



St. Nicholas SCM Invitational
January 25, 2014
Georgia Tech Aquatics Center

Hosted by: Atlanta Rainbow Trout

USMS Sanction #: 454-S001

Meet Director: Sean Fitzgerald

Date: Saturday, January 25, 2014

Time: Warm-ups for the 400 IM and 800 Free 10AM. Events start at 11 AM.

A separate warm up pool will be available throughout the meet. Warm-ups in the competition pool for events 3+ will begin at the conclusion of the 800 Free.

Positive check-in required for the 400 IM & 800 Freestyle by 10:30 AM. To avoid scratches & less than full heats at the end of the meet, positive check-in for the 400 Free will not be allowed before event 15 and must close by start of event 20.

Facility: Georgia Tech University Campus Recreation Center (CRC). 10 Lanes, Short-Course Meters 10 Lanes for warm-up/warm-down continuously running through the meet. <http://www.crc.gatech.edu/ac/>

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

Address: **750 Ferst Dr NW, Atlanta, GA 30318.** Parking Available in lot across Ferst Drive from the Campus Recreation Center (CRC) or behind the CRC on Tech Parkway.

Eligibility: The meet is open to all persons 18 years and older as of January 25, 2014.

Your age on December 31, 2014 determines your age at the meet. USMS REGISTRATION IS REQUIRED. If you are not registered, your application can be accepted at the meet. **Please include a copy of your USMS card with your registration.** For GAJA teams, this is an in-state meet, so your team is your "chapter" not GAJA.

Events: Swimmers may enter up to 5 individual events.

Awards: Ribbons will be awarded for 1st, 2nd, and 3rd places. Team scores will be kept and the team with the highest scores will be announced as winners for the top 3 highest in state and out of state teams. There will be no team award. High point winners will be announced and will receive an award.

Timing: Touchpads/electronic timing with hand/stopwatch backup.

Scoring: Top eight finishers will score as follows: 20, 17, 16, 15, 14, 13, 12, 11 for Individual events and 40, 34, 32, 30, 28, 26, 24, 22 for relays.

Fees: \$40 covers facility and meet costs.

Seeding: All events except for the 400 IM, 800 Free, and 400 Free will be seeded in advance and slowest to fastest. The 400 IM, 800 Free, and 400 Free will be seeded fastest to slowest and only after positive check-in has expired. **No exceptions will be made for missing the cutoff for positive check-in.** Men and Women will be seeded together based on time. "NT" entries will be seeded in the slowest heat. Relays will be deck-seeded and posted at the meet. Psych sheets will be posted at www.atlantarainbowtrout.com and at www.georgiamasters.org around January 21st.

Relays: Entries for the 200 Free Relays will be due by 11:30 AM. The Reindeer Relay is an exhibition 8 x 25m relay; entries are informal and will be announced during the meet. Entries for the 200 Medley Relay will be due by the start of event 17. Relays heat/lane assignments will be posted in various locations around the pool as soon as possible.

Entry deadline: Paper entries must be received by Wednesday, January 15th. Mailed entries received after January 15th will be assessed a \$10 late fee. No heats will be created to accommodate late or deck entries.

ENTER ONLINE at https://www.clubassistant.com/club/meet_information.cfm?c=2176&smid=4959 until 1/23 at 6PM. No late fee with online registration!



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Include a copy of your USMS Card!

Last Name:		First Name:		Middle Initial:
Date of birth:	USMS#:	Club Affiliation (NOT GEORGIA MASTERS/GAJA):		
Gender:	Email address:			

Circle the event number and provide your best Short-Course Meter (25M) time or NT (No Time) for each event you plan to enter. No deck entries will be accepted for individual events. Maximum of 5 individual events. **400 IM, 800 Free, and 400 Free limited to the first 30 entries.**

#	EVENT	Time (00:00:00)	#	EVENT	Time (00:00:00)
1	400 IM		13	50 Butterfly	
2	800 Freestyle		14	200 Freestyle	
3	Women's 200 Free Relay		15	200 Backstroke	
4	Men's 200 Free Relay		16	100 IM	
5	Mixed 200 Free Relay		17	200 Breaststroke	
6	50 Breaststroke		18	100 Freestyle	
7	100 Backstroke		19	50 Backstroke	
8	200 Butterfly		20	100 Butterfly	
9	50 Freestyle		21	Women's 200 Medley Relay	
10	200 IM		22	Men's 200 Medley Relay	
11	REINDEER RELAY (8 swimmers/team swim 1 length)		23	Mixed 200 Medley Relay	
12	100 Breaststroke		24	400 Freestyle	

Payment Info:

Meet Entry Fee: \$40.00 Make Checks Payable to: **Atlanta Rainbow Trout**
Mail to: Ande Timpeiro
950 W. Peachtree St NW #407
Atlanta, GA 30309

Paper Entry must be received by Wednesday, January 15th.

Online entry: https://www.clubassistant.com/club/meet_information.cfm?c=2176&smid=4959

Questions? ph:678-641-7149 (Ande)

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 204.1)

 (Signature)

 (Date)