

FLATHEAD LAKE SWIM SERIES 2015 ENTRY FORM



**FLATHEAD LAKE
SWIM SERIES**

Big Arm Montana

July 17, 18, 19, 2015



Race Schedule

Race	Date/Time	Time limit	Pre-Race Mtg
5K	Friday 6pm	3 hours	5:40 pm
10K	Saturday 8am	6 hours	7:40 am
1 mile ZONE CHAMP	Sunday 8am	NO limit	7:40 am
1 mile	Sunday 8:30	NO limit	8:10 am
1/2 mile	Sunday 9am	NO limit	8:40 am

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE _____ ZIP CODE _____
 PHONE: _____ DOB _____ GENDER: M F
 EMAIL: _____
 MASTERS TEAM: _____ USMS NO. _____

T-Shirt Size: S M L XL XXL

EVENTS:

5K EST FINISH TIME _____
 10K EST FINISH TIME _____
 1 MILE EST FINISH TIME _____
 ZONE CHAMPIONSHIP HEAT (NON-WETSUIT)
 WETSUIT HEAT
 1/2 mile EST FINISH TIME _____

1-RACE ENTRY FEE: \$35.00 _____
 2-RACES ENTRY FEE: \$55.00 _____
 3-RACES ENTRY FEE: \$65.00 _____
 4-RACES ENTRY FEE: \$70.00 _____
 USMS SINGLE EVENT FEE \$18.00 _____
 (required if not USMS member)
 Additional tax deductible Donation for the
 Enduring Waves Foundation _____
 TOTAL DUE (make checks out to KATS MASTERS): _____

LODGING:

Big Arm State Park has seven tent sites and 41 RV/trailer sites for camping. Reservations can be made at <http://montanastateparks.reserveamerica.com>.

The closest hotels to the race are located in Polson, approximately 15 minutes from the race site. Additional lodging is available in Somers (30 min. from race site) and Kalispell (45 min. from race site)

Disclosures: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

ENTRY DEADLINE: All entries and accompanying fees must be received no later than July 11, 2014.

Please send form and fees to: KATS Masters Attn: Emily von Jentzen/ PO Box 11, Kalispell 59903

OR Register Online at: https://www.clubassistant.com/club/meet_information.cfm?c=2262&smid=6233

Questions? Contact Emily von Jentzen: 406.529.2830, emily.vonjentzen@gmail.com

 Athlete Name (printed) Signature Date



KATS Masters Swim Club proudly presents:

The 2nd Annual Flathead Lake Swim Series
July 17, 18 & 19, 2015
Big Arm, Montana
USMS Sanction Number: (pending)

BENEFIT: This event is a charity event and 100% of the proceeds will go to the Enduring Waves Foundation (see www.enduringwaves.com). The Enduring Waves Foundation is a Montana 501(c)(3) nonprofit (status pending) that assists Montana children financially with various medical expenses.

LOCATION: Big Arm State Park (permit pending).

SANCTION AND RULES: The open water swim series is sanctioned by USMS swimming. The 2015 USMS Swimming and Montana Masters Swimming Rules will govern the conduct of the meet. Timing will be by Racesplitter. All events will be timed finals.

ELIGIBILITY: All swimmers must have a current USMS Swimming card, or be covered by the USMS one-event registration form for insurance purposes. Swimmers must be registered in one manner or another at the beginning of the first race. Online registration or hard copy forms can be processed with the meet entry form. Swimmers must be comfortable swimming in open water to enter this event.

EVENT FORMAT: All races will be run as a mass start, in water. Although there will be wetsuit and non-wetsuit divisions for purposes of awards, both divisions will be run simultaneously for each of the four events (with the exception of a separate heat for those competing in the NW Zone Championships of the 1-mile race).

ENTRY FEES: The entry fee for each swimmer is based on the number of events swum. The single race entry fee is \$35.00, the race entry fee for 2 events is \$55, the race entry fee for 3 events is \$65; and the race entry fee for all 4 events is \$70. Swim meet checks should be made payable to "KATS Masters". No entries will be accepted without the proper entry fees. There will be NO REFUNDS. No entries will be received after July 11, 2015.

Swimmers will receive a participant bag, which will include a shirt, USMS bag tag, USMS swim cap among other great samples from our sponsors.

Paper registration: Mail entries and payment to: KATS MASTERS: Attn: Emily von Jentzen, PO Box 11, Kalispell 59903

Online registration: Registration can be submitted online at

RESULTS: Results will be posted as they are finalized at the event and online.

Awards: There will be awards for top finishers in each age group in each individual race for each gender.

18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 94-99, 100-104

Overall Champions: The top male and female with the best overall combined time for all four events (non-wetsuit) will be deemed the FLATHEAD LAKE MONSTER. Additional overall awards as follows:

1-3 male and female wetsuit division;

1-3 male and female non-wetsuit division

1-MILE NW ZONE CHAMPIONSHIPS: This year the 1-mile will have a separate non-wetsuit heat designated as the 2015 NW Zone Championship in the 1-mile. Awards in the 1-mile NW Zone Championship heat will be first through tenth place in each of the afore-mentioned age groups.

FEED STATIONS: There will be a floating feed station on both the 5K and 10K races. Athletes will be responsible for providing their own feed in a water bottle clearly labeled with their race number. Each athlete's feed will then be placed in a numbered slot on the floating feed table. The 1 mile and 1/2 mile races will NOT have feed stations.

10K SPECIAL CONSIDERATIONS: The 10K race will be a point to point race. Athletes will be boated out to the "start point" and will swim back to shore. The race will not be delayed for athletes who fail to check in prior to the mandatory pre-race meeting. 10K athletes will be provided a volunteer kayaker for safety purposes. Athletes may not draft off of their kayak support, may not rest on their kayak support and may not take feed from their kayak support. Kayaks are solely provided for the safety of the swimmers on a spread out course.

ATHLETE ACCOMMODATIONS: Athletes with disability are welcomed at the Flathead Lake Swim Series. Any athlete requiring special accommodations must contact the event director by the entry deadline to request any special accommodations required.

LAKE CONDITIONS: Athletes should be prepared for the possibility of rapidly changing conditions. Our 2014 event saw a 15 degree drop in water temperatures from day 1 to day 3 of the series. Athletes will be asked to declare their division (wetsuit or nonwetsuit) one week prior to the event, however, changing divisions on event day will be permitted prior to the pre-race meeting if conditions require.