrolyte replacement and energy gel. Individual escort kayaks are not allowed.

Awards

USMS 10km - Medals will be given to the first 3 finishers in each sex/age in the Category 1 (non-wetsuit division) (19-24, 25-29, etc). **5km Swim** - Medals will be given to the first 3 finishers in each sex/age in the non-wetsuit division (19-24, 25-29, etc). **Category 2 (Wetsuit Division):** Medals will be given to the first 3 men and the first 3 women in the wetsuit division in each race. Preliminary results for both races will be posted on site 30 min after the last swimmer in the 10km race finishes. Official results will be posted on www.trivalleymasters.com and www.pacificmasters.org (See USA Swimming Entry Form for Details of USA Swimming Races)

Conditions/Safety

Expected water temperature: 67-73 degrees. Each course is patrolled by safety craft. Participants should be adequately trained for open water swims of this length. Previous experience in similar water conditions is highly recommended. All swimmers must wear the provided swim cap and follow all USMS rules. **Warm-up in designated roped in swim area only—swimming outside of this area for warm up will result in disqualification.**

ALL SWIMMERS MUST REGISTER AND SIGN WAIVER

Race participant entries limited to 350 total swimmers. Online and race day registration will be closed when this limit is met.

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918



2016 Del Valle Open Water Festival
5km / 10km swim
Saturday, June 11, 2016 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # Pending

Last Name _____		First Name _____	USMS# _____
Address _____		Phone _____	
E-Mail _____		Club _____	
Date of Birth _____		Age (on 6/11/16) _____	Circle Gender M W
Estimated 1650/1500 (mile) time for waves seeding _____ (A blank time entry will be placed in the 2 nd or 3 rd wave). We will randomly check the USMS database to validate times. Please be accurate.			
<u>Emergency Contact:</u>			
Name _____		Relationship: _____	Contact # _____

Select races: <input type="radio"/> 5km <input type="radio"/> 10km	<i>Pre-race (10k must be pre-entered by 5/28/16)</i>	\$75	\$ _____
	<i>(Online processing fee waived prior to 5/11/16)</i>		
Wet-suit: <input type="radio"/> Yes <input type="radio"/> No	<i>Race day registration for 5km only</i>	\$85	\$ _____
	(if race limit is not filled)		
T-shirt – Circle size: S M L XL	<i>Pre-order:</i>	T-shirt	\$10 \$ _____
T-shirt – Gender: Male/Female	All Sales Final. No Refunds.	Total	\$ _____

******* Attach or Enclose copy of USMS Card with Entry *******

Online processing fee of \$5.00 waived on all online entries prior to 11:59PM on 5/11/16.
Online registration for the 10K closes 11:59PM on 5/28/16 or when race participant limit of 350 swimmers for the 5K and 10K combined is reached.
Online registration for the 5K closes 11:59PM on 6/9/16 or when race participant limit is reached.

NO REFUNDS

Mail entries must be received by 5/28/16:
Mail form with check to: Tri Valley Masters, Attn: DV16, P.O. Box 5116, Pleasanton, CA 94566

Membership in United State Masters Swimming (USMS) is required to participate in this event for liability insurance purposes. To register with USMS, see the USMS website <http://www.usms.org/req>. You may also obtain USMS membership on race day.

ALL SWIMMERS MUST READ CAREFULLY AND SIGN WAIVER ON LAST PAGE:



2016 Del Valle Open Water Festival
1.2km / 2.5km swim
Sunday, June 12, 2016 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # Pending



Location of Event

The Del Valle Regional Park, Livermore, CA., is located on Del Valle Road off Mines Road. From I-580 take the North Livermore Av exit and head south 3.9 mi (North Livermore Av will become South Livermore Av). Turn right onto Mines Road. Go 3.5 miles and continue straight on Del Valle Road (Mines Road turns left). Drive 4 miles over the hill to the park entrance (there is a parking fee). After the entrance go right and park near the lake.
www.ebparks.org/parks/delval.htm



Race Start/Cutoff Times: The 1.2km swim begins at 8:30 A.M. and the 2.5km swim begins at 10:00 A.M. Race start times are approximate. Cutoff times are 50 minutes for the 1.2km swim and 90 minutes for the 2.5km swim. Registration is from 6:45 to 9:15 A.M. Registration for the 1.2km race will close at 8:00AM. Swimmers will be seeded in waves fast to slow. "No Time" entries will be seeded in the slowest wave. Wetsuits will be seeded in a separate wave. The waves will be denoted by different color caps and start 5-10 minutes apart.

Awards: USMS 1.2km Swim - Medals will be given to the first 3 finishers in each sex/age in the Category 1 (non-wetsuit division) (19-24, 25-29, etc). **2.5km Swim** - Medals will be given to the first 3 finishers in each sex/age in the non-wetsuit division (19-24, 25-29, etc). **Category 2 (Wetsuit Division):** Medals will be given to the first 3 men and the first 3 women in the wetsuit division in each race. Preliminary results for both races will be posted on site 30 min after the last swimmer in the 2.5km race finishes. Official results will be posted on www.trivalleymasters.com and www.pacificmasters.org

Conditions/Safety: Expected water temperature: 67-73 degrees. Each course is patrolled by safety craft. Participants should be adequately trained for open water swims of this length. Previous experience in similar water conditions is highly recommended. All swimmers must wear the provided swim cap and follow all USMS rules. **Warm-up in designated roped in swim area only—swimming outside of this area for warm up will result in disqualification.**

ALL SWIMMERS MUST REGISTER AND SIGN WAIVER

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918



2016 Del Valle Open Water Festival
1.2km / 2.5km swim
Sunday, June 12, 2016 Lake Del Valle, Livermore, California
PMS/USMS, Inc., Sanction # - and #

Last Name _____ First Name _____ MI _____ **USMS#** _____

Address _____ Phone _____

E-Mail _____ Club _____

Date of Birth _____ Age (on 6/12/15) _____ Circle Gender M W

Estimated 1650/1500 (mile) time for waves seeding _____ (A blank time entry will be placed in the 2nd or 3rd wave). We will randomly check the USMS database to validate times. Please be accurate.

Emergency Contact:

Name _____ Relationship: _____ Contact # _____

Select races: ☐ Both ☐ 1.2km ☐ 2.5km *Pre-race* \$40 for one; \$50 for both \$ _____

(Online processing fee waived prior to 5/11/16)

Wet-suit: ☐ Yes ☐ No *Race day registration:* \$55 for one; \$65 for both \$ _____

T-shirt – Circle size: **S M L XL** *Pre-order:* T-shirt \$10 \$ _____

T-shirt - Gender: **Male/Female** **All Sales Final. No Refunds.** Total \$ _____

******* Attach or Enclose USMS Card with Entry *******

Online processing fee of \$5.00 waived on all online entries prior to 11:59PM on 5/11/16.

Online registration closes 11:59PM on 6/9/16

NO REFUNDS

Mail entries must be received by 5/28/16:

Mail form with check to: Tri Valley Masters, Attn: DV16, P.O. Box 5116, Pleasanton, CA 94566

Membership in United State Masters Swimming (USMS) is required to participate in this event for liability insurance purposes. To register with USMS, see the USMS website <http://www.usms.org/req>. You may also obtain USMS membership on race day.

ALL SWIMMERS MUST READ CAREFULLY AND SIGN WAIVER ON LAST PAGE:

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918

PLEASE READ CAREFULLY AND SIGN BELOW:

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); USA-Swimming, Pacific Swimming; EBRPD; the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Tri Valley Masters Del Valle Open Water Festival
Lake Del Valle, Livermore, California, Sunday, June 11-12, 2016

Signature

_____/_____/_____
Date

Register Online at www.teamunify.com/dvowf

Contact Information Race Director: Bill McCracken, mccracmiller@pacbell.net, (925) 216-7918