

THE MARYLAND LMSC OF UNITED STATES MASTERS SWIMMING PRESENTS

The **2016-2017** Carol Chidester Memorial Swim Series

Maryland is hosting a 6-meet swim series for 2016-2017.

Meets are free to all registered Maryland LMSC Swimmers who register online. Registered swimmers from other USMS LMSC's are welcome for a fee of \$25 with online entry.

Deck entry fee:

\$25 for Maryland LMSC swimmers (Fee waived for ages 65+).

\$30 for non Maryland LMSC swimmers. Payable by cash or check made payable to: Maryland LMSC.

All swimmers who wish to deck enter must bring a copy of their USMS registration card. Swimmers may print their own copies by following the instructions on <http://mdusms.org>

New Maryland USMS registrations will be permitted on deck and will be exempt from the meet fee.

USMS renewals will not be permitted on the deck.

The exact dates, event lists and other details for each meet will be posted on our website as details become available. Preliminary details are provided in this announcement but are subject to change.

We encourage you and your teammates to attend the swim series. The meets are low-key and fun. There are post event "socials" at some meets.

The annual Maryland USMS general membership meeting will take place during the November meet at Washington College. Details will be announced via the Maryland LMSC Yahoo Group email list and will be posted on our website.

The **Swim Series Challenge** will include meets through February 2017. An award will be given each swimmer who competes in all of those meets and/or completes any twelve (12)

different individual events. Awards will be presented at the sixth and final meet.

Maryland teams will be scored using the Club Scoring method. Details are posted under "Results" on our website. Series awards will be presented at the March final meet.

CONDUCT:

All meets will be sanctioned and have two officials. All participants must be registered with **United States Masters Swimming (USMS)**. Visit <http://mdusms.org> for USMS registration and more information.

Most meets will be seeded strictly by time. In these meets

men and women will compete together. Scores will be calculated, as usual, by age group and by sex.

Relays in all meets may be Mixed, Women, or Men. Mixed relays must consist of two men and two women. Swimmers may enter exactly one freestyle relay and exactly one medley relay. All members of a relay must be from the same registered club, no unattached relays allowed. The relays will be swum according to standard USMS relay age groups (18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+).

A preliminary meet program is usually provided to entrants the evening before the scheduled meet. Preliminary results will be provided the day after the event, in most cases.

Each meet will use an on line entry system. The system will be accessible via <http://mdusms.org> at least 14 days before each meet, and will close at 9:00PM the **Thursday** prior to the meet. On the site click "Event", find the meet of interest, click on the link and follow the instructions.

Swimmers who enter online will be pre-seeded in the meet and in the meet program. Deck entries will be inserted into open lanes or into new heat(s) as required. Some events may have entry limits imposed and may be marked as "full" by the meet host/director, so swimmers who choose to deck enter may not be able to swim their favorite events. **Online entry is strongly encouraged.**

Each swimmer will be allowed to swim up to three (3) individual events and two (2) relays per meet (a medley and/or freestyle) unless otherwise posted on our web site.

Positive check-in at the meet for those who enter online is not required with the following exception: **Distances of 400 yards or greater shall usually require positive check-in before the meet.** Seeding of those distance events shall be done the day of the meet based on the actual people who complete a positive check-in to swim.

Each meet will have a minimum of 50-100 of each stroke, 100 & 200 individual medley, 200 freestyle, and a 200 of another stroke. The 500 freestyle and 400 individual medley will be scheduled in at least two of the meets. The course for all meets is expected to be short course yards (SCY).

Meet results will be submitted to USMS's searchable database.

This notice is subject to change. Changes to rules and individual meet details may be posted on our website.

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MEET SCHEDULE

DATE	MEET DIRECTOR	LOCATION	WARM UP TIME	START TIME
January 15	(Sun.) Shane Knipschild	AOSC	3:15 PM	4:00 PM

Check-in is required, for distances of 400 yards or more.

Individual deck entry is typically due by the start of warm up.

Deck-entered relays are typically due before meet start – details posted on each online meet entry page.

Details will be posted on our website and via the Maryland LMSC e mail list.

+The Maryland LMSC annual General Membership meeting will take place during the November meet.

*At 3:30 PM there will be a YMCA Nationals informational meeting for Maryland LMSC swimmers.

All courses are Short Course Yards (SCY)

Meet Director Contact

Shane Knipschild: Sktech01@comcast.net

Directions for each meet, and other important details, will be posted on the online meet entry page for the meet. Check the website for these details.

Questions or comments contact the swim series chair/coordinator.

Rand Vaillancourt: Rand@usms.org

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ORDER OF EVENTS #4 Sanction xxx-xxxx

Arundel Olympic Swim Center

1. Mixed 400 yd. Individual Medley
2. Mixed 50 yd. Backstroke
3. Mixed 200 yd. Butterfly
4. Mixed 100 yd. Freestyle
5. Mixed 200 yd. Breaststroke
6. Mixed 50 yd. Butterfly
7. Mixed 200 yd. Individual Medley
8. Mixed 100 yd. Backstroke
9. 400 yd. Freestyle Relay
10. Mixed 50 yd. Breaststroke
11. Mixed 200 yd. Freestyle
12. Mixed 100 yd. Butterfly
13. Mixed 100 yd. Individual Medley
14. Mixed 200 yd. Backstroke
15. Mixed 100 yd. Breaststroke
16. Mixed 50 yd. Freestyle
17. 200 yd. Medley Relay
18. Mixed 500 yd. Freestyle