



SAN LUIS OBISPO SWIM CLUB



2013 GOBBLER CLASSIC SWIM MEET

SANCTION #: 13-277 (SCS) and 333-S026 (SPMS)

DATE OF MEET: Fri. Nov 22, Sat. Nov 23, & Sun. Nov 24, 2013

SANCTIONED BY: Southern California Swimming, USA Swimming, USMS, & SPMS

DECK OPENS: Fri: 3:30pm; Sat & Sun: 8:45 am

WARM-UP START: Friday: 3:30 pm, Saturday (Novice Session): 8:45 am, Saturday (2nd session) 9:30 am, Sunday: 8:45 am

MEET START:
Friday: 5:00 pm
Saturday (Novice Session): 9:30 am
Saturday (2nd Session): 30 min after the conclusion of the Novice Session, NO SOONER THAN 11:00am
Sunday: 10:00 am

ENTRY DEADLINE: Entries must be received by the meet processor **NO LATER THAN 5 PM WEDNESDAY, NOVEMBER 13, 2013.** If the meet fills prior to the deadline, entries will be rejected (last received, first rejected).

POOL/COURSE: San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd. (4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road. Pool is a 25 yard by 50-meter, 20 lane outdoor heated pool. 6 to 8 lanes (depending on entries) will be used for the competition and a minimum of 4 lanes will be used for warm-up/warm down. The competition course has been certified in accordance with 104.2.2(C). Pool Depth: Start End is 6 ft deep in lanes 1-8 and Turn End is 13 ft in lane 1 to 12.5 ft in lane 8. Ample deck space is available for structures and seating. **If you use a canopy/tent, you MUST bring tie-downs and weights to SECURE your structures.**

WARM-UP PROCEDURES: Swimmers warming up or down before, during, and after the meet must be under the direct supervision of a current 2013/2014 USA Swimming coach. Warm-up rules will be announced and enforced. No diving into the pool except for the sprint lanes directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool. On Saturday, there will be warm-up lanes available in the shallow end during the novice session. The competition pool will be open for a minimum of 25 minutes after the conclusion of the novice session.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The **meet referee** will be in charge of the meet. Any questions regarding the conduct of the meet should be directed that person. Swimmers must be at least 5 years old on Nov 22 to enter this meet. To compete in OPEN events a swimmer must be at least 11 years old and must meet the minimum time standard. **Entries will be limited to meet the "4 Hour" Rule.** Swimmers are limited to **5 Individual events per day.** Swimmers must swim in their actual age group as determined by the age on the first day of the meet.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition

Racing Start Certification: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Recording Devices & Media Coverage: The uses of audio visual recording devices, including cell phones, are NOT permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

CHECK-IN: Swimmers must check in with the Clerk of Course for each event entered. After an event has been officially closed, **SWIMMERS MAY NOT CHECK IN OR SCRATCH.** Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of each session. Swimmers who check in and fail to swim an event will be scratched from their next individual event.

ELIGIBILITY & AFFILIATION: Open to athletes who hold 2013 or 2014 USA Swimming registration. Registration applications must be **received by Wednesday November 13th at 5:00pm** by meet processor, administrative referee or SCS Office. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III B. Registration application may be submitted together with entry forms. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.

SUBMITTED & QUALIFYING TIMES: Times submitted must be the BEST RECORDED short or long course times from this or the preceding swim season (NO Workout Times). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action. NOTE: For "W" Division, "NT" (no time) entries are acceptable. To compete in OPEN events a swimmer must be at least 11 years old and meet the stated minimum time standard.

SEEDING: All events will be seeded **FAST to SLOW.**

ENTRY PROCEDURES: Electronic Entry: Email entry (entry .zip file) will be accepted **ONLY** when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) **ONLY.** New swimmers accepted by **SPACE AVAILABLE.** **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will not be processed. Deletions will not be refunded.

Entry Card: Submit one SCS consolidated entry card (can be found on page 5 of this meet sheet) per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard.

ENTRY FEE: \$3.25 for each INDIVIDUAL EVENT plus a \$7.50 surcharge PER SWIMMER must accompany each individual entry to the address below (not the swim office). **NO REFUNDS.** Returned checks will incur a service fee per SCS policy.

RELAYS: Relays can be deck entered. Relays will be swum time permitting. Relay entry fee will be \$5.00 per relay team.

AWARDS: Novice Session: Ribbons 1st – 6th ONE Division for swimmers 5-6, 7-8, 9-10, 11-12. Regular Sessions: Individual Ribbons 1st – 6th for Blue, Red, White Divisions for swimmers 7-8, 9-10, 11-12. No awards in OPEN division. Relay Ribbons: 1st – 3rd.

LANE TIMING: Clubs will be assigned lanes for timing based on the number of entrants.

DISTANCE EVENTS: Swimmers in the 1650 Free, 400 IM, and 500 Free are requested to provide their own timers and lap counters. These events will alternate girls and boys heats.

ADMIN REFEREE: Karen Thomas

MEET REFEREE: Ernie Peterson

MEET DIRECTOR: Philip Yoshida

FOR FURTHER INFO: Contact SLO Swim Club at (805) 543-9515

email: office@sloswimclub.org

Webpage: www.sloswimclub.org

Make checks payable to: Southern California Swimming

MAIL ENTRIES TO: SLO Gobbler Classic c/o SLO Swim Club, PO Box 142, San Luis Obispo CA 93406

E-mail for Electronic Entries Only: office@sloswimclub.org

Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.

**** ALL MASTERS MEET INFO: See Page 4 of meet sheet for details.**

EVENT SUMMARY (PER DAY)

** NOVICE ** - Friday

5-6	7-12
25 BREAST	100 FREE
25 FLY	25 & 50 BREAST
25 FREE	25 & 50 BACK
25 BACK	25 & 50 FLY
50 FREE	25 & 50 FREE
	100 IM

Friday

7-8	9-10	11 – 12	13 & Up	Masters
200 FREE	200 FREE	200 FREE	*1650 FREE	200 FREE
		*1650 FREE		1650 FREE

Saturday

7-8	9-10	11 – 12	13 & Up	Masters
100 FLY	100 FLY	100 FLY	200 FREE	100 FLY
50 BREAST	50 BREAST	50 BREAST	100 FLY	50 BREAST
100 FREE	100 FREE	*200 BREAST	*200 BREAST	100 FREE
50 BACK	50 BACK	100 FREE	100 FREE	50 BACK
200 IM	200 IM	50 BACK	*200 BACK	200 IM
		*200 BACK	*400 IM	400 IM
		200 IM		
		*400 IM		

Sunday

7-8	9-10	11 – 12	13 & Up	Masters
100 BACK	100 BACK	100 BACK	100 BACK	100 BACK
100 IM	100 IM	100 IM	200 IM	100 IM
50FLY	50FLY	50FLY	*200 FLY	50FLY
100 BREAST	100 BREAST	*200 FLY	100 BREAST	100 BREAST
50 FREE	50 FREE	100 BREAST	50 FREE	50 FREE
	500 FREE	50 FREE	500 FREE	500 FREE
		500 FREE		

Swimmers are limited to 5 Individual Events PER Day.

****OPEN Events:** Must be 11 years old and meet the stated time standard. Swimmers in the first session may swim in open events in the second session, as long as they have not exceeded the per day entry limit.

Coastal IMX Challenge:

- 1) Hosted across SMSC (10/12-13), PUMA (10/26-27), SLO (11/22-24).
- 2) Best scores will be tabulated from IMx Events for each age group (9-10, 11-12, 13-14, 15-18) and by gender.
- 3) Distinctive awards 1st – 3rd by age group and gender.
- 4) To be eligible, the athlete must complete all IMx events in their age group.
- 5) To be eligible, the athlete must compete at EACH of the 3 meets.
- 6) Athletes are only eligible in one age group (ie, if you age up during this challenge, you must compete in the older age group).



Gobbler Classic Food Drive!!

Please bring a non-perishable item to donate to the SLO Food Bank.

See page 6 of the meet sheet for details.





2013 SAN LUIS OBISPO SWIM CLUB

GOBBLER CLASSIC SWIM MEET



FRIDAY, November 22 – Warm-up at 3:30 p.m., Start at 5:00 p.m.

GIRLS	LC MIN	SC MIN	AGE	EVENT	SC MIN	LC MIN	BOYS
1			7-8, 9-10, 11-12	200 FREE			2
3			Masters	200 FREE			4
5	22:11.60	21:32.10	OPEN	1650 FREE	21:51.50	22:10.90	6
7			Masters	1650 FREE			8

*****NOVICE SESSION*****

SATURDAY, November 23rd – Warm Up at 8:45 am, Start at 9:30 am

**Swimmers entered in the NOVICE Session, are not eligible to swim individual events in the regular sessions. [Novice swimmers may swim relays in the regular sessions.]

GIRLS	LC MAX	SC MAX	AGE	EVENT	SC MAX	LC MAX	BOYS
9	1:22.41	1:12.71	7/8, 9/10, 11/12	100 FREE	1:12.21	1:22.01	10
11		24.00	5/6, 7/8, 9/10, 11/12	25 BREAST	23.30		12
13	45.41	39.61	7/8, 9/10, 11/12	50 BACK	40.01	45.81	14
15		21.30	5/6, 7/8, 9/10, 11/12	25 FLY	21.30		16
17	50.21	44.51	7/8, 9/10, 11/12	50 BREAST	44.81	49.81	18
19		18.10	5/6, 7/8, 9/10, 11/12	25 FREE	17.60		20
21	41.91	37.41	7/8, 9/10, 11/12	50 FLY	37.71	42.71	22
23		22.20	5/6, 7/8, 9/10, 11/12	25 BACK	21.60		24
25		1:24.71	7/8, 9/10, 11/12	100 IM	1:24.71		26
27	38.01	33.51	5/6, 7/8, 9/10, 11/12	50 FREE	33.61	37.61	28

Please note: Novice Session has MAX Time Standards. To enter this meet you must be equal to or SLOWER THAN the times listed. Swimmers may enter with NT (No Time) if applicable.

*If you have questions regarding the Novice session, please feel free to contact the SLO Swim Club.

Other Notes:

- Swimmers entering OPEN events must be at least 11 years old and meet the stated minimum time standard.
- Swimmers are limited to five (5) individual events per day.
- Relays will be swum time permitting.
- Entry Fee: \$3.25/event + \$7.50/swimmer surcharge
- Gobbler Classic Food Drive!! Please bring a non-perishable item to donate to the SLO Food Bank. Please see page 6 of meet sheet for details.

SATURDAY, November 23 – Warm-up at 9:30 a.m., Start at 11:00 a.m.

GIRLS	LC MIN	SC MIN	AGE	EVENT	SC MIN	LC MIN	BOYS
29			13 & UP	200 FREE			30
31			7-8, 9-10, 11-12	100 FLY			32
31			13 & UP	100 FLY			32
33			Masters	100 FLY			34
35			7-8, 9-10, 11-12	50 BREAST			36
37			Masters	50 BREAST			38
39	3:31.00	3:08.80	OPEN	200 BREAST	3:09.00	3:31.20	40
41			7-8, 9-10, 11-12	100 FREE			42
41			13 & UP	100 FREE			42
43			Masters	100 FREE			44
45			7-8, 9-10, 11-12	50 BACK			46
47			Masters	50 BACK			48
49	3:09.20	2:46.20	OPEN	200 BACK	2:51.40	3:11.80	50
51			7-8, 9-10, 11-12	200 IM			52
53			Masters	200 IM			54
55			5 & UP	200 FREE Relay			56
57	6:31.20	5:48.20	OPEN	400 IM	5:48.90	6:32.30	58
59			Masters	400 IM			60

SUNDAY, November 24 – Warm-up at 8:45 a.m., Start at 10:00 a.m.

GIRLS	LC MIN	SC MIN	AGE	EVENT	SC MIN	LC MIN	BOYS
61			7-8, 9-10, 11-12	100 BACK			62
61			13 & UP	100 BACK			62
63			Masters	100 BACK			64
65			7-8, 9-10, 11-12	100 IM			66
67			Masters	100 IM			68
69			13 & UP	200 IM			70
71			7-8, 9-10, 11-12	50 FLY			72
73			Masters	50 FLY			74
75	3:05.70	2:43.20	OPEN	200 FLY	2:47.40	3:07.20	76
77			7-8, 9-10, 11-12	100 BREAST			78
77			13 & UP	100 BREAST			78
79			Masters	100 BREAST			80
81			7-8, 9-10, 11-12	50 FREE			82
81			13 & UP	50 FREE			82
83			Masters	50 FREE			84
85			5 & UP	200 MEDLEY Relay			86
87			9-10, 11-12	500 FREE			88
89			13 & UP	500 FREE			90
91			Masters	500 FREE			92

Swimmers in the 1650 FR, 400 IM and 500 FR are requested to provide their own timers for three heats and lap counters.

Hotel Information:

Remember to reserve early... San Luis Obispo is a popular place to visit most times of the year.

The following hotels have helped accommodate our swimming visitors for past meets.

Quality Suites
1631 Monterey St, SLO
805-541-5001



San Luis Obispo Masters Short Course Yards Swim Meet Friday - Sunday, November 22-24, 2013

Sanction: 333-S026 Sanctioned for Southern Pacific Masters for USMS, Inc.

Location: Sinsheimer Pool, 900 Southwood Drive, San Luis Obispo, CA 93401. Outdoor 50 meter x 25 yard, 8-lane course with eight deep water lanes for competition and nine lanes for warm-up/warm-down. Two separate courses with warm-up/warm-down lanes available may be used if needed due to a long timeline.

Directions: From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd. (4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.

Entries: Fill out an SPMA Consolidated Entry Card (can be found on page 4 of this meet sheet). The pre-entry postmark deadline is Wednesday, November 13th. **Deck entries:** Friday, November 22nd deck entries will close at 4:00 p.m.; Saturday, Nov 23rd deck entries will close at 10:00 a.m.; Sunday, Nov 24th deck entries will close at 9:00 a.m. Age on November 24th determines age group for the meet. **This is a Short Course YARDS Meet! Adjust your entry times accordingly.**

Seeding: All events will be deck seeded fast to slow by entered time, all ages combined. Women's & Men's events may be combined.

Check-In: Check-in for all events will be required. For Friday's events you must check-in by 4:30 pm on Friday. For Saturday's events you must check-in by 10:30 a.m. on Saturday. For Sunday's events you must check-in by 9:30 a.m. on Sunday.

Relays: There will be no relays for this meet.

Awards: Individual: Ribbons for places 1 to 3.

Entry Fees: \$25.00 per swimmer flat fee if you enter by the postmark deadline of Nov 13th. Deck entries allowed for a total of \$35.00.

Checks payable to: SLOSC

Mail consolidated entry card, a copy of your USMS card, and check to:
San Luis Obispo Gobbler Classic, P. O. Box 142, San Luis Obispo, CA 93406.

Questions: Meet Director, Philip Yoshida, (805) 543-9515 or office@sloswimclub.org. Meet info is also available at www.smpa.net.

PLEASE NOTE: This is a combined USA Masters and USA Swimming Competition.

FRIDAY, November 22, 2013
Deck Entries must be received by 4:00 p.m.
Warm-up: 3:30 p.m., Start: 5:00 p.m.

Event # (Women / Men)	Event
3 / 4	200 Yard Freestyle
7 / 8	1650 Yard Freestyle



SATURDAY, November 23, 2013

Deck Entries must be received by 10:00 a.m.

Warm-up: 9:30 a.m., Start: 30 min after the conclusion of the novice session, no sooner than 11:00 a.m.

Event # (Women / Men)	Event
33 / 34	100 Yard Butterfly
37 / 38	50 Yard Breaststroke
43 / 44	100 Yard Freestyle
47 / 48	50 Yard Backstroke
53 / 54	200 Yard Individual Medley
59 / 60	400 Yard Individual Medley

SUNDAY, November 24, 2013

Deck Entries must be received by 9:00 a.m.

Warm-up: 8:45 a.m., Start: 10:00 am

Event # (Women / Men)	Event
63 / 64	100 Yard Backstroke
67 / 68	100 Yard Individual Medley
73 / 74	50 Yard Butterfly
79 / 80	100 Yard Breaststroke
83 / 84	50 Yard Freestyle
91 / 92	500 Yard Freestyle

Consolidated Meet Entry Cards

AGE GROUP MEET ENTRY CARD (Sothern California Consolidated Entry Card)

Use this entry card for USA Swimming – Age Group Swimmers ONLY (Entry deadline Nov. 13th)

Mail Age-Group Entries to: SLO Gobbler Classic, c/o SLO Swim Club; POX 142; San Luis Obispo, CA 93406

SOUTHERN CALIFORNIA SWIMMING/USA SWIMMING ENTRY CARD

SWIMMER'S _____ AGE _____ MALE
 NAME _____ LAST NAME _____ FIRST NAME _____ M.I. _____ FEMALE

EVT NO.	FREE (SUBMITTED TIME)	EVT NO.	BACK (SUBMITTED TIME)	EVT NO.	BREAST (SUBMITTED TIME)	EVT NO.	FLY (SUBMITTED TIME)	EVT NO.	IND. MEDLEY (SUBMITTED TIME)
	25 : .		25 : .		25 : .		25 : .		100 : .
	50 : .		50 : .		50 : .		50 : .		200 : .
	100 : .		100 : .		100 : .		100 : .		400 : .
	200 : .		200 : .		200 : .		200 : .		
	400/500 : .								
	800/1000 : .								
	1500/1650 : .								

NO. OF EVENTS _____ X **\$3.25** \$ _____
 PLUS SURCHARGE \$ **\$7.50**
 PAY THIS AMOUNT \$ _____

USAS NUMBER: _____
 MEET ENTERING: _____
 TEAM: _____
 COACH: _____ PHONE _____
 PARENT/GUARDIAN: _____ PHONE _____
 PARENTS EMAIL: _____

PLEASE DO NOT FOLD

MASTERS MEET ENTRY CARD (Southern Pacific Masters Consolidated Entry Card)

Use this Entry Card for Masters Swimming – Masters Swimmers ONLY (postmark deadline Nov. 13th)

Mail Age-Group Entries to: SLO Gobbler Classic, c/o SLO Swim Club; POX 142; San Luis Obispo, CA 93406

SOUTHERN PACIFIC MASTERS ASSOCIATION • CONSOLIDATED ENTRY CARD

Name _____ Male Female USMS # _____
 Birthdate ____/____/____ Age ____ Club _____ Phone (____) _____

Event No.	FREESTYLE (Submitted Time)	Event No.	BACKSTROKE (Submitted Time)	Event No.	BREASTSTROKE (Submitted Time)	Event No.	BUTTERFLY (Submitted Time)	Event No.	INDIV. MEDLEY (Submitted Time)
	50 : .		50 : .		50 : .		50 : .		100 : .
	100 : .		100 : .		100 : .		100 : .		200 : .
	200 : .		200 : .		200 : .		200 : .		400 : .
	400/500 : .								
	800/1000 : .								
	1500/1650 : .								

Meet _____

Pre-Entry (postmarked on/before Nov 13^h) \$25.00 _____
Deck Entry Fee \$35.00 _____

FOR OFFICE USE ONLY
 Amt Rec'd _____
 Date _____

Include a copy of USMS card

Late or incomplete entries (no fee, incomplete entry card, incomplete entry data) or entries postmarked after due date MAY BE REJECTED!

ALL MASTERS swimmers are required to send a photo-copy of their USMS card with their entry card. ALL Masters swimmers may be asked to show their USMS card if requested at the meet.

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

PLEASE SIGN: _____ DATE _____

Is this your first Masters Meet? Yes No
 Read the meet information sheet carefully. Make your check payable as shown on the meet information sheet and mail it to the address shown.

Non-SPMA swimmers please include your address:
 Street: _____
 City, State, Zip: _____



Seahawks
SAN LUIS OBISPO SWIM CLUB



GOBBLER FOOD DRIVE

SHOW YOUR SPIRIT OF THANKS
BY SUPPORTING THOSE IN NEED!

YOU CAN HELP BY BRINGING A
NON-PERISHABLE FOOD ITEM TO THE
SWIM MEET TO DONATE!

Donation Items Can Include:

- 🍷 Canned Vegetables
- 🍷 Canned and Dried Fruits
- 🍷 Tuna, Canned Fish and Meat
- 🍷 Dried and Canned Beans
- 🍷 Pasta and Sauce
- 🍷 Hot/Cold Cereals
- 🍷 Oatmeal
- 🍷 Peanut Butter
- 🍷 Soups
- 🍷 Juice
- 🍷 Rice
- 🍷 Powdered Milk
- 🍷 Please Non-Perishable Items Only
- 🍷 Monetary Donations will also be accepted

THE NEED IS GREAT SO PLEASE
CONSIDER GIVING!

