

2013 KATS WINTER INVITATIONAL MEET



Hosted by Kalispell Aquatic Team Swimming
NOVEMBER 16-17, 2013

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc.
Sanction #0915. This meet is dual sanctioned with Montana Masters sanction # ____.

Meet Referee

Susan Huckeby
406-723-4800
shuckeby@msm.com

Meet Director

Anthony Popp
406-755-1001/314 1001
drpoppkats@gmail.com

Meet Registrar

Stacey Proctor/Anthony Popp
406-212-4461/406-755-1001
Stacey.KATS@gmail.com

cc: drpoppkats@gmail.com

KATS
PO Box 11,
Kalispell, MT 59903

FACILITY:

The meet will be held at the Summit Fitness Center located at 205 Sunnyview Lane off HWY 93 North, near the hospital in Kalispell, Montana. Please use the North Entrance.

The Summit is a state-of-the-art private fitness center. The pool is a regulation 25-yard six lane pool with non-turbulent lane dividers and six place clock display showing event, heat, lane, place, and time. The Start end is 8'6" deep and the turn end is 3'9" deep. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

This is a **partial closed deck meet**; only athletes, certified coaches, USA officials, timers and meet management may be behind the blocks and in the timing area. Exception: *One (1) parent of an 8 and under swimmer may be at the start area two (2) heats prior and one (1) heat after the swimmers event.*

Timing will be by an automatic Colorado Timing System with touch pads on the start end and manual backup timers. All events will be timed finals.

There is seating available on deck for spectators and a conference room will be provided for swimmers and families to "set up camp".

The Summit is a private club with rules for all swimmers to follow.

Please note especially that no one under the ages of 13 is allowed in the adult locker rooms. There are boys' and girls' locker rooms and family locker rooms available. We ask that the hot tub not be used until the end of each day. There will be no eating allowed in the pool area or on the lower level of the Summit. Beverages will be allowed on the pool deck in plastic or paper containers, absolutely no glass will be allowed.

Since this is a private club, only members are allowed to use the facilities. The Summit will offer a ½ price daily use fee of \$6.00 for visiting adults who would like to have a workout during the meet.

MEET FORMAT

This is an open invitational, timed finals swim meet. Swimmers will be seeded according to submitted fastest yard times by age and gender.

The 1650 will be swum combined, fastest to slowest. Positive check in is required for the 1650 by 7:45 am, Saturday morning. The 1650 freestyle will be deck seeded after positive check in. Swimmers in the 1650 freestyle must provide timers and counters.

The 400 IM will be swum mixed slowest to fastest. Positive check-in is required by the start of event 27, the 12&U mixed 200 free relay.

All 25-yard events will start from the blocks.

Individual events will be swum as noted on the event list. Events will be scored and awarded 8&U, 9-10, 11-12, 13-14, 15-16, 17 &O and Masters.

Relays will be seeded and swum as mixed. Teams may compete as all girls, all boys, or a mix of boys and girls. The last event on Sunday is the fun relay. Entries for this fun relay will be accepted on deck Sunday through event 43, the girls 50 free. There is no entry fee and swimmers form different teams and unattached swimmers as well as coaches and officials may join together to form fun relay teams. Entries should be turned in to the timing table personnel.

SAFETY

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Each coach is responsible for informing the swimmers of the provisions of the safety code before attending the meet. No diving in the shallow end of the pool. Absolutely no glass containers are allowed in the building. No cameras of any type are allowed in the dressing rooms and the restrooms. No area of the building should be considered secure. KATS and the Summit

are not responsible for loss or damage of any items. Deck changing is prohibited. A safety marshal will be on deck.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

RULES

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue. The USA Swimming Code of Conduct and athlete protection provisions will be enforced. All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming. Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

ELIGIBILITY

All swimmers must be currently registered athlete members of USA Swimming, Inc or the FINA equivalent registration or US Masters Swimming. Swimmers must be registered with USAS/FINA/USMS by November 8. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair. Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

SWIMMERS WITH DISABILITIES

KATS welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at

the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources.

ENTRIES

Entries should be submitted as follows:

1. **Teams** should e-mail entries to Stacee.KATS@gmail.com and cc: entries to drpoppkats@gmail.com using Hy-Tek software by November 8, 2013. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Entries may also be submitted using Team Unify software. Please e-mail all reports. Completed paperwork, signed waiver, team entry report must be received by no later than November 8 and entry fees must be received by November 11, 2013.

2. **Individuals (not teams)** without access to Hy-Tek or Team Unify software may use the Hy-Tek Lite entry software to enter or may e-mail the entry data directly to the registrar by no later than November 8, 2013. Hy-Tek Lite entry software may be downloaded for free from the Hy-Tek website. E-mail entries for individuals only will be accepted through 7:00 p.m. November 8 by emailing Stacee at Stacee.KATS@gmail.com and cc: drpoppkats@gmail.com. Entry fees must be received by November 11.

No text messages accepted for entries or entry questions.

ENTRY LIMITS

Each swimmer may swim a maximum of five (5) individual events and one (1) relay on Saturday and four (4) individual events and one (1) relay on Sunday. Swimmers will be seeded on the basis of their submitted times. Entrants shall submit their fastest officially recorded times in either yards or converted meters. "No time" entries will be accepted.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

All entries and completed paperwork must be received by Friday, November 8, 2013. Entry fees are due by Monday November 11, 2013. Mail to: KATS, PO Box 11, Kalispell, MT 59903.

Late entries, if accepted, will be charged double the entry fees. There will be no refunds. Deck entries/changes for swimmers already entered in the meet will only be allowed at the discretion of the meet referee, will be charged double the entry fee, will be seeded as non-scoring (exhibition) swims, and are not eligible for awards.

ENTRY FEES

Make checks payable to KATS in US dollars; All fees are non-refundable	
Individual Event	\$2.00 per event
Relays	\$5.00 per relay
Surcharge	\$15.00

An entry fee of \$15.00 plus \$2.00 per event will be charged for each swimmer competing in the meet. There will be a charge of \$5.00 per relay team. Entry fees must accompany the entries in US dollars. Please make checks payable to KATS. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

SEEDING

The conforming time standard for this meet is yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Events will be swum girls and boys unless otherwise indicated.

CHECK-IN:

The 1650 will be swum combined, fastest to slowest. Positive check in is required for the 1650 by 7:45 am, Saturday morning. The 1650 freestyle will be deck seeded after positive check in. Swimmers in the 1650 freestyle must provide timers and counters.

The 400 IM will be swum mixed slowest to fastest. Positive check-in is required by the start of event 27, the 12&U mixed 200 free relay.

SCRATCHES:

Swimmers will be scratched at the blocks. Swimmers and their coaches are responsible for the swimmers being at the starting blocks before the start of their race. There will be no penalty for swimmers who fail to scratch from an event.

SCORING

Individual scoring will be as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

AWARDS

Ribbons will be awarded to the top 16 places in individual events in the following girl and boy age groups: 8&U, 9-10, 11-12, 13-14, and 15-19. High Point Awards will be given to the top three swimmers in the age groups listed above and Masters. Relays will be awarded first through fourth place in the 12 & under and 13 & over age

groups. A club representative should pick up the awards immediately following the conclusion of the meet.

RESULTS:

Results will be posted to the Montana Swimming web site at <http://www.mtswimming.com>.

WARM-UPS:

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The meet marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

Open warm-up shall begin on Saturday, November 16th at 7:45 a.m. for the 1650 Free; racing will start at 8:15 a.m.

General Warm-ups will be held after the conclusion of the 1650 Free, but not before 9:00 a.m.

On Sunday November 17, warm-ups will begin at 7:30 a.m., with the first events starting at 8:35 a.m. KATS will have first warm-ups both days.

Meet Management reserves the right to change warm-up times according to the number of entries.

OFFICIALS/ TIMERS: To the extent possible, teams are asked to provide timers and other certified meet officials.

On deck training time will be available for those wishing to train as an official. Trainees should attend the pre-meet officials meetings daily and sign in. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

Each team will be assigned lane timing assignments. A sign up sheet will be posted at the meet specifying lane assignments.

The officials' meeting will be Saturday beginning 10 minutes after the conclusion of the 1650 free; Sunday beginning at 7:40 am.

An administrative official's clinic and a stroke and turn official's clinic will be offered. If you are interested in attending either clinic, please e-mail the meet referee by no later than Wednesday November 13.

Volunteer lane timers are also greatly appreciated and can sign up prior to the meet through the KATS website at www.Kalispellswimming.com.

COACHES:

The coaches meeting will be immediately after the conclusion of general warm-ups on Saturday.

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair.

PROTESTS: All protests should be given to the meet referee.

HOSPITALITY: There will be a hospitality area open to all coaches and officials.

SWIM SHOP: KATS parents will be operating a swim shop during the meet.

CONCESSIONS: The Summit Concessions is expected to be serving a variety of healthy foods for breakfast, lunch and snacks. **It is advised, however, that athletes and families bring food and drink to last through the day.**

SPECTATORS: Spectators may be seated in the spectator areas on the bleachers on the pool deck and on the balcony above the start end of the pool. As previously stated meet management requests only timers, officials, coaches, swimmers and parents of 8&U swimmers may be behind the blocks. We want all swimmers to have an enjoyable meet, but it can be difficult for athletes to get to their starting block if too many people are in the way.

MOTELS: There have been a large block of rooms reserved at a team rate at the following motels,

Holiday Inn Express (406) 755-7405

Hilton Garden Inn (406) 756-4500

Please visit the KATS website often as we will try to post more information to help make your stay in Kalispell an enjoyable one.

KATS 2013 Winter Invitational

Event List

SATURDAY'S EVENTS

GIRLS

1 11 & Over 1650 Mixed Free

BOYS

(General Session Warm-ups to follow 1650 Free)

3	13 & Over	200 Mixed Medley Relay	
5	12 & Under	200 Mixed Medley Relay	
7	Open	100 IM	8
9	Open	100 Fly	10
11	8 & Under	25 Back	12
13	11 & Over	200 Back	14
15	Open	50 Breast	16
17	Open	100 Free	18
19	Open	50 Back	20
21	11 & Over	200 Breast	22
23	8 & Under	25 Breast	24
25	9 & Over	200 IM	26

SUNDAY'S EVENTS

GIRLS

27 12 & Under 200 Mixed Free Relay
29 13 & Over 200 Mixed Free Relay

BOYS

31	11 & Over	Mixed 400 IM	
33	8 & Under	25 Fly	34
35	9 & Over	200 Free	36
37	Open	50 Fly	38
39	Open	100 Back	40
41	Open	100 Breast	42
43	Open	50 Free	44
45	8 & Under	25 Free	46
47	11 & Over	200 Fly	48
49	Open	Fun Relay	

2013 KATS Invitational Swim Meet Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to KATS):

Mail this form and your entries to Stacey Proctor at KATS, PO Box 11, Kalispell, MT 59903 or e-mail to Stacey.KATS@gmail.com and drpoppkats@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$2.00 per event	
Relay Entries		\$5.00 per relay	
Swimmer Surcharge		\$15.00 per swimmer	
Total Fees Due			

Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. KATS, The Summit, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE