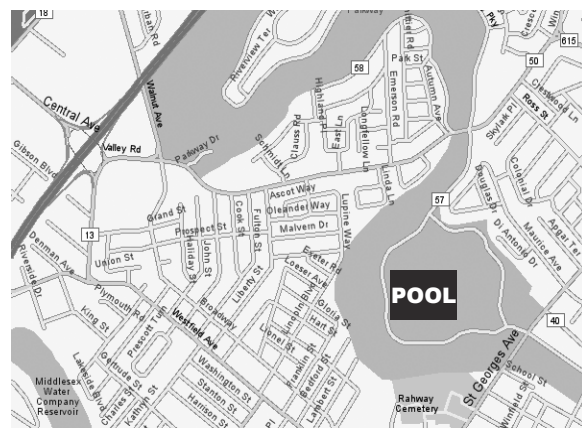


JASON E. NESSEL MEMORIAL INVITATIONAL

Sunday, August 4, 2013 7:15 a.m. warmup, 8 a.m. start
Sanctioned by NJLMSC for USMS, Inc. # _____



Walter E. Ulrich Pool
Rahway River Park
Rahway, New Jersey



ENTRIES: The meet is open to all Masters Swimmers holding a valid 2013 USMS registration card. If you are using a paper entry form, a copy of your card must accompany your entry! Enter times in long course meters. **Maximum four (4) entries per swimmer.**

FACILITIES Pool is 8 lanes, each 50 meters long. Depth ranges between 3-5 feet. Electronic timing. Bring your own lawn chair.

AWARDS: Custom awards for First through Sixth place.

COST: Paper entries: \$15 meet surcharge. Online entry \$12. \$4/ individual event /relays are FREE. Deck entries permitted for relays ONLY. Mail payment to Jeff Jotz Aquatics, 1125 Jaques Ave., Rahway, NJ 07065 or register online at <https://www.clubassistant.com/>

DIRECTIONS: *Garden State Parkway Southbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left towards Rahway. When you pass under the Parkway, make your second right onto Valley Road. Follow Valley Road through traffic light for 1 mile and turn right into park at sign. Pool is 1/2 miles ahead on left.

Garden State Parkway Northbound: Exit at Exit 135 (Clark/Westfield) and immediately bear left onto traffic circle. Make your first right onto Valley Road and follow directions above.

For more information contact Jeff Jotz at (732) 382-9419 (eve.) or jjotz@yahoo.com.

JASON E. NESSEL MEMORIAL INVITATIONAL

Sunday, August 4, 2013

MEET ENTRY FORM

Name (print): _____ **DOB:** _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____ **USMS #:** _____

Club: _____ **Phone:** _____ **E-mail:** _____

| EVENT | TIME | FEES |
|---|------|--|
| Choice of one: 1. 400m I.M. circle one 2. 400m freestyle | | Paper entry meet surcharge* \$15 _____ Events x \$4 _____ |
| 3. 50m butterfly | | Maximum 4 entries per swimmer |
| 4. 50m backstroke | | |
| 5. 100m breaststroke | | 400m relay <u>FREE</u> |
| 6. 200m I.M. | | |
| 7. 100m freestyle | | TOTAL _____ |
| 200 Choice of one: 8. 200m freestyle 9. 200m backstroke circle one 10. 200m breaststroke 11. 200m butterfly | | Attach copy of your 2013 USMS card Send meet entries to: Jeff Jotz Aquatics 1125 Jaques Ave. Rahway, NJ 07065 By Aug. 2 |
| 12. 100m backstroke | | * Register online at https://www.clubassistant.com/ and save \$3 |
| 13. 50m freestyle | | |
| 14. 50m breaststroke | | |
| 15. 100m butterfly | | |
| 16. 400m mixed free relay (deck entry) | | |

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature: _____ **Date:** _____