Mission Viejo Nadadores & Southern California Swimming present the 2014 TYR Fran Crippen Memorial Swim Meet of Champions

SANCTIONED BY: Southern California Swimming/USA Swimmin/Southern Pacific Masters SwimmingSanction No: # 14-051(USA Swimming)/ #334-S039 (USMS)SPONSORED BY: Mission Viejo NadadoresDATE OF MEET: June 26-29, 2014USA Swimming and FINENTRIES MUST BE RECEI

USA Swimming and FINA Athletes, USMS Athletes: Heats & Finals ENTRIES MUST BE RECEIVED BY: 5 PM Wednesday, June 18, 2014 START TIME: PRELIMS 9 am: FINALS 5 pm

WARM-UP: Pool will open for warm-up at 3:00 pm, THURS; 7:00 am FRI, SAT, and SUN

ELECTRONIC (E-MAIL) ENTRY IS ENCOURAGED. FULL PAYMENT MUST BE POSTMARKED WITHIN 48 HOURS OF ELECTRONIC SUBMISSION. IF SUBMITTING ENTRY VIA THE INTERNET (EMAIL), THE EMAILED ENTRY MUST INCLUDE BOTH THE ELECTRONIC ENTRY FILE (HY3) AND A PDF OF THE TEXT ENTRY ELECTRONICALLY SIGNED BY THE COACH. ELECTRONIC ENTRY MUST BE ACCOMPANIED BY SIGNED HARD COPY AND SINGLE TEAM CHECK. THIS IS A PROOF-OF-TIME-MEET. PROOF OF TIME MUST BE SUBMITTED IF TIMES ARE NOT IN SWIMS.

POOL: Marguerite Recreation Center, 27474 Casta Del Sol, Mission Viejo, CA 92692. Take I-5 to La Paz exit. Turn east on La Paz, left on Marguerite, right on Casta Del Sol. Turn right at first driveway. Swim parking lot is behind the tennis courts on right with the exit being at upper level. Do not park in tennis lot.

COURSE: Competition pool is an outdoor, international depth, eight-lane, 50 meter course with adjacent eight lane 25 yard warm-up pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Pool Depth Measurement at South End: Lanes 1-8=2M; and North End: Lanes 1&8=2M; Lanes 2&7=3M; Lanes 3,4,5,6=3.5M.

TICKETS: Prelims - Free, Finals - \$7. An all-meet pass (all sessions) is \$20.

ENTRY INTO THE MEET

ELIGIBILITY & AFFILIATION: Open to athletes who hold a current 2014 USA Swimming Registration Card or FINA membership or are registered for 2014 with USMS. Registration application must be at SCS Office by June 18, 2014. There are substantial penalties for swimmer and club (2014 Swim Guide, Part One, III, B) if USA Swimming registration is completed at meet. Before the first day of the meet, a swimmer may change his/her affiliation by the standard procedure. At the meet, a swimmer may UNATTACH (but not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

QUALIFYING TIMES: Team entries may be submitted electronically (signed hard-copy and single team check must be submitted). Individual entries may be made on Southern California Swimming consolidated entry forms. Swimmers must have achieved the time standard after Sept. 1, 2012. Times submitted must be recorded times. DO NOT SUBMIT NT (no time), ET (estimated time), or work out times. Swimmers may enter all events for which they qualify <u>but</u> may only compete in three (3) individual events per day. NOTE: Proof of time is required through SWIMS, the National Times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition, (b) a USA Swimming observed competition, (c) a USA Swimming approved competition, or (d) a FINA approved competition. Times in the database are not meet entry only proof of entered time.

> NOTE: If Standard is achieved in YARDS, enter event with YARD time, indicated on entry by "Y". If Standard is achieved in SHORT COURSE METERS, enter event with SHORT COURSE METER time, indicated on entry by "S". If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". Enter BONUS events with swimmer's actual time: indicate "YB" on entry for BONUS time achieved in YARDS, indicate "SB" on entry for BONUS time achieved in SHORT COURSE METERS, indicate "LB" on entry for BONUS time achieved in LONG COURSE METERS. National Qualifiers may enter at the National meter minimum; please indicate on entry.

THE HOST CLUB & REFEREE RESERVE THE RIGHT TO LIMIT THE MEET TO THE AVAILABLE TIME (FIRST COME, FIRST SERVED).

PROOF OF TIME: This is a PROOF OF TIME meet. Entries will be run through SWIMS Times Recon prior to the meet. See SCS Swim Guide for Proof of Time procedures and penalties. **NOTE:** Swimmers qualified in less than 5 events may swim 1, and only 1, bonus event; qualified in 5+ must prove all events. EXCEPTIONS: (1) A swimmer may not enter the 800 M Freestyle as a BONUS event without providing proof of time in the 1500 M Freestyle. (2) A swimmer may not enter the 1500 M Freestyle as a BONUS event without providing proof of time in the 1500 M Freestyle.

MAKE CHECKS PAYABLE TO: and MAIL ENTRIES TO:

Or E-MAIL ENTRIES TO:

SOUTHERN CALIFORNIA SWIMMING Judi Divan 33561 Calle Miramar San Juan Capistrano, CA 92675 <u>divanj@cox.net</u>

For Information, Call the Mission Viejo Nadadores at (949) 380-2552 -or- Southern California Swimming at (800) 824-6206.

ENTRY FEES: \$11.00 per individual event plus \$12.00 per swimmer surcharge. E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

RELAY ENTRY FEES: \$22.00 per relay team; relays may be pre-entered (if pre-entered must be paid with team entry) or deck entered. \$12.00 surcharge for relayonly swimmers (must be prepaid). Deletions will NOT be refunded.

ENTRIES CLOSE: Emailed, postmarked and/or hand-carried entries RECEIVED after 5 PM on June 18, 2014 will be rejected.

RULES AND PROCEDURES

MEET REFEREE: The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules will govern. Current SCS Meet procedures for Heats and Finals Meets will be enforced (See 2014 SCS Swim Guide): the National finals' scratch rule will be used. In order, there will be a Bonus Final, Consolation Final and Championship Final for all events except the 800 & 1500 Freestyle. A swimmer must scratch or place an intent on an event within 30 minutes of announcement of preliminary results. Final "no-show" (original top 8 places only) except last day will be removed from the remainder of the meet. A \$50.00 fine will be assessed to the swimmer for a no show in her/his last event of the meet.

If warranted, the meet will be swum in 'A' and 'B' flights on Friday and Saturday only. Events on Thursday and Sunday will not be separated by flight. For flighted events, there will be 6 preliminary heats of each event in the 'A' flight followed by a brief 'practice start' break, followed by the 'B' flight for the remaining heats. All preliminary heats will be swum fastest to slowest. All heats of the 400 IM, 400 Freestyle, 800 Freestyle and 1500 Freestyle will be swum fastest to slowest, alternating womens and mens heats. Anticipate a flighted meet. Flight decision will be announced Monday, June 23, 2014.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Ony swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits anywhere other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

DISTANCE EVENTS: The 800 and 1500 yd freestyles are 'timed finals' with standard seeding procedures;

- * Thursday: Men's 1500 and Women's 800 Freestyles will be swum fastest to slowest, alternating women's and men's heats;
- Sunday: Fastest 8 entrants checked in for the women's 1500 Free will swim after the Event 24 "A" Final; fastest 8 entrants checked in for the men's 800 Free will swim after the Event 26 "A" Final. All other heats will be swum at the end of prelims after morning relays, fastest to slowest, alternating women's and men's heats.

RELAYS: Relays will be contested at the end of Finals Friday thru Sunday. Relays will be swum in the National format: fastest two heats of women (slow to fast); fastest two heats of men (slow to fast); remaining heats alternating women and men, fast to slow. There will be an option to swim the Medley Relay on Sunday at the conclusion of prelims (after 'A' and 'B' flights), and before the 1500 Freestyle. Option must be declared by the scratch deadline (5:30 p.m.) on Saturday.

SCRATCH DEADLINES:

Thursday 6/26 4:30 p.m. positive checkin for Thursday events; Scratches: Friday 6/27 8:00 a.m. for Friday events; Friday 6/27 5:30 pm for Saturday's events & Saturday 6/28 5:30 p.m. for Sunday's events.

A swimmer who fails to scratch and "no shows" a prelim may not swim the remaining individual & relay events for the day and MUST positive check in for all subsequent days individual events by the scratch deadline for those events. A swimmer who fails to scratch and "no shows" a final will be removed from the meet.

Positive check-in must be made for the 800 and 1500 Meter Freestyle by the day's scratch deadline.

WARMUP: From 7:00-8:15 am, the competition pool will be open for general warm-up with Lanes 1 & 8 reserved for push-pace work - <u>NO DIVING</u>. From 8:15-8:50 am, Lanes 1 & 8 will be designated for push-pace work: Lanes 2 & 7 will be sprint lanes, one-way from the blocks under coaches' supervision. Practice starts only in the sprint lanes. No paddles will be allowed in the competition pool. The diving pool will be available for warm-up/cool down at all times - No diving at any time.

AWARDS: Special awards presented to top three places in championship finals and the top three places in relays. There will be a high point award for the top female and the top male swimmer.

Scoring: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1. Relays will score double.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Mission Viejo Nadadores & Southern California Swimming

Present The

2014 TYR Fran Crippen Memorial Swim Meet of Champions

Date of Meet: June 26-29, 2014

ENTRIES MUST BE RECEIVED BY: Wednesday, June 18, 2014 5:00 PM

Heats and Finals Meet - Championship Seeding - Bonus, Consolation & Championship Final in that Order

Automatic Timing - Open to 2014 USA Swimming and FINA Athletes
WOMEN
M Time SCM Time SCM Time SCM Time SCM Time SCM Time SCM

Event No.	Time LCM	Time SCM	Time SCY	Event Name	Time LCM	Time SCM	Time SCY	Event No.
				06/26/14				
1	9:19.13	9:03.13	10:34.99 Enter 1000Y Free Time	800 Meter Freestyle				
				1500 Meter Freestyle	17:00.50	16:30.50	16:34.80 Enter 1650Y Free Time	2
				06/27/14				
3	1:00.49	58.98	53.22	100 Meter Freestyle	55.44	54.52	49.56	4
5	2:27.43	2:24.95	2:11.77	200 Meter Butterfly	2:16.39	2:11.59	1:59.63	6
7	2:31.09	2:24.98	2:11.80	200 Meter Backstroke	2:18.99	2:16.39	2:03.99	8
9	4:33.10	4:27.20	5:02.00 Enter 500Y Free Time	400 Meter Freestyle	4:19.80	4:11.80	4:44.80 Enter 500Y Free Time	10
11	Deck Entry	Deck Entry	Deck Entry	400 Meter Freestyle Relay	Deck Entry	Deck Entry	Deck Entry	12
				06/28/14				
13	2:08.90	02:05.70	01:52.80	200 Meter Freestyle	1:59.80	1:57.01	1:44.90	14
15	2:48.84	2:43.71	2:28.83	200 Meter Breaststroke	2:35.69	2:28.93	2:15.48	16
17	28.07	27.32	24.84	50 Meter Freestyle	25.59	24.21	22.01	18
19	5:17.79	5:11.00	4:42.73	400 Meter Individual Medley	4:51.84	4:43.01	4:17.28	20
21	Deck Entry	Deck Entry	Deck Entry	800 Meter Freestyle Relay	Deck Entry	Deck Entry	Deck Entry	22
				06/29/14				
23	1:07.45	1:05.98	59.98	100 Meter Butterfly	1:01.18	58.75	53.41	24
25	1:10.57	1:07.20	1:01.09	100 Meter Backstroke	1:04.00	1:01.18	55.62	26
27	1:18.76	1:15.64	1:08.76	100 Meter Breaststroke	1:11.17	1:08.29	1:02.08	28
29	2:28.27	2:26.06	2:11.59	200 Meter Individual Medley	2:17.10	2:11.62	1:59.65	30
31	18:05.62	17:35.62	17:39.59 Enter 1650Y Free Time	1500 Meter Freestyle				
				800 Meter Freestyle	8:45.29	8:29.29	10:05.87 Enter 1000Y Free Time	32
33	Deck Entry	Deck Entry	Deck Entry	400 Meter Medley Relay	Deck Entry	Deck Entry	Deck Entry	34

Individual Entries must be made on Southern California Swimming Entry Cards.

Team entries may be submitted electronically (signed hard copy and single team check must be submitted).

This is a Proof of Time Meet. Entries will be run through SWIMS Times Recon prior to the meet.

If Standard is achieved in YARDS, enter event with YARD time, indicated on entry by 'Y'.

If Standard is achieved in SHORT COURSE METERS, enter event with SHORT COURSE METER time, indicated on entry by 'S'.

If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by 'L'.

Enter BONUS events with swimmer's ACTUAL time; indicate 'YB' for BONUS time achieved in YARDS,

'SB' for BONUS time achieved in SHORT COURSE METERS, and

'LB' for BONUS time achieved in LONG COURSE METERS.

Nationals Qualifiers may enter at the National meter minimum; please indicate on entry;

NOTE: Swimmers qualified in less than 5 events may swim 1, and only 1, bonus event; qualified in 5+ must prove all events.

EXCEPTIONS: (1) A swimmer may not enter the 800 Meter Freestyle as a BONUS event without providing proof of time in the 1500 Meter Freestyle; (2) A swimmer may not enter the 1500 Meter Freestyle as a BONUS event without providing proof of time in the 800 Meter Freestyle.

DISTANCE EVENTS:

The 800 and 1500 yd freestyles are 'timed finals' with standard seeding procedures;

Thursday: Men's 1500 and Women's 800 Freestyles will be swum fastest to slowest, alternating women's and men's heats;

Sunday: Fastest 8 entrants checked in for the women's 1500 Free will swim after the Event 24 "A" Final; fastest 8 entrants checked in for the men's 800 Free will swim after the Event 26 "A" Final. All other heats will be swum at the end of prelims after morning relays, fastest to slowest, alternating women's and men's heats.

The host club and referee reserve the right to limit the meet to the available time (first come, first served). For information, call the Mission Viejo Nadadores at (949) 380-2552 or Southern California Swimming at (800) 824-6206.

DECK-ENTERED TIME TRIALS - Sanction No: # 14-052

DATES: June 27-29, 2014 ENTRY: Deck entry TIME:Following the Preliminary sessions if time permits.ENTRY FEE:\$11.00/event (check/cash buys card at Clerk of Course). No refunds after seeding.

EVENTS: Order of events will be determined by Time Trials' Administrative Referee and depends on which events are entered. **ELIGIBILITY:** Open to USA-Swimming, USMS or FINA registered swimmers entered in individual and/or relay events at the meet .

USMS Entries to the Meet:

Rules: Meet will be conducted under USA Swimming rules.

Eligibility: Open to any current 2014 USMS registered swimmer. Age on December 31, 2014 determines age group for the meet.

Entry to the Meet: Swimmers may complete a USMS entry card or enter on an SCS consolidated entry form (avavilable at <u>www.socalswim.org</u>) USMS swimmers must submit a photocopy of their 2014 USMS card. All swimmers must complete two copies of the Declaration of Intent form (to swim a dual-sanctioned meet as a Masters Swimmer). Forms may be sent to the meet processor along with the entry or may be completed at the administrative tent prior to competition at the meet.



DECLARATION OF INTENT To swim a dual-sanctioned meet as a Masters swimmer

MEET INFORMATION

Name	Instructions
Location	This form must be completed prior
Dates	to competition.
USMS Sanction Number	Complete two copies. Give one copy
SWIMMER INFORMATION	to the meet director prior to competition and one copy to the
Name	LMSC Top Ten Recorder.
USMS Number	It is the responsibility of the
Events entered	swimmer to complete and submit this paperwork.

I hereby declare my intent to swim this dual sanctioned meet as a Masters swimmer.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature	Date	Time
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2014 TYR Fran Crippen Memorial Swim Meet of Champions hosted by Southern California Swimming and the Mission Viejo Nadadores

HOTEL INFORMATION

DoubleTree by Hilton Hotel Irvine – Spectrum 90 Pacifica Irvine, CA 92618 Tel 949-471-8888 Fax 949 471-8600 From \$105 nightly Book by June 12 to reserve http://doubletree.hilton.com/en/dt/groups/personalized/ O/ONAISDT-FCM-20140626/index.jhtml?WT.mc_id=POG

> Hilton Garden Inn 27082 Towne Center Drive, Foothill Ranch, California, 92610 949-860-0041