

**1st Annual Gold Wave Masters “Say Goodbye to Summer” Meet
SCY Swim Meet
Sunday, September 29, 2013**

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 333-S020

Facility: Garces Memorial High School pool, 2800 Loma Linda Drive, Bakersfield, CA 93305

Directions: *From the north or south*, take I-99 to Hwy 178 East. Travel through downtown, exit at Union Ave. Turn north. Proceed approximately two miles north. Turn right on Columbus St., left on Loma Linda, left on Monte Vista. Turn left into the Garces High School parking lot. The pool is straight ahead.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the meet referee. All events are timed finals. Age on September 29th determines age group for competition. You must be at least 18 years of age to compete.

Entries: The pre-entry postmark deadline is Saturday, September 21, 2013. Deck entries will close at 8:30 am for 500 yd Freestyle, and at 10:00 am for all other events.

Entry fees: There is a \$25.00 flat fee per swimmer. For swimmers in relays only, the fee is \$5.00. Deck entries or online entries after September 21st are allowed for \$30.00 flat fee.

Seeding: All events will be deck seeded slowest to fastest, by entered time, with ages and genders combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 500 yd Freestyle.

Relays: All relays will be deck entered. Relay fees are \$5.00 per relay, due upon entry. All relays must be submitted on SPMA relay forms, which will be available at the meet. For each relay swimmer not entered in individual events, a signed release must be submitted with the relay entry.

Awards: Individual: SPMS ribbons for places 1-3. Relay: SPMS ribbons for first place.

Checks payable to: The Gold Wave

Mail consolidated entry card, a copy of your 2013 USMS card, and check to The Gold Wave, c/o Dorothy Brelih, 10601 Hinderhill Drive, Bakersfield, CA 93312.

Questions: Meet Director, Dorothy Brelih, dotswims@gmail.com

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Warm-up at 8:00 a.m.

500 yd. Freestyle starts at 9:00 a.m.

1. 500 yd. Freestyle

Additional Warm-up after 500 yd. Freestyle

Event #2 starts at 10:30 a.m.

2. 200 yd. Individual Medley
3. 200 yd. Freestyle Relay (Men, Women, Mixed)
4. 50 yd. Backstroke
5. 100 yd. Butterfly
6. 200 yd. Freestyle
7. 100 yd. Backstroke
8. 50 yd. Freestyle
9. 100 yd. Breaststroke
10. 100 yd. Freestyle
11. 50 yd. Butterfly
12. 50 yd. Breaststroke
13. 100 yd. Individual Medley
14. 200 Medley Relay (Men, Women, Mixed)