



Deer Lakes Aquatic Club &  
Deer Lakes High School Swim Team  
Fundraiser  
Sunday, February 16, 2014



Recognized by: Allegheny Mountain LMSC #

Location: Deer Lakes High School Pool, 163 East Union Road, Cheswick, PA 15024

Facility: 6 lane, 25 yard, 3.5' to 9' depth, fixed starting blocks and backstroke flags.

Time: Warm-ups 7 – 8 am, meet starts at 8:05 – 12:00pm

Eligibility: Participants must be age 18 years or older. USMS members swims will be submitted to USMS for Top Times consideration. A copy of the USMS membership card must be shown at the timers table.

Rules: Official USMS Rules will govern the meet. All events will be time finals.

Seeding: Heats will be computer seeded, slowest to fastest. Please submit a reasonably accurate seed time. A “NO TIME” will be seeded in the slowest heat. Age groups and sexes will be combined.

Timing: Daktronics timing system backed up by one watch per lane.

Warm-Ups: Lanes will be for circle swimming only – NO DIVING STARTS from the blocks or the deck. Swimmers must enter the pool feet first in a cautious manner. Hand paddles, kick-boards, fins, etc., may not be used at any time during the warm up period. At 7:45am, lanes 3 & 5 will be the designated start/sprint lanes with swimming one direction only, and exiting to the side or end.

Entry Fee: \$15

Entry Limit: Limited to the first 48 entrants. Deck entries will be accepted if and until meet fills.

Entry Deadline: Paper entries must be in the meet directors hands no later than 6:00pm, Monday, February 10, 2014. Fees must accompany the entry form. Check made payable to “Deer Lakes Aquatic Club”. The LIABILITY RELEASE must be signed without alterations.

Awards: Ribbons 1<sup>st</sup> through 3<sup>rd</sup> places.

Mail Entry to Meet Director: Katherine Longwell, PO Box 393, Sewickely PA 15143  
[kathlongwell@gmail.com](mailto:kathlongwell@gmail.com)



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Location: Deer Lakes High School Pool, 163 East Union Road, Cheswick, PA 15024

Name: \_\_\_\_\_ 2014 USMS Member # \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birth Date \_\_\_\_\_ Age on 2/16/2014 \_\_\_\_\_

Email \_\_\_\_\_ Team Affiliation \_\_\_\_\_

Meet Fee \$ 15.00 Meet Fee Check made payable to "Deer Lakes Aquatic Club"

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule book article 204.1)

Date \_\_\_\_\_ Signature \_\_\_\_\_

1650 Seed time \_\_\_\_\_