

CHATTANOOGA RIVER RATS INVITATIONAL

2nd ANNUAL

SUNDAY, APRIL 12, 2015

The meet will be conducted under the auspices of UMMS rules of which will apply.

Sanction No.:

HOST CLUB: McCallie / GPS Aquatics, Chattanooga River Rats and the McCallie School

LOCATION: The McCallie School Sports Complex
500 Dodds Ave.
Chattanooga, TN 37404

Meet Referee: Steve Karman

Meet Starter: Larry Alexander

FACILITIES: 11 lane 25 yard pool. 8 lanes for competition. The other three lanes will be available throughout the meet for warm-up and warm-down. The competition course has been certified in accordance with 104.2.2C(4). Non-turbulent lane ropes. Minimum depth 4 feet. Maximum depth 14 feet. Balcony seating for 500. Gymnasium rest areas for swimmers with concession stand and swim shop.

MEET SCHEDULE:

Sunday session warm-up 12:00 Noon Meet begins 1:00 P.M.

An estimated time line will be available by noon Friday, April 10, 2015

Meet director reserves the right to combine heats and/or events to expedite the progression of the meet events.

ELIGIBILITY: All swimmers must be registered with United States Masters Swimming, Inc. and registration numbers must be listed on the entry form. ***No entries will be accepted without current and valid registration numbers.***

RULES: USMS Swimming Rules will govern the meet.

NOTE: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

MEET FORMAT: All Events will be Timed Finals. Age groups are: 18 – 24, 25-29, 30-34, 35-39 and further in five year increments as high as is necessary (USMS Rule Book, Article 102.3).

A swimmer's age on the last day of the meet determines the age group for the entire meet.

All events will be pre-seeded except for the 500 Freestyle and 400 IM, which will be deck seeded. Positive check-in with the Clerk of Course for all deck-seeded events is required in order to swim. For the 400 IM, you must check in before 12:30 p.m. For the 500 free, you must check in before the start of the 100 IM.

PROCEDURE FOR POSITIVE CHECK-IN OR SCRATCHING. Only the swimmer or his/her coach may check-in or scratch a swimmer. **If swimming an event**, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. **If scratching the event**, the swimmer or coach shall line through the swimmer's name and place their initials next to the swimmer's name.

SCRATCH PENALTIES FOR DECK-SEEDED EVENTS: Any swimmer failing to swim an event after a positive check-in will result in the swimmer being barred from his/her next individual event – unless excused by the referee.

RELAY CHECK-IN - Relay cards will be available at check-in and must be turned in within 30 minutes of the start of the session. Changes may be made until the relay event begins.

ENTRIES: A swimmer may swim up to a maximum of ***five individual events.***

Acceptable entries must be legible and complete. Enter Short course yards times or "NT" for no time. Entry forms must include the swimmer's first and last name, age, USMS registration number and the yard times for each individual event entered. Relay times should be listed for each entered relay. ***All potential relay participants must be entered in the meet by the start of the session the relay is participating.***

FEES: \$35.00 per swimmer for 5 events
\$10.00 per relay

DEADLINE: All entries must be received by Tuesday, March 31, 2015. Checks should be payable to the **McCallie School**.

LATE ENTRIES: Late entries will be accepted on an available lane at the discretion of the meet entry chairman. No new heats will be formed after the meet has been seeded.

Email entries to and forms to
McCallie / GPS Aquatics
Care of Stan Corcoran
500 Dodds Ave
Chattanooga, TN 37404

WAIVER AND RELEASE: Must be signed by individual before the meet begins.

SAFETY: In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a prudent manner. USMS **Safety Guidelines and Warm-up Procedures will be in effect.**

SCORING: There will be no team scoring for this event.

CHATTANOOGA RIVER RATS INVITATIONAL
2nd ANNUAL
SUNDAY, APRIL 12, 2015

WOMEN

MEN

Event No.	Entry Time		Entry Time	Event No.
1	_____	400 IM	_____	2
3	_____	50 Freestyle	_____	4
5	_____	200 Back	_____	6
7	_____	50 Fly	_____	8
9	_____	200 Breast	_____	10
11	_____	50 Back	_____	12
13	_____	200 Free Relay	_____	14
15	_____	200 Fly	_____	16
17	_____	50 Breast	_____	18
19	_____	500 Free	_____	20
21	_____	200 Individual Medley	_____	22

CURRENT USMS CARD NEEDS TO BE MAILED IN WITH FORM

NAME _____

AGE _____ BIRTH DATE _____

CLUB _____

CELL # _____

EMAIL _____

THIS ENTRY FORM MUST BE SUBMITTED WITH THE USMS RELEASE FORM PROVIDED IN THE MEET INFORMATION AND A COPY OF YOUR CURRENT USMS CARD . PLEASE CALL STAN AT 423-493-5536 OR EMAIL AT CORCORAN@MCCALLIE.ORG IF YOU HAVE ANY QUESTIONS.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	