



## Santa Barbara Masters 2014 SPMS SCY Regional Championship Meet Saturday, April 12 - Sunday, April 13, 2014

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction Number: 334-S028

**Facility:** Elings Aquatic Center, Dos Pueblos High School, 7266 Alameda Ave, Goleta, CA 93117. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Directions:** Take the 101 Freeway to the Glen Annie/ Storke Rd exit. Turn toward the mountains. Turn left on Cathedral Oaks Rd. The school is on the corner of Cathedral Oaks Rd and Alameda Ave. Parking is available in the corner lot above the gym. The pool is behind the gym.

**Rules:** USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. Age on April 12th determines age group for the meet. You must be at least 18 to compete.

**Entries:** All entries must be received by 6:00 p.m. on Monday, April 7, 2014. Entries received after April 3, 2014 may not appear in the meet program. No individual deck entries will be allowed. Swimmers are limited to entering a total of 7 individual events for the entire meet and no more than 5 individual events per day. There will be no refund of entry fees after April 7, 2014.

**Entry Fees:** **On-line registration is preferred.** Flat fee of \$45.00 if postmarked on or before Monday, March 31, 2014. Add a \$10.00 late fee for all entries postmarked (or entered on-line) after Monday, March 31, 2014.

**Warm-up:** USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). Warm-up in the competition pool will be available for one hour prior to the start of each session.

**Relays:** All relays will be deck entered. Relay only swimmers may enter for a \$10.00 fee and must sign a consolidated entry card. Relay entries are \$12.00 per relay, and there is no limit on the number of relays a swimmer may swim, but swimmers may swim only one relay (men, women, or mixed) per event.

**Seeding:** All events will be seeded and swum slowest to fastest, except the 1000, and 1650 yd. Freestyle which will be swum fastest to slowest. Men and women will be seeded together for the 500, 1000, and 1650 yd. Freestyle and also the 400 yd. Individual Medley, based on entry time. Men and women will swim separately for all other individual events with men swimming first. Scoring will be by gender and age group. The 1650 yd. Freestyle may be limited to the first 60 entries at the discretion of the meet director. Swimmers may enter both the 1000 and 1650 yd. Freestyle.

**Check-in:** Positive check-in is required for all events. Check-in closes at 8:00 a.m. on Saturday for the 500 yd. Freestyle, 8:00 a.m. on Sunday for the 400 yd. IM. Check-in for all other events will close one hour prior to the anticipated start of the event.

**Awards:** Individual: SPMS Medals for places 1 to 3, and SPMS Ribbons for places 4 to 6 for each age group and gender. Relays: SPMS medals for 1st place, SPMS Ribbons for 2nd and 3rd places. There will be special awards for high point male and female swimmer in each age group, based on points from individual events. Award certificates to the top eight teams, based on combined scoring for men and women, individual events plus relays.

**Checks payable to:** Santa Barbara Swim Club, Mail consolidated entry card, a copy of your 2014 USMS card, and check to: Bev Pierson, 935 Calle Collado, Thousand Oaks, CA 91360.

**Questions** Meet Director, John Abrami, 805-966-9757, [coachab@sbswim.net](mailto:coachab@sbswim.net).

**Snack Bar:** A complete hot and cold snack bar will be available.

**Saturday, April 12, 2014**

**Warm-up at 7:15 a.m.**

**Meet starts at 8:30 a.m.**

**Check-in for the 500 yd. Freestyle closes at 8:00 a.m.**

- 1 500 yd. Freestyle
- 2/3 200 yd. Freestyle
- 4/5 50 yd. Backstroke
- 6 200 yd. Medley Relay (Women, Men, Mixed)
- 7/8 200 yd. Breaststroke
- 9/10 100 yd. Butterfly
- 11/12 100 yd. Individual Medley
- 13 400 yd. Freestyle Relay (Women, Men, Mixed)
- 14/15 200 yd. Backstroke
- 16/17 50 yd. Butterfly
- 18 1650 yd. Freestyle

**Sunday, April 13, 2014**

**Warm-up at 7:15 a.m.**

**Meet starts at 8:30 a.m.**

**Check-in for the 400 yd. Individual Medley closes at 8:00 a.m.**

- 19 400 yd. Individual Medley
- 20 400 yd. Medley Relay (Women, Men, Mixed)
- 21/22 100 yd. Freestyle
- 23/24 50 yd. Breaststroke
- 25 800 yd. Freestyle Relay (Women, Men, Mixed)
- 26/27 200 yd. Butterfly
- 28/29 100 yd. Backstroke
- 30 200 yd. Freestyle Relay (Women, Men, Mixed)
- 31/32 200 yd. Individual Medley
- 33/34 50 yd. Freestyle
- 35/36 100 yd. Breaststroke
- 37 1000 yd. Freestyle

**Relays:** A swimmer may swim only one relay in each of events 6, 13, 20, 25, and 30.