

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

- Sanction:** This meet is held under the sanction of South Dakota Swimming and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming the city of Pierre and Pierre Swim Team, and Pierre YMCA shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** Pierre Aquatics Center, 900 East Church Street, Pierre South Dakota.
- Course:** Indoor 25 yards, 8 lane pool; wave-calming dividers; Daktronics electronic timing system with touch pads on both ends with manual backup. Spectrum starting blocks and 8 place score board will be used. The competition course has been certified in accordance with USAS Rule 104.2.2C(4).
- Audio/  
Visual Recording:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.3.4 E).
- Water Depth:** Starting end depth 12', midpoint depth 6'; turn end depth 4'. Turn end water depth meets USAS minimum requirement for racing starts per Rule 103.2.3.
- Deck Changing:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged (202.3.4 F).
- Format:** This will be a Combined/Interwoven USA Swimming and Masters meet. Events will be swum as Timed finals. The meet will be pre-seeded and swimmers are responsible for reporting to the correct lane and heat as indicated in the program. All events will start from the deep end. Masters events and warm ups will be swam separately from age-group events. To conserve time, fly-over starts may be used at the discretion of the meet referee.
- Starting Times:** **Session 1 – Saturday, November 9, 2013**  
9:15 a.m. – 10:00 a.m. - Warm-up A  
10:00 a.m. – 10:45 a.m. - Warm-up B  
10:30 a.m. – 10:45 a.m. – Officials and Timers Meetings  
10:45 a.m. – 11:00 a.m. – Coaches Meeting  
11:00 p.m. – Meet starts

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

**Starting Times:**     **Session 2 – Sunday, November 10, 2013**

7:15 a.m. – 8:00 a.m. - Warm-up A

8:00 a.m. – 8:45 a.m. - Warm-up B

8:30 a.m. – 8:45 a.m. – Officials and Timers Meetings

8:45 a.m. – 9:00 a.m. – Coaches Meeting

9:00 a.m. – Meet starts

**Meetings:**     There will be a coaches meeting directly after each session of warm-ups. An officials and timers meeting will be held 30 minutes prior to the start of each session. The coaches and officials meetings will be held in the Coaches' room located just behind the starting blocks. The timers meeting will be held by the timer's table.

**Warm-ups:**     Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.

Beginning at 11:00 AM on Saturday and 9:00 AM on Sunday the YMCA pool will be available for age group swimmers cool-down and warm-ups. Entrance will be gained from the Aquatics Center mezzanine. No entering through the YMCA locker rooms. Starts/diving, sprint or pace work will NOT be allowed. Feet first entry and circle swim only. The Pierre Swim Team reserves the right to ban any swimmer from the cool-down/warm-up pool for any violation, horse play or failure to follow the direction of the cool-down/warm-up pool supervisor, Meet Marshals or other meet official.

**Swimwear Restrictions:**     Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition. Also deck changing is strongly discouraged.

**Supervision:**     A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.3.4A).** Only registered coaches, swimmers and officials will be allowed on the pool deck.

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

- Eligibility:** All swimmers, coaches, clubs and officials must be currently registered with USA Swimming. The age of the swimmer on November 9, 2013 determines the age of the swimmer for the entire meet.
- This is a separate but concurrent interwoven USA/SD Swimming and US Masters meet. Only current 2013 registered USA Athlete members or 2013 registered Masters swimmers may participate in this competition.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. (202.3.4 B)
- Deck Registration:** On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.
- Deck Entries:** Deck entries will be allowed if space is available and at the discretion of the Meet Referee.
- Scoring:** No team or individual scores will be kept.
- Event Limit:** Swimmers may swim a maximum of 8 individual events for the meet, but no more than 5 per day. Swimmers may swim 2 relay events for the meet, but no more than 1 per day
- Meet Length:** USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.
- Seeding:** Swimmers will be seeded fastest to slowest. Events and heats may be combined and may be reseeded at the discretion of the Meet Referee. All events will be timed finals.
- Time Trials:** Time trials will not be held.
- Awards:** Ribbons will be awarded for 1<sup>st</sup> through 12<sup>th</sup> place for individual events in the following age groups: 6 & under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-19. No awards will be given for Masters' events. Relay events ribbons will be awarded for first through fourth place in the following age groups: 8 & under, 9-10, 11-12, 13 -19.

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

**Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: Becky Burke, [pstmeetdirector@gmail.com](mailto:pstmeetdirector@gmail.com) . Mail a printed copy of the entries and a check for entry fees payable to Swim Team (PST). Mail to: Anthony Nelson, 114 Hemlock, Pierre, SD 57501.

**Fees:**

SD Head Tax:	\$3.00 per swimmer
Individual Events:	\$3.50 per individual entry
Relay Events:	\$5.00 per relay entry
Swimmer Facility Fee:	\$8.00 per swimmer

There will be no refund of fees other than those teams not entered in the meet due to the need to comply with the four-hour time limit for the 12 and under swimmers. Master swimmers will be the first left out of the meet.

**Deadline:** All entries and entry fees must be received no later than **5:00 PM (CDT) on Friday, November 1, 2012.** After this time additions or changes are at the discretion of the Meet Referee.

**Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

**Concessions:** A concession stand will be open during the entire meet.

**Officials:**

Administrative Official:	Joel Mann
Meet Director:	Anthony Nelson, 605-280-5153 and Becky Burke
Referee:	Roger Theobald
Starter:	Dallan Hoefener
Stroke and Turn	Betty Hanson and Jeff Hodges
Marshall	Kendall Light
Head Timer	Todd Dravland

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming members for the current year. In order for approval of a sanction, according to 2.3(1)(a) of the SD LSC Policies and Procedures, the Meet Director, Referee, Starter, Marshal, and Head Stroke and Turn Judge must be listed above.

All officials are welcome and encouraged to volunteer at our meet. Meet Officials will meet the requirements of 202.3.3.

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

- Scratches:** Scratch forms should be handed to the Meet Referee before the start of each session of warm-ups. Scratch forms will be available at the Meet Director's table.
- Suit Booth:** Will be available at the meet.
- Programs & Results:** Programs will be sold at the meet for \$8.00. Each team will receive one program and one copy of the results.
- Notice:** Teams and swimmers will be held responsible for any damage to the facility. Swimmers may only be in the Aquatics Center and may not enter the YMCA. Swimmers may be disqualified from the meet if found in areas not designated for swimmers. **NO GLASS WILL BE ALLOWED INSIDE THE AQUATICS CENTER. SMOKING OR ALCOHOL IS NOT ALLOWED AT THE MEET OR IN THE AQUATICS CENTER.**
- PLEASE DO NOT PARK IN THE LIBRARY PARKING LOT. OVERFLOW PARKING IS AVAILABLE IN THE KNEIP BUILDING PARKING LOT, JUST WEST OF THE YMCA.**

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

<b>Pierre Invitational , Day 1 Saturday, November 9, 2013</b>	
<b>Co-ed Event #</b>	<b>Age/Distance/Stroke</b>
1	Masters 100 IM
2	8 & Under 100 IM
3	9-12 100 IM
4	13-19 200 IM
5	8 & Under 100 Medley Relay
6	9-10 200 Medley Relay
7	11-12 200 Medley Relay
8	13-19 200 Medley Relay
9	8 & Under 50 Fly
10	9-19 100 Fly
11	8 & Under 25 Back
12	9-12 50 Back
13	13-19 200 Back
14	Masters 50 Back
15	8 & Under 50 Breast
16	9-19 100 Breast
17	8 & Under 25 Free
18	9-19 100 Free
19	Masters 50 Free
10-minute warm-up	
20	13-19 1000 Free

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

<b>Pierre Invitational , Day 2 Sunday, November 11, 2012</b>	
<b>Co-ed Event #</b>	<b>Age/Distance/Stroke</b>
21	Masters 100 Free
22	8 & Under 100 Free
23	9 -19 200 Free
24	8 & Under 100 Free Relay
25	9-10 200 Free Relay
26	11-12 200 Free Relay
27	13-19 200 Free Relay
28	8 & Under 25 Fly
29	9-12 50 Fly
30	13-19 200 Fly
31	Masters 50 Fly
32	8 & Under 50 Back
33	9-19 100 Back
34	8 & Under 25 Breast
35	9-12 50 Breast
36	13-19 200 Breast
37	Masters 50 Breast
38	8 & Under 50 Free
39	9-19 50 Free
10-minute warm-up	
40	11-12 500 Free
41	13-19 500 Free

- All relays are coed and may include any combination of boys and girls, including a single gender.

# 2013 SD Pierre Invitational Swim Meet

Hosted By: Pierre Swim Team

November 9-10, 2013

Sanction # SD 201355

Sanctioned by LMSC South Dakota for USMS Inc.

Sanction Number LMSC SD: #543-S005

## **SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES**

- 8.1 **The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.**
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm-up at the assigned time.
- 8.4 General Warm-ups:
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
  - (2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
  - (3) Feet-first, slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 Starts (Specific Warm-ups):
- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
  - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
  - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete on length and walk back to the starting end.
  - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
  - (5) There shall be one start end during warm-ups.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
- (1) Swimmers must be supervised by a USA Swimming member Coach.
  - (2) There will be no diving.
  - (3) Circle swimming only.
  - (4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.