

Wenatchee Valley Masters of the Hydropower Masters Swim Club Presents:  
**A WINTER INVITATIONAL**

Sunday, January 12, 2014

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**Date/Time:** Sunday, January 12, 2014. Warmup 9:30am, Meet starts 10:00am. 2<sup>nd</sup> warmup will follow Event #2, with Event 3 starting no earlier than 12:00pm.

**Sponsor:** Wenatchee Valley Masters of the Hydropower Masters Swim Club. Sanctioned by Inland Northwest Masters Swimming (IWMSC) for United States Masters Swimming (USMS). Sanction # 354-S001

**Facility:** Wenatchee High School (WHS), 25 Yard competition pool with 6 lanes and automatic timing system. 1 lane available for continuous warmup or cooldown.

"The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1."

**Eligibility:** All swimmers must be currently registered (2014) USMS swimmers or foreign equivalent. New members can register online at: [www.usms.org/reg](http://www.usms.org/reg)

**Rules:** 2014 USMS Rules will apply. Available at [www.usms.org/rules](http://www.usms.org/rules) and at the meet. Certified officials will be present. Events will be seeded slow to fast.

**Deadline/Fees:** \$30 for all entries. All paper entries must be postmarked by Saturday, January 4, 2014. Please make check payable to "Wenatchee Valley Masters". Online entries completed by Thursday, January 9, 2014. Online registrations charged on your credit card will appear as "ClubAssistant.com Events". Online entries available at [www.inlandnwmasters.org](http://www.inlandnwmasters.org)

**Conduct of the Meet:** Each participant may swim a maximum of 5 individual events and 3 relay events.

**Relays:** Submit relay cards to clerk of course by 11:00am. A swimmer may only participate in one of each relay events (Events 3&4, 10&11, 17&18) (i.e. may not swim in event 3 & 4). Individuals must be registered with the team/club they represent in order for their points to count toward that club.

**Awards:** First through Third Place ribbons will be available free of charge.

**Directions:** From Interstate 90: Take Quincy/Wenatchee exit, following signs toward Wenatchee. Entering Wenatchee, cross the bridge over Columbia River and get in the right lane. \*NEW\* Take the Ferry Street exit, then turn left at light onto Ferry St. Continue up the hill on Ferry Street to the 3<sup>rd</sup> stoplight. Turn left on Miller St (WHS is located on this corner), then turn right into the parking lot, following it around the south side of the building. The pool entrance is marked. Address of WHS: 1101 Millerdale Avenue, Wenatchee, WA 98801

**Lodging:** (H.O.S.T. – House Our Swimmers Tonight) – members of WVM will be happy to house you for the night. Please contact Carolyn at [wenswim@gmail.com](mailto:wenswim@gmail.com) for more information.

Entry Fee: \$30, postmark by January 4, 2014 or online by January 9, 2014.

Checks payable to: Wenatchee Valley Masters

Mail Entries to: Carolyn Magee, 1580 S. Miller St, Wenatchee, WA 98801

A Winter Invitational Swim Meet Entry Form, Sanction # 354-S001  
Wenatchee, WA – Sunday, January 12, 2014

Name: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Club/Team: \_\_\_\_\_

Phone: \_\_\_\_\_ USMS#: \_\_\_\_\_

Email: \_\_\_\_\_

Enter Using Yard Times – Maximum of 5 Events and 3 Relays

1) 400Y IM \_\_\_\_\_

2) 1650Y Free \_\_\_\_\_

2<sup>nd</sup> Warmup – Approx. 11:30am

3) 400Y Free Relay (M/W)

4) 400Y Free Relay (Mixed)

5) 50Y Free \_\_\_\_\_

6) 200Y Back \_\_\_\_\_

7) 100Y Fly \_\_\_\_\_

8) 50Y Breast \_\_\_\_\_

9) 200Y Free \_\_\_\_\_

Break (10 minutes)

10) 200Y Medley Relay (M/W)

11) 200Y Medley Relay (Mixed)

12) 100Y IM \_\_\_\_\_

13) 200Y Breast \_\_\_\_\_

14) 50Y Back \_\_\_\_\_

15) 100Y Free \_\_\_\_\_

16) 200Y Fly \_\_\_\_\_

Break (10 minutes)

17) 200Y Free Relay (M/W)

18) 200Y Free Relay (Mixed)

19) 200Y IM \_\_\_\_\_

20) 100Y Breast \_\_\_\_\_

21) 100Y Back \_\_\_\_\_

22) 50Y Fly \_\_\_\_\_

23) 500Y Free \_\_\_\_\_

RELEASE OF LIABILITY BY PARTICIPANT: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in swimming (training & competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE SWIMMING PROGRAM OR ANY OTHER ACTIVITY INCIDENT THERETO, I HEREBY WAIVE ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS Swimming.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_