**THE LIGHTHOUSE MASTERS SWIM MEET**

**NOVEMBER 9, 2013**

**Hosted by Oklahoma Masters Swim Club**

Sanctioned by OMS for USMS, Inc Sanction No. XXXX-XXX

**DATE: NOVEMBER 9, 2013. WARM UP FROM NOON TO**

 **1:00PM. MEET STARTS AT 1:00PM**

**LOCATION: LIGHTHOUSE SPORTS,**

 **FITNESS & HEALTH CENTER**

 **3333 WEST HEFNER ROAD**

 **OKLAHOMA CITY, OK**

 **405-751-3344**

**FACILITY: 25 YARD, indoor, 12 lane pool with non-turbulent lane lines.**

 **Warm-up area will be available during the meet.**

**ELIGIBILITY: The meet is open to all USMS registered Masters Swimmers**

 **age 18 or over as of November 9, 2013. “For short course**

 **yards, the eligibility of a participant for a particular age group**

 **shall be determined by the age as of the last day of the meet.”**

 **(**Article 102.2.1 of the 2013 USMS Rule Book)

 **USMS registration will be available at the meet.**

 **Registration may be done for this event only ($15) (Note Results),**

 **or for the remainder of 2013 and all of 2014 ($44) via http://www.**

 **okswim.org**

**FORMAT: The meet will be conducted under 2013 USMS rules. Including**

 **The no-false-start rule. The meet will be deck seeded slow to fast**

 **by time only. Entrants without seed times will be placed in the**

 **slowest heat. All events will be timed finals.**

**ENTRY LIMIT: Each swimmer may participate in a maximum of 5 events plus**

 **relays.**

**ENTRÉE FEE: Pre-entry fee is $15.00 if postmarked by Nov. 2, 2013**

 **Deck entry fee is $20.00. Deck entries will be closed at 12:30**

 **On the day of the meet! Make check payable to: Oklahoma**

 **Masters Swim Club. Mail to the meet director: Kathy**

 **Keffer-Sharpe; 11400 Randwick Dr. , OKC,OK 73162;**

 **405-410-5499**

**RESULTS: Will be mailed upon request and posted online at**

[**http://www.okswim.org**](http://www.okswim.org)

**Note: One Event swimmers results will not be published in the official meet results and do**

 **not count for any records.**

**THE LIGHTHOUSE MASTERS SWIM MEET ENTRY FORM**

**November 9, 2013**

**Sanctioned by OMS for USMS, Inc. Sanction No. 2712-194**

To pre-register, mail your check, entry form and a copy of your USMS registration card to the meet director. All deck entries will be required to show their 2013 registration card before the start of the meet. Make checks payable to **Oklahoma Masters Swim Club.**

Phone \_\_\_\_\_\_\_-\_\_\_\_\_\_\_-\_\_\_\_\_\_\_\_\_\_\_\_ E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ORDER OF EVENTS**

 **Event Entry Time Event Entry Time**

**1. 200 Yds. IM \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 11. 1000 Yds. Free\* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. 100 Yds. Breast \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 12. 1650 Yds. Free\* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**3. 50 Yds. Back \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 13. 400 Yds. IM \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4. 100 Yds. Fly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 14. 200 Yds. Free Relay \_\_\_\_\_\_\_\_\_\_\_\_**

**5. 500 Yds. Free \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 15. 50 Yds. Fly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**6. 200 Medley Relay \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 16. 100 Yds. Back \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**7. 200 Yds. Back \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 17. 200 Yds Breast \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**8. 100 Yds. Free \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 18. 50 Yds. Free \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**9. 50 Yds. Breast \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 19. 100 Yds. IM \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**10. 200 Yds. Fly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 20. 200 Yds. Free \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**You may enter EITHER (but not both) the 1000 or the 1650 Yds. Free.**

**NOTE: If there are events in which there are no entrants, we will instead take a 10 minute break.**

**Other breaks will occur when the officials or swimmers deem necessary.**

**I, the undersigned participant, intending to be legally bound, herby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)**

**SIGNED \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**EARLY ENTRY FEE (postmarked before Nov. 2, 2013): $15. DECK ENTRY: $20**

**Make checks payable to: OKLAHOMA MASTERS SWIM CLUB**

**Mail to: Kathy Keffer-Sharpe; 11400 Randwick Dr., OKC, OK 73162**