Nutmeg Swim Club

"JOHN MERRILL"

Memorial SWIM MEET

CT. Sanction# _____

AT EAST LYME AQUATICS CENTER EAST LYME, CT

Date and Time

Sunday November 17, 2013 Registration and Warm-up: 8:00 AM Meet begins at 9:00 AM

Facility

8 Lane 25 yard Pool Colorado Electronic Timing Eight Lane Scoreboard Seating for 200 People

Order of Events

- 1. 100 Breaststroke
- 2. 200 Freestyle
- 3. 50 Butterfly
- 4. 200 MR
- 5. 200 Individual Medley
- 6. 50 Backstroke
- 7. 100 Freestyle
- 8. 200 Choice (BR, BK, FLY)
- 9. 50 Freestyle
- 10. 100 Backstroke
- 11. 200 Free Relay
- 12. 100 Individual Medley
- 13. 50 Breaststroke
- 14. 100 Butterfly
- 15. 1650 Freestyle*
- *Swimmers must provide their own counters.

Seeding

Slow to fast, regardless of age. "No times" will be seeded in slowest heats.

Warm up/warm down lanes available throughout the entire meet.

Meet Director: Jack Stabach, 860-691-4681

jack.stabach@eastlymeschools.org

Eligibility & Registration

Open to current USMS Registered 2013 Masters Swimmers. All entrants must read & sign the USMS liability release waiver before competing. Liability & USMS registration forms will be available on race day.

Entries & Fees

Entries must be postmarked by Monday, November 11, 2013 or delivered by Thursday,November, 14 . The Fee for the total meet is \$30.00 including relays. Deck entries will be accepted till 7:30 AM the day of the meet but are discouraged. An entrant may participate in 5 individual events.

Please detach & mail the registration form along with your payment and a copy of your USMS card. Relay entries must be indicated on a 3x5-file card with team name, event #, seed time, member names, gender & ages. Relays can be deck entries & cards must be given to the registration desk 3 events prior to the start of that relay.

Proceeds will be donated to the EL Boys Swim Team in fond memory of John.

.....detach here and mail..... **Entry Form** (please print) Name: USMS#..... Address: Phone: _____ Club Name:____ DOB: AGE: (as of 11/17/13) Female Male (circle) Email Event # Seed Time..... Event # Seed Time..... Event # _____Seed Time..... Event # Seed Time..... Event # Seed Time..... If swimming in Event 8, 200 choice, please designate the stroke that you will swim. Make Checks payable to: ELBOE Special Account

Mail this entry form, Check and copy of current USMS card to: Terri Mauthe, 21 Harvest Glen, East Lyme, CT 06333

Directions:

From points East:

Route 95 S to exit 75, Right @ Stop Light; travel approx. 3 tenths of a mile turn left into East Lyme High School. Pool on left side.

From points North:

Route 395 to 95 S, immediately follow directions above.

From Hartford, Colchester:

Route 2 E to Route 11, Left onto Route 82, Right at light onto Route 85, Right onto Route 161, After passing Golf Course look for High School on right. (Flanders Fish House, you have gone too far)

From points South:

Route 95 to Exit 74, Left at light, after next stop light, travel approx. 3 tenths of a mile, turn left into East Lyme High School. Pool on left side